

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2026

Friendship Assisted Living - Director of Activities Lisa Anderson

<p>10:00 Daily Chronicle (DR) 10:00 <b>Book Reading w/Karen (L)</b> 1:00 Bible Study w/ Ross (A) 3:00 <b>Church Service w/ Chaplain Gary (C)</b></p>	<p>9:30 <b>Shopping @ Walmart</b> 10:00 Exercise w/Nancy (A) 10:30 Skip-Bo w/ Nancy (A) 11:30 <b>Chords of Comfort (D)</b> 2:00 <b>BINGO (D)</b></p>	<p>Therapeutic Music (L) 10:00 Carrom/Checkers (L) 12:30 <b>Clothing Connection (A)</b> 1:30 Movie &amp; Popcorn (A) 3:30 Get Movin w/Lisa (O) 6:00 <b>Paul &amp; Gospelers (C)</b></p>	<p>9:00 <b>Pet Therapy w/ Nahla (L)</b> 10:30 Balloon Badminton (L) 11:30 <b>Marc Baskind Birthday Celebration (D)</b> 2:00 <b>BINGO (D)</b> 3:00 Therapeutic Music (L)</p>	<p>10:00 Therapeutic Music (L) 10:00 Bible Study w/Chaplain Gary 10:30 Let's Get Physical Exercise Class (A) 2:00 <b>Sammy P Music (D)</b> 3:00 Cornhole &amp; Ax Throwing (L)</p>	<p>10:00 Craft Time (A) 1:00 Bible Reading/Reflection (A) 2:00 <b>BINGO (D)</b> 3:00 Nature Walk (O)</p>	<p>10:00 Exercise w/Nancy (A) 10:30 Bridge-O w/Nancy (A) 11:00 <b>Activity Packet (DR)</b> <b>Happy 4<sup>th</sup> of July!</b> <small>Independence Day (U.S.)</small></p>
<p>10:00 Daily Chronicle (DR) 10:00 <b>Book Reading w/Karen (L)</b> 3:00 <b>Church Service w/ Chaplain Gary (C)</b></p>	<p>9:30 <b>Scenic Ride Bent Mountain/Picnic</b> 10:00 Exercise w/ Nancy (A) 10:30 Skip Bo w/ Nancy (A) 2:00 <b>BINGO (D)</b></p>	<p>10:00 Therapeutic Music (L) 10:00 Musical Ball (L) 12:30 <b>Clothing Connection (A)</b> 1:30 Movie &amp; Popcorn (A) 5:30 <b>Music w/ Allan (L)</b> <small>Bastille Day</small></p>	<p>9:00 <b>Pet Therapy w/Nahla (L)</b> 10:30 Get Movin w/Lisa (O) 1:30 <b>Menu Meeting (D)</b> 2:00 <b>BINGO (D)</b> 3:00 Cornhole (L)</p>	<p>10:00 Therapeutic Music (L) 10:00 Bible Study w/Chaplain Gary (A) 10:30 Life Story Book (A) 12:00 Veterans Luncheon/Club Friendship 6:00 <b>Friends of Praise (C)</b></p>	<p>10:00 Painting Class (A) 1:00 Bible Study w/ Eugene Mills (A) 2:00 <b>BINGO (D)</b> 3:00 TRIVIA (L)</p>	<p>9:30 <b>Nail Painting w/ Jeanine (A)</b> 10:00 Exercise w/Nancy (A) 10:30 Bridge-O w/Nancy (A) 11:00 <b>Activity Packet (DR)</b></p>
<p>10:00 Daily Chronicle (DR) 10:00 <b>Book Reading w/Karen (L)</b> 1:00 Bible Study w/Ross (A) 3:00 <b>Church Service w/ Chaplain Gary (C)</b></p>	<p>10:00 Exercise w/Nancy (A) 10:30 Skip Bo w/Nancy (A) 10:30 <b>Lunch @ Harbor Inn</b> 2:00 <b>BINGO (D)</b></p>	<p>10:00 Therapeutic Music (L) 10:00 Board Games (L) 12:30 <b>Clothing Connection (A)</b> 1:30 Movie &amp; Popcorn (A) 3:30 Word Search (A)</p>	<p>9:00 <b>Pet Therapy w/Nahla (L)</b> 10:30 <b>Pet Therapy w/Roux (L)</b> 2:00 <b>BINGO (D)</b> 3:00 <b>Vested in Christ (C)</b></p>	<p>10:00 Therapeutic Music (L) 10:00 Bible Study w/Chaplain Gary (A) 10:30 Let's Get Physical Exercise (A) 2:00 <b>Music w/ Thomas (D)</b> 3:00 Balloon Badminton (L)</p>	<p>10:00 Health Talk w/ Enhabit Health (A) 2:00 <b>The John Yates Music Show (C)</b> 3:15 <b>Glamour Shots w/ Martha &amp; Beth (A)</b></p>	<p>10:00 Exercise w/Nancy (A) 10:30 Bridge-O w/Nancy (A) 11:00 <b>Activity Packet (DR)</b> 2:00 <b>Painting Class w/Louann (A)</b></p>
<p>10:00 Daily Chronicle (DR) 10:00 <b>Book Reading w/Karen (L)</b> 3:00 <b>Church Service w/Chaplain Gary (C)</b></p>	<p>10:00 Exercise w/Nancy (A) 10:30 Skip Bo/w Nancy (A) 1:00 Word Search/ Board Games (A) 2:00 <b>BINGO (D)</b> 2:30 <b>BOWLING AMF</b></p>	<p>10:00 Therapeutic Music (L) 10:00 Crotchet (A) 12:30 <b>Clothing Connection (A)</b> 1:30 Movie &amp; Popcorn (A) 5:30 <b>Music w/Allan (L)</b></p>	<p>8:30 <b>Adult Vacation Bible School - Salem Civic Center</b> 9:00 <b>Pet Therapy w/Nahla (L)</b> 10:00 Word Search/Board Games (A) 2:00 <b>BINGO (D)</b></p>	<p>10:00 Therapeutic Music (L) 10:00 Bible Study w/Chaplain Gary (A) 10:30 Crotchet (A) 2:00 <b>FAL CARNIVAL (O)</b></p>	<p>10:00 Men's Social Club (O) 1:00 Bible Reading/Reflection (A) 2:00 <b>BINGO (D)</b></p>	<p>Location Key: (A) Activity Room (D) Dining Room (O) Out Front (C) Chapel (L) Lobby (DR) Day Room</p>

Calendar changes will be posted on the monitor or large calendar in the lobby. Friendship Assisted Living 320 Hershberger Rd. Roanoke, VA 24012