

| Sunday                                                                                                                                                                                                                                                                                       | Monday                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Wednesday                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                  | Friday                                                                                                                                                                    | Saturday                                                                                        |
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| <div>   </div> <div> <h1>August 2026</h1> <h2>Friendship Assisted Living – Activities Director Lisa Anderson</h2> </div> |                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                             |                                                                                                                                                                                                           |                                                                                                                                                                           |                                                                                                 |
| <b>Happy Friendship Day!</b><br>10:00 Daily Chronicle (DR)<br>10:00 Board & Card Games (A)<br><br>1:00 Bible Study w/Ross (A)<br>2:00 Painting w/Louann (A)<br><br><b>3:00 Church Service w/Chaplain Gary (C)</b>                                                                            | <b>9:30 DOLLAR TREE</b><br>10:00 Exercise w/Nancy (A)<br>10:30 Skip-Bo w/Nancy (A)<br>11:30 <b>Chords of Comfort (D)</b><br>2:00 <b>BINGO (D)</b><br>3:00 Crotchet (A) | 10:00 Therapeutic Music (L)<br>10:00 Brain Exercise (L)<br>12:30 <b>Clothing Connection (A)</b><br>1:30 Movie & Popcorn (A)<br>3:30 Word Search (A)<br>6:00 <b>Paul &amp; Gospelers (C)</b>                                                                                                                                                                                                                                                                                                    | 9:00 <b>Pet Therapy w/Nahla (L)</b><br>10:00 Balloon Badminton (L)<br>1:00 Exercise/Wellness (A)<br>2:00 <b>BINGO (D)</b><br><b>3:00 Resident Council (A)</b>                                               | 10:00 Therapeutic Music (L)<br>10:00 Bible Study w/Chaplain Gary (A)<br>10:30 Art Journaling (A)<br>1:30 <b>Brothers Young (C)</b><br>3:00 Corn Hole (L)                                                  | 9:15 Nature Walk (O)<br>10:00 Bible Trivia (L)<br>1:00 Bible Reading/Reflection (A)<br>2:00 <b>Ron Downing Music (D)</b>                                                  | 10:00 Exercise w/Nancy (A)<br>10:30 Bridge- O w/Nancy (A)<br>11:00 <b>Activity Packet (DR)</b>  |
| 10:00 Daily Chronicle (DR)<br><br>10:00 Board & Card Games (A)<br><br><b>3:00 Church Service w/Chaplain Gary (C)</b>                                                                                                                                                                         | <b>9:30 SCHEDULE TOUR -Fire Station</b><br>10:00 Exercise w/ Nancy (A)<br>10:30 Skip Bo w/Nancy (A)<br>2:00 <b>BINGO (D)</b><br>3:00 Crotchet (A)                      | 10:00 Therapeutic Music (L)<br>10:00 Musical Ball (A)<br>11:30 <b>Robbie Vance (D)</b><br>12:30 <b>Clothing Connection (A)</b><br>1:30 Movie & Popcorn (A)<br>5:30 <b>Music w/Allan (C)</b>                                                                                                                                                                                                                                                                                                    | 9:00 <b>Pet Therapy w/Nahla (L)</b><br>10:00 Board & Card Games (A)<br>11:30 <b>Marc Baskind Birthday Celebration (D)</b><br>1:00 Exercise/Wellness (A)<br>2:00 <b>BINGO (D)</b><br>3:00 Gardening Club (A) | 10:00 Therapeutic Music (L)<br>10:00 Bible Study w/ Chaplain Gary (A)<br>10:30 Nature Journaling (A)<br>2:00 <b>Sammy P Music (D)</b>                                                                     | 9:15 Stroll & Roll (O)<br>10:00 Jewelry Making (A)<br>1:00 Bible Reading/Reflection (A)<br>2:00 <b>Music by 40 Years After (D)</b>                                        | 10:00 Exercise w/Nancy (A)<br>10:30 Bridge-O w/Nancy (A)<br>11:00 <b>Activity Packet (DR)</b>   |
| 10:00 Daily Chronicle (DR)<br><br>10:00 Board & Card Games (A)<br><br>1:00 Bible Study w/Ross (A)<br><br><b>3:00 Church Service w/Chaplain Gary (C)</b>                                                                                                                                      | 10:00 Exercise w/Nancy (A)<br>10:30 Skip Bo w/Nancy (A)<br>10:30 Lunch @ <b>MACADO'S</b><br>2:00 <b>BINGO (D)</b><br>3:00 Crotchet (A)                                 | 10:00 Therapeutic Music (L)<br><br>10:00 Alphabet Walks (L)<br><br>12:30 <b>Clothing Connection (A)</b><br>1:30 Movie & Popcorn (A)                                                                                                                                                                                                                                                                                                                                                            | 9:00 <b>Pet Therapy w/Nahla (L)</b><br>10:00 Cardio Drumming (A)<br>1:30 <b>Menu Meeting (A)</b><br>2:00 <b>BINGO (D)</b><br>3:00 Gardening Club (A)                                                        | 10:00 Therapeutic Music (L)<br>10:00 Bible Study w/Chaplain Gary (A)<br>10:30 Gratitude Journaling (A)<br>12:00 Veterans Luncheon/Club Friendship<br>2:00 TRIVIA (L)<br>6:00 <b>Friends of Praise (C)</b> | 9:15 Nature Walk (O)<br>10:00 Scavenger Hunt (L)<br>1:00 Bible Study w/Eugene Mills (A)<br>2:00 <b>BINGO (D)</b><br>3:00 Men's Social Club (A)                            | 10:00 Exercise w/ Nancy (A)<br>10:30 Bridge- O w/Nancy (A)<br>11:00 <b>Activity Packet (DR)</b> |
| 10:00 Daily Chronicle (DR)<br><br>10:00 Board & Card Games (A)<br><br><b>3:00 Church Service w/Chaplain Gary (C)</b>                                                                                                                                                                         | <b>9:00 WALMART</b><br>10:00 Exercise w/Nancy (A)<br>10:30 Skip Bo w/Nancy (A)<br>2:00 <b>BINGO (D)</b><br>3:00 Crotchet (A)                                           | 10:00 Therapeutic Music (L)<br><br>10:00 Balloon Volley Ball (L)<br>12:30 <b>Clothing Connection (A)</b><br>1:30 Movie & Popcorn (A)<br><br>5:30 <b>Music w/Allan (C)</b>                                                                                                                                                                                                                                                                                                                      | 9:00 <b>Pet Therapy w/Nahla (L)</b><br>10:00 Hangman (A)<br>10:30 <b>Pet Therapy w/Roux (L)</b><br>1:00 Exercise/Wellness (A)<br>2:00 <b>BINGO (D)</b><br>3:00 <b>Vested in Christ (C)</b>                  | 10:00 Therapeutic Music (L)<br>10:00 Bible Study w/Chaplain Gary (A)<br>10:30 Prayer Journaling (A)<br>2:00 Craft Time (A)                                                                                | 9:15 Stroll & Roll (O)<br>10:00 Health Talk w/Enhabit (A)<br>1:00 Bible Reading/Reflection (A)<br>2:00 <b>The John Yates Music Show (C)</b><br>3:00 Men's Social Club (A) | 10:00 Exercise w/Nancy (A)<br>10:30 Bridge- O w/Nancy (A)<br>11:00 <b>Activity Packet (DR)</b>  |
| 10:00 Daily Chronicle (DR)<br><br>10:00 Board & Card Games (A)<br><br>1:00 Bible Study w/Ross (A)<br><br><b>3:00 Church Service w/Chaplain Gary (C)</b>                                                                                                                                      | <b>9:30 VOLUNTEER TIME</b><br>10:00 Exercise w/Nancy (A)<br>10:30 Skip Bo w/Nancy (A)<br>2:00 <b>BINGO (D)</b><br>3:00 Crotchet (A)                                    | <b>Location Key:</b> (A) Activity Room; (D) Dining Room; (O) Out Front; (C) Chapel (L) Lobby; (DR) Day Room<br>Calendar changes will be posted on the monitor in the lobby. Groups 30 to 60 minutes in length.<br><br><b>*Brain Exercise</b> – Simple activities for stimulating the growth of brain cells.<br><b>*Alphabet Walks</b> – While seated. Pass an item around a circle. Each person must name something that starts with the next letter of the alphabet (e.g., Apple, Bear, Cat). |                                                                                                                                                                                                             |                                                                                                                                                                                                           |                                                                                                                                                                           |                                                                                                 |