

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Shining THROUGH THE YEARS NATIONAL ASSISTED LIVING WEEK® SEPTEMBER 13-19, 2026						
		 10-11 The Tuesday Morning Music Group Performs – Lobby (1,2,3,4)  2-2:45 Bible Study w/Andrew – Activity Room (1,3,4,6) 3-4 Snack & Hydration Cart (1,2,3) 3:30-4 “Noodle Ball” – Lobby (1,2,4)	10-10:30 Chair Yoga – Lobby (1,2,3,4)  2-3 Cookie Social featuring: Jay Stypes on Piano – Lobby (1,2,3) 3-4 Snack & Hydration Cart (1,2,3) 4-4:30 Crafty Creations w/Katie Activity Rm. (1,2,3,4)	8 a.m. – 12:30 Dreamflights 2026 @Roanoke Airport (1,2,3,4,7)  10-10:30 Soothing Sounds of Jim Robinson on the Dulcimer – Lobby 1,2,4 2-2:30 Church Service & Communion w/Fort Lewis Christian Church – L (1,2,3,4)  2:45-3:45 Banana Split Social – Café (1,2,3) 3-4 Snack & Hydration Cart (1,2,3)  4-4:30 Name That Tune – Café (1,2,4)	8:15-11:45 The Breakfast Club Goes to Famous Anthony's & Southwest Co. Farmer's Market (1,2,3,7) 2:30-3:15 B-I-N-G-O – Activity Rm. (1,2,4) 3-4 Snack & Hydration Cart (1,2,3) 3:30-4:30 Popsicles on the Front Patio (1,3,4)	10-11 Calm Coloring Sheets (1,2,3) 2-2:30 Cookie Social – All Houses (1,2,3) 2-3:30 Saturday Afternoon at the Movies “Wonder”- Lobby 3-4 Snack & Hydration Cart (1,2,3) 6-7 p.m. Easy Listening Music (1,2,4)
 9:50-10:20 Sunday School w/Andrew – Lobby (1,2,3,4) 10-11 Chapel Service live streamed on Channel 1 (3,4) 2-3 Popcorn Social – Lobby (1,2,3) 2-3:30 Sunday Afternoon at the Movies “Cheaper by the Dozen 2”-Lobby 3-4 Snack & Hydration Cart (1,2,3)	Happy Labor Day! BACK TO SCHOOL WEEK... 8:30-9 Table Chats (1,2,4) 10:30-11 Sept. TRIVIA – AR (1,2,6) 3-4 Fresh Baked Bread & Hydration Cart (1,2,3) 3:45-4:30 OCCUPATIONS J-I-N-G-O w/Katie - Activity Room (1,2,4) w/*Special Prizes! Labor Day	9-11 Shopping Trip to WALMART (1,2,3,7)  10-11 Pampered & Polished Manicures – Café (1,2,3,4)  2-2:45 Bible Study w/Andrew –Activity Room (1,3,4,6) 3-3:30 Spelling Bee – Activity Rm. (1,2,3) 3-4 Snack & Hydration Cart (1,2,3)	 10:30-11 Bible Study w/Chaplain Kingery – Activity Rm. (1,3,4,6) 11:45-1 World on Wednesday Lunch – Arizona 2-2:30 Cookie Social – All Houses (1,2,3) 2-3 AL Swim Class – Wellness Center (1,2,3,7) 2:30-3:15 Historic Arm Chair Travel Lobby (1,2,3,4) 3-4 Snack & Hydration Cart (1,2,3)  4-4:30 Name That Tune – Café (1,2,4)	 10-11 Art Class 101 w/Jenn - Café (1,2,3,4)  1:30-2:30 Apple Dumplin’ Social featuring: Bluegrass Music by The Bros. Young – Lobby (1,2,3,4) 2:30-3:30 Pet Visits w/Lucy (1,2,3,4) 3-4 Snack & Hydration Cart (1,2,3)	9:30-10 Walk/Roll Stroll (1,3,4,7)  10:30-11:15 Music Class (Intro to Hand Chimes 101) – Activity Rm. (1,2,3,4) 2:30-3:15 B-I-N-G-O – Activity Rm. (1,2,4) 3-4 Snack & Hydration Cart (1,2,3) Rosh Hashanah Begins	10-11 Calm Coloring Sheets (1,2,3) 2-2:30 Cookie Social – All Houses (1,2,3) 2-3:30 Saturday Afternoon at the Movies “My Fair Lady”-Lobby 3-4 Snack & Hydration Cart (1,2,3) 6-7 p.m. Easy Listening Music (1,2,4)
National Assisted Living Week Begins  9:50-10:20 Sunday School w/Andrew – Lobby (1,2,3,4) 10-11 Chapel Service live streamed on Channel 1 (3,4) 2:00-3:00 Grandparents Day Celebration Featuring LEAP Dancers – Lobby (1,2,3,4) 3-4 Snack & Hydration Cart (1,2,3) Grandparents Day	AL SHIRT DAY! 8:30-9 Table Chats (1,2,4)  10-11 Pampered & Polished Manicures – Café (1,2,3,4)  1:30-2:15 Bible Study w/Steve – AR (1,2,4) 2:30-3:30 Come see our “Wall of Stars” and enjoy treats from our special Ice Cream Truck – Lobby (1,2,3) 3-4 Fresh Baked Bread & Hydration Cart (1,2,3)	TIE DYE DAY!  9-11 Starbucks Trip (1,3,7) 11-11:45 That 70’s B-I-N-G-O -AR (1,2,4) Wear your Tie Dye Shirts!  2-2:45 Bible Study w/Andrew – Activity Room (1,3,4,6) 3-3:45 Let’s Plant Some Fall Flowers – Hummingbird Courtyard (1,2,3,4) 3-4 Snack & Hydration Cart (1,2,3)	FLOWER POWER DAY! 9-1 Trip to Beaver Dam Sunflower Festival & Picnic (1,2,3,4,7) 2-3 Cookie Social featuring: Jay Stypes at the Piano (1,2,3)  6:30-7:30 p.m. “An Evening Under the Stars Concert” – Hummingbird Courtyard (1,2,3,4,5) *Cider & Donuts Provided by Medi Home Hospice	ROCK STAR DAY! 10:30-11:30 IL “Rock Stars” Garden Dedication – HB Courtyard (1,2,4,7)  2:30-3:30 Pet Visits w/Teddy – All Houses (1,2,3,4) 3-4 Snack & Hydration Cart (1,2,3)	RED CARPET ATTIRE! 7:30 a.m. – 9:00 a.m. Flapjack Friday – Café *Come get Bev’s homemade pancakes! (1,3,6) 10:30-11:15 B-I-N-G-O – Activity Rm. (1,2,4) 2:30-3:30 Star, Studded Red Carpet Premier of the “Downton Abbey Wish” Lobby (1,2,3,4) 3-4 Snack & Hydration Cart (1,2,3) Oktoberfest Begins	10-11 Calm Coloring Sheets (1,2,3) 1:15-2 BRIDGE-O – Café (1,2,4) 2-2:30 Cookie Social – All Houses (1,2,3) 2-3:30 Saturday Afternoon at the Movies “The Blind Side”-Lobby 3-4 Snack & Hydration Cart (1,2,3) 6-7 p.m. Easy Listening Music (1,2,4)
 9:50-10:20 Sunday School w/Andrew – Lobby (1,2,3,4) 10-11 Chapel Service live streamed on Channel 1 (3,4) 2-3 Popcorn Social – Lobby (1,2,3) 2-3:30 Sunday Afternoon at the Movies “The Game Plan” -Lobby 3-4 Snack & Hydration Cart (1,2,3) Yom Kippur Begins	 8:30-9 Table Chats (1,2,4)  10-11 Pampered & Polished Manicures – Café (1,2,3,4)  2:30-3:30 Pet Visits with Marshall - All Houses (1,2,3,4) 3-4 Fresh Baked Bread & Hydration Cart (1,2,3)	 10:30-11:15 Crafty Creations Class w/Bev – AR (1,2,3)  2-2:45 Bible Study w/Andrew –Activity Room (1,3,4,6) 3-4 Snack & Hydration Cart (1,2,3)  4-4:30 Name That Tune – Café (1,2,3) Autumn Begins	10-10:30 Walk/Roll Stroll *Meet in Lobby - (1,3,4,7)  10:30-11 Bible Study w/Chaplain Kingery – Activity Rm. (1,3,4,6) 11:45 Resident’s Choice Lunch – All Houses 2-2:30 Cookie Social – All Houses (1,2,3) 2-3 Monthly Resident Council Meeting – Activity Rm. (1,2,6) 3-4 Snack & Hydration Cart (1,2,3)	10:30-11:15 Food JINGO Activity Rm. (1,2,4)  2:30-3:30 Pet Visits w/Mollie – All Houses (1,2,3,4) 3-4 Snack & Hydration Cart (1,2,3) 3-3:45 Parachute Play w/Katie Lobby (1,2,4)	6 a.m. -11 p.m. Celebrate America 250 – Trip to Williamsburg (1,2,3,4,7) 10:30-11:15 B-I-N-G-O – Activity Rm. (1,2,4) 2:30-3:15 Ice Cream & Trivia - Hummingbird Courtyard (1,2,3) 3-4 Snack & Hydration Cart (1,2,3) Sukkot Begins	10-11 Calm Coloring Sheets (1,2,3) 2-2:30 Cookie Social – All Houses (1,2,3) 2-3:30 Saturday Afternoon at the Movies “Air Bud Golden Receiver”- Lobby 3-4 Snack & Hydration Cart (1,2,3) 6-7 p.m. Easy Listening Music (1,2,4)
 9:50-10:20 Sunday School w/Andrew – Lobby (1,2,3,4) 10-11 Chapel Service live streamed on Channel 1 (3,4) 1:30-2 Noodle Ball w/Katie – Lobby (1,2,4) 2-3 Popcorn Social – Lobby (1,2,3) 2-3:30 Sunday Afternoon Comedy “Did I Say That Out Loud” – Lobby Featuring: Chonda Pierce 3-4 Snack & Hydration Cart (1,2,3)	8:30-9 Table Chats (1,2,4)  10-11 Pampered & Polished Manicures – Café (1,2,3,4)  1:30-2:15 Bible Study w/Steve – Activity Rm. (1,2,4)  2:30-3:30 Pet Visits with Poppy – All Houses (1,2,3,4) 3-4 Fresh Baked Bread & Hydration Cart (1,2,3)	10-10:45” Dudes & Donuts” – Men’s Meeting w/Skyler – Café (1,2,4,5) 10:30-2:30 Trip to Montanos & Sweet Magnolia’s (1,2,4,7)  2-2:45 Bible Study w/Andrew –Activity Room (1,3,4,6)  3:00-3:45 Autumn Redhatters Tea Party – Café (1,2,4,5) 3-4 Snack & Hydration Cart (1,2,3)	 10:30-11:00 Cardio Drumming Class – Lobby (1,2,3,4) 2-3 Cookie Social – All Houses (1,2,3) 2:30-3:15 The Price Is Right Game *Great Prizes – Café (1,2,3) 3-4 Snack & Hydration Cart (1,2,3)	1-Social 2-Intellectual 3-Physical 4-Inspirational 5-Evening 6-Resident Meetings 7-Outings September 2026 JOSEPH C. THOMAS CENTER ASSISTED LIVING CALENDAR OF EVENTS		