

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9 AM Daily Chronicles Parlor 6 10-11 Sunday Service Chaplain Kingery Channel 1 – Café 1,3,4,6 3 PM Gaither Gospel Sing Café 1,3,5,6	 9 AM Daily Chronicles Parlor 7 10:30 AM E Z - Does it- Trivia - Parlor 1,4,5 1:30 PM Walk It Out- Lobby 1,2,7 2:30-3:30 BINGO Alleghany Room 2,3,5 Labor Day	9 AM Daily Chronicles Parlor 1 10:30 AM Tone it up Tuesday- Parlor 1,2 11 am Resident Council - Cafe 1,2,3,4 2 PM - Playing UNO in Café 1,4,5 3:30 PM Travel Tuesday Parlor 4,5	9 AM Daily Chronicles Parlor 2 10:30 AM Bible Study w/ Chaplain Gary Café 1,3,4,6 11 AM Mid-Week Stretch Parlor 1,2,5 2 PM Cardio Drumming Alleghany Room 3 PM Popcorn in Parlor 1,5	9 AM Daily Chronicles Parlor 3 8 AM Dream Flights at Roanoke Airport 10:00 AM Noodle Ball – Parlor 1,2,3,5 11 AM Wii Bowling – Parlor 1,2,4,5 2:30-3:30 BINGO Alleghany Room 2,3,5 3:30 PM Popsicles on the Porch!	9 AM Daily Chronicles Parlor 4 10:30 AM Cornhole in Lobby 1,2,5 1:00 PM Shopping at Spartan Square 1,2,4,8 3 PM Jeopardy-Parlor 5:00 PM Lyrics by the Lake “Black Coffee” Jazz Band	9 AM Daily Chronicles Parlor 5 Activity Books at the Front Desk 2:30-3:30 BINGO Dining Room 2,3,5
9 AM Daily Chronicles Parlor 6 10-11 Sunday Service Chaplain Kingery Channel 1 – Café 1,3,4,6 3 PM Gaither Gospel Sing Café 1,3,5,6	9 AM Daily Chronicles Parlor 7 10:30 AM E Z - Does it- Trivia - Parlor 1,4,5 1:30 PM Walk It Out- Lobby 1,2,7 2:30-3:30 BINGO Alleghany Room 2,3,5 Labor Day	9 AM Daily Chronicles Parlor 8 10:30 AM Tone it up Tuesday-Parlor 1,2,5 2 PM - Playing RUMMY in Café 1,4,5 3 PM Robbie Vance Plays Piano 4:00 PM Travel Tuesday Parlor 4,5	9 AM Daily Chronicles Parlor 9 10:30 AM Bible Study w/ Chaplain Gary Café 1,3,4,6 11 AM Mid-Week Stretch Parlor 1,2,5 1:30 PM Devotions w/ AARON Parlor 1,3,4,6 3 PM September B-DAY Bash Marc on Guitar- AR 1,2,3	9 AM Daily Chronicles Parlor 10 10:00 AM Noodle Ball – Parlor 1,2,3,5 11 AM Wii Bowling – Parlor 1,2,4,5 2:30-3:30 BINGO Alleghany Room 2,3,5 3:30 PM Popsicles on the Porch!	9 AM Daily Chronicles Parlor 11 10:30 AM Balloon Volleyball in Alleghany Room 1,2,5 11:00 AM Vitals Clinic 3:15 PM Po-Ke-No & Popcorn Café Rosh Hashanah Begins	9 AM Daily Chronicles Parlor 12 Activity Books at the Front Desk 2:30-3:30 BINGO Dining Room 2,3,5
Assisted Living Week 13 10-11 Sunday Service Chaplain Kingery Channel 1 – Café 1,3,4,6 2 PM Grandparents Day Sing- Along with Family Alleghany Room 1,3,5,6 Grandparents Day	9 AM Daily Chronicles Parlor 14 10:30 AM How Many Words? – Parlor 2,4 1:30 PM “Stories that Shine” Parlor 2:30-3:30 BINGO Alleghany Room 2,3,5 3:30-4:00 PM Monday Manicures Alleghany Room 2,5	9 AM Daily Chronicles Parlor 15 10:30 AM Tone it up Tuesday- Parlor 1,2,5 70’s Stick-Man Game – Parlor 2 PM “Talent That Shines” Café - 1,4,5 3:30 PM Travel Tuesday Café 4,5 See Flyer For Fun This Week	9 AM Daily Chronicles Parlor 16 10:30 AM Bible Study w/ Chaplain Gary Café 1,3,4,6 11 AM Mid-Week Stretch Parlor 1,2,5 3 PM TheraPet Visits with “Birdie” “Shining Together” Cider & Donut Social – Café	9 AM Daily Chronicles Parlor 17 10:00 AM Noodle Ball – Parlor 1,2,3,5 11 AM Wii Bowling – Parlor 1,2,4,5 2:30-3:30 BINGO Alleghany Room 2,3,5 “Celebrating Our Stars” Baby Pictures	9 AM Daily Chronicles Parlor 18 10:30 AM “Chair”apy Circle with PT Alleghany Room 1,2,5 50’s Diner/Jukebox Lunch 1:30 PM Shopping at Walmart 1,2,4,8 1:30 PM “Star Studded Movie” Cafe Oktoberfest Begins	9 AM Daily Chronicles Parlor 19 Activity Books at the Front Desk 2:30-3:30 BINGO Dining Room 2,3,5
9 AM Daily Chronicles Parlor 20 10-11 Sunday Service Chaplain Kingery Channel 1 – Café 1,3,4,6 3 PM Gaither Gospel Sing Café 1,3,5,6 Yom Kippur Begins	9 AM Daily Chronicles Parlor 21 10:30 AM Cranium Crunches- Parlor 1,4,5 1:30 PM Walk It Out- Lobby 1,2,7 2:30-3:30 BINGO Alleghany Room 2,3,5	9 AM Daily Chronicles Parlor 22 10:30 AM Tone it up Tuesday- Parlor 1,2,5 “Out to Lunch” -Applebee’s 2 PM Playing DOMINOS in Café 1,4,5 3:30 PM Travel Tuesday Video – Café 3,4,5,7 Autumn Begins	9 AM Daily Chronicles Parlor 23 11 AM Mid-Week Stretch Parlor 1,2,5 1:30 PM Devotions w/ AARON Parlor 1,3,4,6 3 PM Cardio Drumming Alleghany Room 1,5	9 AM Daily Chronicles Parlor 24 10:00 AM Noodle Ball – Parlor 1,2,3,5 11 AM Wii Bowling – Parlor 1,2,4,5 2:30-3:30 BINGO Alleghany Room 2,3,5 3:30 PM Popsicles on the Porch!	9 AM Daily Chronicles Parlor 25 5 AM-10 PM Trip to Williamsburg Celebrating America’s 250th & Friendship’s 60th 10:30 AM Balloon Volleyball Alleghany Room 1,2,5 Sukkot Begins	9 AM Daily Chronicles Parlor 26 Activity Books at the Front Desk 2:30-3:30 BINGO Dining Room 2,3,5
9 AM Daily Chronicles Parlor 27 10-11 Sunday Service Chaplain Kingery Channel 1 – Café 1,3,4,6 3 PM Gaither Gospel Sing Café 1,3,5,6	9 AM Daily Chronicles Parlor 28 10:30 AM Stick – Man Game Parlor 1,4,5 2:30-3:30 BINGO Alleghany Room 2,3,5 3:30-4:00 PM Monday Manicures Alleghany Room 2,5	9 AM Daily Chronicles Parlor 29 10:30 AM Tone it up Tuesday- Parlor 1,2,5 2 PM Playing POKER in Café 1,4,5 3:30 PM Travel Tuesday Video – Café 3,4,5,7 5:00 PM (3rd & 4th Halls) Hallway to Home Dinner – AR	9 AM Daily Chronicles Parlor 30 11 AM Mid-Week Stretch Parlor 1,2,5 1:30 PM Poodles on the Patio 3:00 PM Leslie Brooks Sings in Café			