

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

Dogwood Memory Care

				1		2		3	
				9:00am TV Time-Classics Series 11:15a Fitness with Krista-Multipurpose room 2-4pm Afternoon Movie-Resident Choice		9:30a Hymns with Edie 10:30a Hand Massage by Lula 2:00pm Social Hour w/Lula 3pm TV Time-Oldies but Goodies		9:15am Daily Chronicles-Café 11:00a Chair Exercise with Gale-Activities Center 3:00pm Stitching Society-Activities Center Simchat Torah Begins	
4		5		6		7		8	
11:15am Church Services w/Andrew-AC Family and Friends - Room visits throughout the day Enjoy a day of rest!		9:30am Morning Movie 1:00pm Scenic Ride Catawba Valley 3:30pm Name That Tune		9:00am Noodle Ball 2:00pm Live Music with Guitarist and Vocalist Ron Downing-DW 3:15pm Rhythm & Flow with Krista 4:00pm Spiritual Church visits with Andrew		9:30am Manicures w/Lucy 12:30pm Baking 2:30pm Interactive Games 3:30pm Short Stories for the Heart Readings		9:00am Chair Dancercise 10:30am Bingo 2:00pm Balloon Volleyball 3:30pm Jim Robinson on Dulcimer	
9		10		11		12		13	
9:00am Outdoor Nature Talk & Walk (weather permitting) 10:00am Allegro Music 2:00pm Social Hour w/Lula 3:00pm- Word Games		9:30am Morning Meditation 10:00am Saturday Morning Follies 4:00pm One on One Resident Choice Activities		11:15am Church Services w/Andrew-AC Family and Friends - Room visits throughout the day Enjoy a day of rest!		9:30am Morning Movie 2:30p One on One Resident Choice Activities 3:30pm Game Hour Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)		9:45am Ball Toss 10:15am Bingo 3:15pm Flow to the Rhythm 4:00pm Spiritual Church visits with Andrew	
14		15		16		17		18	
10:15am Morning News-Then and Now 11:15a Quick Trivia 2:30pm Table Games 3:30pm Poetry Readings		10:30am-Bingo 1:00pm One on One Resident Choice Activity 2:00pm Musical Moments in History 4:00pm Spelling Bee		9:30am Hymns with Edie 10:30am Morning News 2:00pm Social Hour w/Lula 3:00pm- Bingo		9:15am Daily Chronicles-Café 11:00a Chair Exercise with Gale-Activities Center 3:00pm Stitching Society-Activities Center		11:15am Church Services w/Andrew-AC Family and Friends - Room visits throughout the day Enjoy a day of rest!	
21		22		23		24		25	
9:30am Manicures w/Lucy 11:00am Baking 2:30pm Fall Craft 3:30pm Chicken Soup for the Soul-Readings		10:30am-Trivia 1:00pm One on One Resident Choice Activity 2:30p Card Games 3:30p Live Music with Guitarist and Vocalist Leslie Brooks		10:30am Nature Talk 1:00pm Hand Massage 2:00pm Social Hour w/Lula 3:00pm -Word Games		9:00am Morning Meditation 10:30am Saturday Morning Follies 2:30pm One on One Resident Choice Activities		11:15am Church Services w/Andrew-AC Family and Friends - Room visits throughout the day Enjoy a day of rest!	
28		29		30		31			
11:00am Word Games 1:15pm Church Services with Chaplain Gary-Multipurpose Room 2:30pm Name that Tune 4:00p Room Visits		10:15am Morning News 12:30pm Pumpkin Painting 3:30pm Halloween Storytime 4:00pm Halloween Trivia		9:30am Hymns with Edie 10:30am Ball Toss 2:00pm Social Hour with Lula 3:30pm- Artist Within		9:15am Daily Chronicles-Café 11:00a Chair Exercise with Gale-Activities Center 4:00pm Halloween Parade Halloween			