November 2026

THE FEINOUR CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	**2** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Monday Meditation & Stretch (P, R, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Hangman (P, S, I, E) 11:00 Never Have I Ever…(P, S, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Family Feud (P, S, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Soothing Music & Adult Coloring (P, S, I, E) 4:00 JENGA (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**3** **ELECTION DAY** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Bingo (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Election Races (P, R, S, V, I) **11:00 Pet Visit with Nahla Lou (P, S, I, E)** 11:30 Chair Yoga (P, S, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Comedy Hour (P, S, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Jeopardy (P, S, V, I, E) 4:00 Move to the Music (P, R, S, I, E) 4:30 Viewer's Choice (S, I, E)	**4** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Crosswords (P, S, V, I) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Noodle Ball (P, S, I, E) 11:00 50's Trivia (P, S, I) 11:30 Music Requests (P, R, S, V, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Table Balloon Toss (P, S, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 UNO (P, S, I, E) 4:00 Simon Says (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**5** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 FROGS (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Thankful Tree Mining (P, S, I, E) **11:00 Bible Study with Chaplain Gary (R, S, V, I, E)** 11:30 Gospel Song Sing – Along (R, S, V, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) **1:30 Thankful Tree with Sarah (P, S, V, I, E)** 2:30 Afternoon Snack (P, S, E) 3:00 Parachute Play (P, S, I, E) 4:00 Think Fast (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**6** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Friday Chair Fitness (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Staff Matching (P, S, I, E) **11:00 Karaoke with Patrick & Paige (R, S, I, E)** **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Manicures (P, S, V, I, E) 2:30 Afternoon Snack (P, S, E) **3:00 Friday Film Festival (S, I, E)** 3:30 Colorful Creations (P, S, V, I, E) 4:00 Dominoes (P, S, V, I, E) 4:30 Viewer's Choice (S, I, E) **4:30 – 7:00 Celebration of Life & Lights at Richfield (P, R, S, I, E, O)**	**7** **BOOK LOVERS DAY** 

PILLARS OF WELLNESS: P: Physical, R: Spiritual/Religious, S: Social, V: Vocational, I: Intellectual, E: Emotional, O: Environmental/Outdoor

November 2026

THE FEINOUR CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8  	**9** **WORLD FREEDOM DAY** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Monday Meditation & Stretch (P, R, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Name that Landmark (P, S, V, I) 11:00 Tic Tac Toe Trivia (P, S, I, E) 11:30 Would You Rather? (P, S, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Jewelry Making (P, S, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Kickball (P, S, I, E) 4:00 On This Day (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**10** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Bingo (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Pin the Leaves on the Tree (P, S, V, I, E) **11:00 Pet Visit with Nahla Lou (P, S, I, E)** 11:30 Chair Yoga (P, S, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Hungry, Hungry Hippo (P, S, I, E) 2:30 Afternoon Snack (P, S, E) **3:00 3D Tree with Saleana (P, S, I, E)** 4:00 Dominoes (P, S, I) 4:30 Viewer's Choice (S, I, E)	**11** **VETERANS DAY** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Veteran Wordsearch (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Veterans Recognition (P, R, S, V, I, E) 11:00 Trivia (P, S, I) **11:30 Pet Visit with Roux (P, S, I, E)** **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Origami Making (P, S, I, E) **2:30 Afternoon Snacktivity with Robin (P, S, E)** 3:00 Veteran's Day Thank You Cards (P, S, I, E) 4:00 Name That Song? (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**12** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 FROGS (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Prayer Requests (R, S, I, E) **11:00 Bible Study with Chaplain Gary (R, S, V, I, E)** 11:30 Gospel Song Sing – Along (R, S, V, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Travel & Trivia to Jamestown (P, S, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Happy Hour (P, S, I, E) 4:00 Music Trivia (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**13** **WORLD KINDNESS DAY** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Friday Chair Fitness (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Kind Categories (P, S, I) **11:00 Karaoke with Patrick & Paige (R, S, I, E)** **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Manicures (P, S, V, I, E) 2:30 Afternoon Snack (P, S, E) **3:00 Friday Film Festival (S, I, E)** 3:30 Colorful Creations (P, S, V, I, E) 4:00 UNO (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**14** **ROANOKE WALK TO END ALZHEIMER'S AT RIVER'S EDGE NORTH AT 9:00** 

PILLARS OF WELLNESS: P: Physical, R: Spiritual/Religious, S: Social, V: Vocational, I: Intellectual, E: Emotional, O: Environmental/Outdoor

November 2026

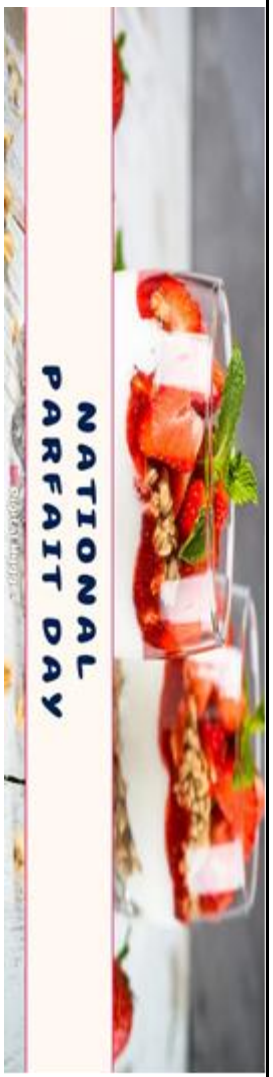
THE FEINOUR CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 	**16** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Monday Meditation & Stretch (P, R, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Bowling (P, S, I, E) 11:00 Buzz Word (P, S, I, E) 11:30 Music Requests (P, S, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Things That Go Together (P, S, V, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Riddle Hour (P, S, V, I) 4:00 Reminiscing (P, R, S, I, E) 4:30 Viewer's Choice (S, I, E)	**17** **WORLD PEACE DAY** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Bingo (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Peace Categories (P, S, I, E) **11:00 Pet Visit with Nahla Lou (P, S, I, E)** 11:30 Chair Yoga (P, R, S, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Short Stories (P, S, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 DIY Puzzle Sorting (P, S, V, I) 4:00 TV Trivia (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**18** **APPLE CIDER DAY** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Turkey Bingo (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Bean Bag Toss (P, S, I, E) 11:00 Name things A to Z…(P, S, V, I) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Thanksgiving Coloring with Kim (P, R, S, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Show & Tell (P, S, V, I, E) 4:00 Group Sing – a – Long (P, R, S, I) 4:30 Viewer's Choice (S, I, E)	**19** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 FROGS (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Owl Matching (P, S, V, I, E) **11:00 Bible Study with Chaplain Gary (R, S, V, I, E)** 11:30 Gospel Song Sing – Along (R, S, V, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Hunt for Pinecones (P, S, O) 2:30 Afternoon Snack (P, S, E) **3:00 Pinecone Owls with Kim (P, S, I, O)** 4:00 Kerplunk (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**20** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Friday Chair Fitness (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Do You Remember?? (P, S, V, I, E) **11:00 Karaoke with Patrick & Paige (R, S, I, E)** **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Manicures (P, S, V, I, E) 2:30 Afternoon Snack (P, S, E) **3:00 Friday Film Festival (S, I, E)** 3:30 Colorful Creations (P, S, V, I, E) 4:00 Hangman (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**21** 

PILLARS OF WELLNESS: P: Physical, R: Spiritual/Religious, S: Social, V: Vocational, I: Intellectual, E: Emotional, O: Environmental/Outdoor

November 2026

THE FEINOUR CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22  	**23** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Monday Meditation & Stretch (P, R, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Pictionary (P, S, I, E) 11:00 Volleyball (P, S, V, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Water Color Turkeys (P, S, V, I) 2:30 Afternoon Snack (P, S, E) 3:00 Chain Reaction (P, S, V, I, E) 4:00 What Would You Do? (P, R, S, I, E) 4:30 Viewer's Choice (S, I, E)	**24** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Bingo (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Card Matching (P, S, I) **11:00 Pet Visit with Nahla Lou (P, S, I, E)** 11:30 Chair Yoga (P, R, S, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Team Number Memory (P, S, I) 2:30 Afternoon Snack (P, S, E) **3:00 Card Games with Nancy (P, S, V, I, E)** 3:30 What Are You Thankful For? (P, R, S, I, E) 4:30 Viewer's Choice (S, I, E)	**25** **NATIONAL PARFAIT DAY** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Turkey Bingo (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) **10:30 North Friendsgiving at the Bistro (P, R, S, E, O)** 11:00 Thanksgiving Matching (P, S, I, E) 11:30 Turkey Target Practice (P, S, I, E, O) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Recipe Sharing (P, S, I, E) **2:30 Afternoon Snack: Parfaits (P, S, E)** 3:00 Thanksgiving Scavenger Hunt (P, S, I, E) 4:00 Meditation & Deep Breathing Exercises (P, R, S, I, E) 4:30 Viewer's Choice (S, I, E)	**26** **THE DAY CENTER IS CLOSED FOR THANKSGIVING**  	**27** **BLACK FRIDAY** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Friday Chair Fitness (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 The Price is Right (P, S, I, E) **11:00 Karaoke with Patrick & Paige (R, S, I, E)** **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Manicures (P, S, V, I, E) 2:30 Afternoon Snack (P, S, E) **3:00 Friday Film Festival (S, I, E)** 3:30 Colorful Creations (P, S, V, I, E) 4:00 Solitaire (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**28** **SMALL BUSINESS SATURDAY** 

PILLARS OF WELLNESS: P: Physical, R: Spiritual/Religious, S: Social, V: Vocational, I: Intellectual, E: Emotional, O: Environmental/Outdoor

Nov 2026 / December 2026

THE FEINOUR CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 	**30** **CYBER MONDAY** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Monday Meditation & Stretch (P, R, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Simon Says (P, S, I, E) 11:00 What's in the Box? (P, S, V, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Name Art (P, R, S, V, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Ball Drop Relay (P, S, V, I, E) 4:00 Dominoes (P, S, V, I, E) 4:30 Viewer's Choice (S, I, E)	**1** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Bingo (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Wacky Wordies (P, S, I, E) **11:00 Pet Visit with Nahla Lou (P, S, I, E)** 11:30 Chair Yoga (P, S, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Decorate for Christmas (P, R, S, V, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Make Christmas Ornaments (P, R, S, I, E) 4:00 UNO (P, S, I) 4:30 Viewer's Choice (S, I, E)	**2** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Christmas Word Search (P, R, S, V, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Move to the Music (P, S, I, E) 11:00 Balloon Cup Stack (P, S, V, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Christmas Coloring with Kim (P, S, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Reindeer Newspaper Race (P, S, I, E) 4:00 Christmas Trivia (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**3** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 FROGS (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 Name that Character (P, S, I, E) **11:00 Bible Study with Chaplain Gary (R, S, V, I, E)** 11:30 Gospel Song Sing – Along (R, S, V, I, E) **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Would You Rather? (P, S, I, E) 2:30 Afternoon Snack (P, S, E) 3:00 Plunger Skee Ball (P, S, I, E) 4:00 Finish That Phrase (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**4** **HANNUKAH BEGINS** **AM Activities:** 9:00 Coffee, Coloring & Conversations (P, S, I, E) 9:30 Friday Chair Fitness (P, S, I, E) 10:00 Good Morning Chat & Snack (P, S, E) 10:30 What Am I? (P, S, I, E) **11:00 Karaoke with Patrick & Paige (R, S, I, E)** **PM Activities:** 12:30 Rest and Relax (P, I, E) 1:30 Manicures (P, S, V, I, E) **2:00 Christmas Tree Lighting at FAL (P, R, S, E)** 2:30 Afternoon Snack (P, S, E) **3:00 Friday Film Festival (S, I, E)** 3:30 Colorful Creations (P, S, V, I, E) 4:00 Christmas Reminiscing (P, S, I, E) 4:30 Viewer's Choice (S, I, E)	**5** 

PILLARS OF WELLNESS: P: Physical, R: Spiritual/Religious, S: Social, V: Vocational, I: Intellectual, E: Emotional, O: Environmental/Outdoor