Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00** Daily Chronicle (DR) **10:00** Board & Card Games (A) **1:00** Bible Study w/Ross (A) **3:00** Church Service w/ Chaplain Gary (ADC) • **Clocks back one hour** Daylight Saving Time Ends	**2** **9:30** **Presentation/ K-9 Demonstration (TBA)** **10:30** Skip-Bo w/Nancy (A) **11:00** **Mast General Store Outing** **2:00** **BINGO (D)**	**ELECTION DAY** **3** **10:00** Balloon Volleyball (A) **12:30** Clothing Connection (A) **1:30** Movie & Popcorn (ADC) **3:00** Activity Packet (A) **6:00** **Music w/ Paul & Friends (L)**	**4** **9:00** Pet Therapy w/Nahla (L) **10:00** Exercise/Wellness (A) **2:00** **BINGO (D)** **3:00** **RESIDENT COUNCIL (A)**	**5** **10:00** Bible Study w/Chaplain Gary (A) **10:30** Trivia (A) **12:30** Painting by Numbers (A) **1:00** Parachute Game (A) **3:00** Word Search Activity (A)	**9:30** Stroll/Roll (O) **6** **10:00** Jewelry Making (A) **1:00** Team Word Challenge (A) **2:00** **Music w/ Ron Downing (D)** **3:00** Ice Cream Social (L) **4:30-7 p.m.** **Life & Lights Celebration Event (Salem) -Outing**	**7** **10:00** Exercise w/Nancy (A) **10:30** Bridge-O w/Nancy (A) **11:00** Activity Packet (DR) **1:00** Memory Makers-Nature Journaling (A) • Take time to journal about the season fall
8 **10:00** Daily Chronicle (DR) **10:00** Board & Card Games (A) **1:00** Hallway Walks/Strolls **3:00** Church Service w/ Chaplain Gary (ADC) • Set a daily goal or walk a set number of laps Diwali (Hindi)	**9** **10:00** Exercise w/Nancy (A) **10:30** Skip-Bo w/Nancy (A) **10:30** **Computer Basics – Library Outing** **1:00** Bowling/Cornhole (A) **2:00** **BINGO (D)**	**10** **10:00** Seated Soccer /Musical Ball (A) **12:30** Clothing Connection (A) **1:30** Movie & Popcorn (ADC) **3:00** Word Search (A)	**11** **9:00** Pet Therapy w/Nahla (L) **10:00** Exercise/Wellness (A) **10:30** Pet Therapy w/ Roux (L) **11:30** **Marc Baskind Birthday Celebrations (D)** **1:00** **Veterans Day Presentation (L)** **2:00** **BINGO (D)** Veterans Day Remembrance Day (Canada)	**12** **10:00** Bible Study w/ Chaplain Gary (A) **10:30** Craft Time (A) **2:00** **Music w/Sammy P (D)** **3:00** Activity Packet (A)	**13** **10:30** **Library talk w/ Michelle & sign up for a library card (A)** **10:30** Cornhole/Musical Ball (A) **1:00** Trivia (A) **2:00** **Music w/ 40 Years After (D)**	**14** **10:00** Exercise w/Nancy (A) **10:30** Bridge-O w/Nancy (A) **11:00** Activities Packet (DR) **1:00** **King's Players presents skits and worship (TBA**)
15 **10:00** Daily Chronicle (DR) **10:00** Board & Card Games (A) **1:00** Bible Study w/ Ross (A) **3:00** Church Service w/Chaplain Gary (ADC)	**16** **10:00** Exercise w/Nancy (A) **10:30** Skip-Bo w/Nancy (A) **10:30** **Lunch @ Kickback Jacks** **1:00** Jeopardy (A) **2:00** **BINGO (D)**	**17** **10:00** Cardio Drumming (A) **12:30** Clothing Connection (A) **1:30** Movie & Popcorn (ADC) **3:00** Coloring by Numbers (A)	**18** **9:00** Pet Therapy w/Nahla (L) **10:00** Exercise/Wellness (A) **1:30** **MENU MEETING (D)** **2:00** **BINGO (D)** **3:00** Match Game Worksheet (A)	**19** **10:00** Bible Study w/Chaplain Gary (A) **10:30** Carrom/Checkers/Scrabble (A) **11:30** **Veterans Luncheon/Club Friendship - Outing** **1:00** Balloon Badminton ((A) **2:00** Baking a Pie (A) **6:00** **Music W/Friends of Praise (L)**	**20** **10:00** Painting Class (A) **12:30** Game Time/Jeopardy (A) **1:00** Bible Study w/Eugene Mills (A) **2:00** **BINGO (D)** **3:00** Hot Chocolate/Apple Cider Bar (L)	**21** **10:00** Exercise w/Nancy (A) **10:30** Bridge-O w/Nancy (A) **11:00** Activity Packet (DR) **1:00** Bird Watching (O) • Visit outside and use your 6 senses
22 **10:00** Daily Chronicle (DR) **10:00** Board & Card Games (A) **1:00** Hallway Walks/Strolls **3:00** Church Service w/ Chaplain Gary (ADC) • Set a daily goal or walk a set number of laps	**23** **9:30** **Dollar Tree Outing** **10:00** Exercise w/ Nancy (A) **10:30** Skip-Bo w/ Nancy (A) **1:00** Crafting Cards (A) **2:00** **BINGO (D)**	**24** **10:00** Painting Class (A) **12:30** Clothing Connection (A) **1:30** Movie & Popcorn (ADC) **3:00** Memory Game Activity (A)	**25** **9:00** Pet Therapy w/Nahla (L) **10:00** Exercise/Wellness (A) **10:30** **Friendsgiving Luncheon @ the Bistro-Outing** **2:00** **BINGO (D)** **3:00** **Music w/Vested in Christ (D)**	**26** **10:00** Bible Study w/Chaplain Gary (A) **10:30** Count Your Blessings (A) **1:00** Thanksgiving Movie (ADC) **2:00** Hallway Walks/Strolls **3:00** Activity Packet (A) Thanksgiving Day (U.S)	**27** **10:00** Nail SPA (A) **12:30** Exercise/Wellness (A) **2:00** **Music w/ John Yates (D)** **3:00** Activity Sheet (A)	**28** **10:00** Exercise w/Nancy (A) **10:30** Bridge-O w/Nancy (A) **11:00** Activities Packet (DR) **1:00** Mindful Moments – • Share some time with another resident
29 **10:00** Daily Chronicle (DR) **10:00** Board & Card Games (A) **1:00** Hallway Walks/Strolls **3:00** Church Service w/Chaplain Gary (ADC) • Set a daily goal or walk a set number of laps	**30** **9:30** **Volunteering @ Ronald Mc Donald House** **10:00** Exercise w/Nancy (A) **10:30** Skip-Bo w/Nancy (A) **1:00** Hangman (A) **2:00** **BINGO (D)**					



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