

Pen to Purpose

JOURNALING PROGRAM

GET ORGANIZED | DESTRESS | STAY ACCOUNTABLE

Tuesdays | 3 - 4:15 PM
Jan. 20 - March 31

Start your semester off strong with weekly dedicated time for journaling! Prompts delve into Knowing Yourself, Nurturing Relationships, Navigating College, and Navigating Post-College with an End-of-Program Celebration.



Register by Jan. 16