

HESI

Prep Workshop

With Dr. Jessica Symmes



Monday
Nov. 2, 2026
9 AM - 5 PM
33 - 102



Register Here!



Time	Session
9 - 9:30 AM	Welcome, Orientation & HESI A2 Overview • Exam structure and required sections • Scoring benchmarks and test-day expectations
9:30 - 10:45 AM	Mathematics for Healthcare (High-Yield Review) • Fractions, percentages, ratios • Conversions and word problems
10:45 - 10:55 AM	Break
10:55 - 12:05 PM	Reading Comprehension & Vocabulary • Passage strategies • Main idea, inference, and vocabulary analysis
12:05 - 1 PM	Grammar & English Usage • Sentence structure • Commonly tested grammar rules
1 PM - 2 PM	Lunch Break
2 - 4 PM	Anatomy & Physiology (Focused Systems Review) • Cardiovascular, respiratory, digestive • Urinary, nervous, musculoskeletal, endocrine
4 - 4:10 PM	Break
4:10 - 4:45 PM	Test-Taking Strategies & Nursing Exam Mindset • Time management and pacing • Answer elimination and anxiety reduction
4:45 - 5 PM	Closing Session & Next Steps • Study plan guidance • Resources and Q&A