

Bruce Feiler

Bestselling Author | Former New York Times Columnist | Stanford Research Fellow

New York Times bestselling author and leading voice on navigating life transitions, change and personal transformation.

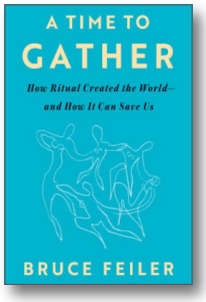
Biography

Bruce Feiler is one of America's leading voices on navigating change, resilience, and human connection. A bestselling author, researcher, and sought-after keynote speaker, Bruce combines original research with compelling storytelling to help audiences thrive through life's transitions and build stronger communities.

Bruce is the author of seven New York Times bestsellers, including Life Is in the Transitions, The Secrets of Happy Families, Council of Dads, and his newest book, A Time to Gather: How Ritual Created the World—and How It Can Save Us (2026). His work explores how people can find meaning, purpose, and connection during periods of change, drawing on years of firsthand research conducted around the world.

Topics

Storytelling
Emotional Intelligence
Inspirational and Motivational

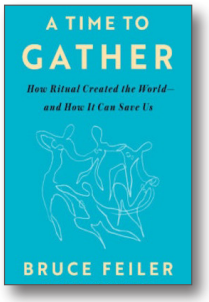


Bruce Feiler

His four TED Talks have been viewed more than five million times, and he teaches the TED Course How to Master Life Transitions. Bruce is also a fellow at Stanford University's Computational Psychology and Well-Being Lab, where researchers are applying his work to AI-powered tools focused on human well-being.

Bruce has hosted two PBS primetime series, Walking the Bible and Sacred Journeys with Bruce Feiler, and his work has appeared in The New York Times, The New Yorker, The Wall Street Journal, Parade, and Time. His insights have been featured on Good Morning America, TODAY, CNN, and other major media outlets.

With warmth, humor, and practical insights, Bruce equips audiences with proven strategies for embracing uncertainty, strengthening relationships, and finding purpose in an ever-changing world.



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