

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025						1 9:15-SIT & BE FIT WITH AYLEEN 9:45-WATER BREAK 10:00-HAVE A BALL 1:30-AYLEEN'S CHOICE 2:30-DOWNTON ABBEY 5:30-PAINTING WITH WATER OR COLORING
2 9:00- SNACK & WATER BREAK 10:00-CHURCH TV SERVICE 1:30-SIT & BE FIT 5:30-WEEKLY MOVIE Daylight Saving Time Ends	3 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-PRETTY NAILS 1:30-ICE CREAM SOCIAL 2:30-BINGO 5:30-MATCHING & SORTING GAMES	4 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-SING ALONG 1:30-WORD GAMES 2:30-VOLLEY BALLOON 5:30-PUZZLE TIME	5 NATIONAL DONUT DAY 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SPIRITUAL ELDER CARE TV CHURCH 1:00-PAINTING WITH JAYNE 2:30-DONUTS 3:00-SINGFIT 5:30-VOLLEY BALLOON	6 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SING ALONG 1:30-SENSORY GARDEN 3:00-BINGO 5:30-STACKING CUPS	7 9:00-STRETCH & STRENGTHENING 9:30-WATER BREAK 9:40-HAVE A BALL 10:15- ONE ON ONES 1:30-WALKING GROUP 2:45-HAPPY HOUR-PRESTIGE 5:30-FRIDAY NIGHT MOVIE	8 9:15-SIT & BE FIT WITH AYLEEN 9:45-WATER BREAK 10:00-HAVE A BALL 1:30-AYLEEN'S CHOICE 2:30-DOWNTON ABBEY 5:30-PAINTING WITH WATER OR COLORING
9 9:00- SNACK & WATER BREAK 10:00-CHURCH TV SERVICE 1:30-SIT & BE FIT 5:30-WEEKLY MOVIE	10 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-PRETTY NAILS 1:30-ICE CREAM SOCIAL 2:30-BINGO 5:30-MATCHING & SORTING GAMES	11 NATIONAL SUNDAY DAY 9:00-SIT & BE FIT 9:30WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-SING ALONG 1:30-PATRIOTIC SUNDAES 5:30-PUZZLE TIME Veterans Day	12 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SPIRITUAL ELDER CARE CHURCH TV 1:00-PAINTING WITH JAYNE 2:30-SNACK TIME 3:00-SINGFIT 5:30-VOLLEY BALLOON	13 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SING ALONG 1:30-MUSIC THERAPY 3:00-WORSHIP WITH KARA 5:30-THROWING AXES	14 9:00-STRETCH & STRENGTHENING 9:30-WATER BREAK 9:40-HAVE A BALL 10:15- ONE ON ONES 1:30-WALKING GROUP 2:45-HAPPY HOUR-RICK CHINISCHI 5:30-FRIDAY NIGHT MOVIE	15 9:15-SIT & BE FIT WITH AYLEEN 9:45-WATER BREAK 10:00-HAVE A BALL 1:30-AYLEEN'S CHOICE 2:30-DOWNTON ABBEY 5:30-PAINTING WITH WATER OR COLORING
16 9:00- SNACK & WATER BREAK 10:00-CHURCH TV SERVICE 1:30-SIT & BE FIT 5:30-WEEKLY MOVIE	17 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-PRETTY NAILS 1:30-ICE CREAM SOCIAL 2:30-BINGO 5:30-MATCHING & SORTING GAMES	18 9:00-SIT & BE FIT 9:30WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-DOCUMENTARIES 1:30-SNACK TIME 3:00-WORD GAMES 5:30-PUZZLE TIME	19 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SPIRITUAL ELDER CARE CHURCH TV 1:00-PAINTING WITH JAYNE 2:30-SNACK TIME 3:00-SINGFIT 5:30-VOLLEY BALLOON	20 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SING ALONG 1:30-COFFEE, COOKIES & CONVERSATION 3:00-BINGO 5:30-BOWLING	21 NATIONAL GINGERBREAD COOKIE DAY 9:00-STRETCH & STRENGTHENING 9:30-WATER BREAK 9:40-HAVE A BALL 10:15- ONE ON ONES 1:30-GINGERBREAD COOKIE DECORATING 2:30-HAPPY HOUR-ALAN VAIL 5:30-FRIDAY NIGHT MOVIE	22 9:15-SIT & BE FIT WITH AYLEEN 9:45-WATER BREAK 10:00-HAVE A BALL 1:30-AYLEEN'S CHOICE 2:30-DOWNTON ABBEY 5:30-PAINTING WITH WATER OR COLORING
23 9:00- SNACK & WATER BREAK 10:00-CHURCH TV SERVICE 1:30-SIT & BE FIT 5:30-WEEKLY MOVIE	24 HAPPY BIRTHDAY LYNDA 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-PRETTY NAILS 1:30-LYNDA'S BIRTHDAY PARTY 2:30-BINGO 5:30-MATCHING & SORTING GAMES	25 9:00-SIT & BE FIT 9:30WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-SING ALONG 11:00-OUT TO LUNCH 1:30-SNACK TIME 3:00-WORD GAMES 5:30-PUZZLE TIME	26 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SPIRITUAL ELDER CARE CHURCH TV 1:00-PAINTING WITH JAYNE 2:30-SNACK TIME 3:00-SINGFIT 5:30-VOLLEY BALLOON	27 HAPPY THANKSGIVING  Thanksgiving Day (U.S.)	28 9:00-STRETCH & STRENGTHENING 9:30-WATER BREAK 9:40-HAVE A BALL 10:15- ONE ON ONES 1:30-WALKING GROUP 2:45-HAPPY HOUR-LARRY O'CONNOR 5:30-FRIDAY NIGHT MOVIE	29 9:15-SIT & BE FIT WITH AYLEEN 9:45-WATER BREAK 10:00-HAVE A BALL 1:30-AYLEEN'S CHOICE 2:30-DOWNTON ABBEY 5:30-PAINTING WITH WATER OR COLORING
30 9:00- SNACK & WATER BREAK 10:00-CHURCH TV SERVICE 1:30-SIT & BE FIT 5:30-WEEKLY MOVIE	 Meadows					

CALENDAR IS SUBJECT TO CHANGE

ALL OUTINGS ARE WEATER PERMITTING