

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-DOCUMENTARIES 1:30-ICE CREAM SOCIAL 2:30-BINGO 5:30-MATCHING/SORTING GAMES	2 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-PRETTY NAILS 1:00-TREE TRIMMING PARTY 3:15-ONE ON ONES 5:30-PUZZLE TIME	3 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SPIRITUAL ELDER CARE-CHURCH TV 1:00-PAINTING WITH JAYNE 2:30-SNACK TIME 3:00-SING FIT 5:30-VOLLEY BALLOON	4 NATIONAL COOKIE DAY 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SING ALONG 1:30-SENSORY GARDEN 3:00-DECORATING CHRISTMAS COOKIES 5:30-THROWING AXES	5 9:00-STRETCH & STRENGTHENING 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-ONE ON ONES 1:30-WALKING GROUP 2:45-HAPPY HOUR-DUNCAN 5:30-FRIDAY NIGHT MOVIE	6 9:15-SIT & BE FIT WITH AYLEEN 9:45-WATER BREAK 10:00-HAVE A BALL 1:30-AYLEEN'S CHOICE 2:30-DOWNTON ABBEY 5:30-PAINTING WITH WATER
7 9:15-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-CHURCH TV 1:30-VOLLEY BALLOON 2:30-LAYLA'S CHOICE 5:30-WEEKLY MOVIE	8 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-DOCUMENTARIES 1:30-ICE CREAM SOCIAL 2:30-BINGO 5:30-MATCHING/SORTING GAMES	9 HAPPY BIRTHDAY CAROL 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-PRETTY NAILS 1:30-COFFEE, COOKIES & CONVERSATION 3:00-BEAN BAG FOOTBALL 5:30-PUZZLE TIME	10 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SPIRITUAL ELDER CARE-CHURCH TV 1:00-PAINTING WITH JAYNE 2:30-DECEMBER BIRTHDAY PARTY 5:30-VOLLEY BALLOON	11 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SING ALONG 1:30-MUSIC THERAPY 3:00-BINGO 5:30-STACKING CUPS	12 HAPPY BIRTHDAY LIBBY 9:00-STRETCH & STRENGTHENING 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-ONE ON ONES 1:30-WALKING GROUP 2:45-HAPPY HOUR-RICK CHINISCHI 5:30-FRIDAY NIGHT MOVIE	13 9:15-SIT & BE FIT WITH AYLEEN 9:45-WATER BREAK 10:00-HAVE A BALL 1:30-AYLEEN'S CHOICE 2:30-DOWNTON ABBEY 5:30-PAINTING WITH WATER
14 9:15-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-CHURCH TV 1:30-VOLLEY BALLOON 2:15-SYMPHONY-GREEN CENTERE 5:30-WEEKLY MOVIE Hanukkah Begins	15 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-DOCUMENTARIES 1:30-ICE CREAM SOCIAL 2:30-BINGO 5:30-MATCHING/SORTING GAMES	16 NATIONAL CHOCOLATE COVERED ANYTHING DAY 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-PRETTY NAILS 1:00-CHOCOLATE COVERED S'MORES 3:15-ONE ON ONES 5:30-PUZZLE TIME	17 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SPIRITUAL ELDER CARE-CHURCH TV 1:00-PAINTING WITH JAYNE 2:30-SNACK TIME 3:00-SING FIT 5:30-VOLLEY BALLOON	18 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SING ALONG 1:30-CHRISTMAS PARTY 5:30-BOWLING	19 9:00-STRETCH & STRENGTHENING 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-ONE ON ONES 1:30-WALKING GROUP 2:45-HAPPY HOUR-TIM HORTON 5:30-FRIDAY NIGHT MOVIE	20 9:15-SIT & BE FIT WITH AYLEEN 9:45-WATER BREAK 10:00-HAVE A BALL 1:30-AYLEEN'S CHOICE 2:30-DOWNTON ABBEY 5:30-PAINTING WITH WATER
21 9:15-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-CHURCH TV 1:30-VOLLEY BALLOON 2:30-LAYLA'S CHOICE 5:30-WEEKLY MOVIE Winter Begins	22 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-DOCUMENTARIES 1:30-ICE CREAM SOCIAL 2:30-BINGO 5:30-MATCHING/SORTING GAMES	23 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-PRETTY NAILS 1:30-BAKING COOKIES 5:30-PUZZLE TIME	24 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SPIRITUAL ELDER CARE-CHURCH TV 1:00-PAINTING WITH JAYNE 2:30-SNACK TIME 3:00-SING FIT 5:30-VOLLEY BALLOON	25 MERRY CHRISTMAS  Christmas	26 9:00-STRETCH & STRENGTHENING 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-ONE ON ONES 1:30-WALKING GROUP 2:45-HAPPY HOUR-LARRY O'CONNOR 5:30-FRIDAY NIGHT MOVIE Kwanzaa Begins	27 9:15-SIT & BE FIT WITH AYLEEN 9:45-WATER BREAK 10:00-HAVE A BALL 1:30-AYLEEN'S CHOICE 2:30-DOWNTON ABBEY 5:30-PAINTING WITH WATER
28 9:15-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-CHURCH TV 1:30-VOLLEY BALLOON 2:30-LAYLA'S CHOICE 5:30-WEEKLY MOVIE	29 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-DOCUMENTARIES 1:30-ICE CREAM SOCIAL 2:30-BINGO 5:30-MATCHING/SORTING GAMES	30 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:00-RILEY-THERAPY DOG 10:15-PRETTY NAILS 11:00-OUT TO LUNCH 1:30-SNACK TIME 3:15-ONE ON ONES 5:30-PUZZLE TIME	31 9:00-SIT & BE FIT 9:30-WATER BREAK 9:40-HAVE A BALL 10:15-SPIRITUAL ELDER CARE-CHURCH TV 1:00-PAINTING WITH JAYNE 2:30-SNACK TIME 3:00-SING FIT 5:00-NEW YEAR'S EVE WITH LARRY O'CONNOR New Year's Eve	December 2025 MEADOWS 		