

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4 8:45 CATHOLIC & LUTHERAN CHURCH TRANSPORT 10:45 EPISCOPAL CHURCH TRANSPORT 2:00 ROOT BEER FLOAT	5 8:45 REC CENTER TRANSPORT 9:00 SIT & BE FIT 11:00 LUNCH OUTING: BLACK EYED PEA 1:30 BETTER BALANCE 2:45 BINGO	6 9:00-11:00 PODIATRY 9:00 SIT & BE FIT 10:00 JEFF-CO MOBILE LIBRARY 1:00 DRUMMING EXERCISE 2:45 BINGO	7 9:00 SIT & BE FIT 10:00 TRADER JOE'S 11:30 MOUNTAIN MAN 1:00 CHAIR ZUMBA 2:45 BINGO	1 9:00 SIT & BE FIT 1:30PM BINGO  New Year's Day	2 9:00 SIT & BE FIT 10:00 KING SOOPERS 3:30 MOCHA THERAPY DOG 4:00 HAPPY HOUR WITH RICK & CHARLIE	3 9:00 SIT & BE FIT 9:30 PRAY THE ROSARY 10:00 DOCUMENTARIES 1:00 TECHNOLOGY TIME 2:00 COOKIES 2:45 BINGO
11 8:45 CATHOLIC & LUTHERAN CHURCH TRANSPORT 10:45 EPISCOPAL CHURCH TRANSPORT 2:00 ICE CREAM SUNDAE	12 8:45 REC CENTER TRANSPORT 9:00 SIT & BE FIT 11:00 LUNCH OUTING: OLIVE GARDEN 1:30 BETTER BALANCE 2:45 BINGO	13 9:00 SIT & BE FIT 9:30 BIBLE STUDY W/ CHRIS 10:00 - 4:00 LUX VISION CLINIC 10:00 RETIRED NURSES CLUB 1:00 DRUMMING EXERCISE 1:30 COFFEE, COOKIES & CONVERSATIONS 2:45 BINGO	14 9:00 SIT & BE FIT 10:00 HOBBY LOBBY 1:00 MARILYN'S CRAFTY CORNER 3:00 JANUARY BIRTHDAY PARTY WITH LARRY O'CONNOR	15 8:45 REC CENTER TRANSPORT 9:00 SIT & BE FIT 12:15 RESIDENT PORTRAITS CEREMONY 1:00 BETTER BALANCE 1:30 CATHOLIC COMMUNION 2:00 ACTIVE MINDS: MOROCCO	16 9:00 SIT & BE FIT 10:00 KING SOOPERS 3:30 MOCHA THERAPY DOG 4:00 HAPPY HOUR WITH PRESTIGE	17 9:00 SIT & BE FIT 9:30 PRAY THE ROSARY 10:00 DOCUMENTARIES 1:00 TECHNOLOGY TIME 2:00 COOKIES 2:45 BINGO
18 8:45 CATHOLIC & LUTHERAN CHURCH TRANSPORT 10:45 EPISCOPAL CHURCH TRANSPORT 2:00 ICE CREAM BARS	19 8:45 REC CENTER TRANSPORT 9:00 SIT & BE FIT 10:00 AL RESIDENT MEETING 11:00 LUNCH OUTING: HEAVEN DRAGON 1:30 BETTER BALANCE 2:45 BINGO Martin Luther King Jr. Day	20 9:00 SIT & BE FIT 10:00 JEFF-CO LIBRARY 10:00 BLOOD PRESSURE CLINIC 1:00 DRUMMING EXERCISE 2:45 BINGO	21 9:00 SIT & BE FIT 10:00 DOLLAR TREE 11:30 MOUNTAIN MAN 1:30 FOOD COMMITTEE MEEETING 2:45 BINGO	22 8:45 REC CENTER TRANSPORT 9:00 SIT & BE FIT 10:00 - 4:00 HEARING CLINIC 10:30 CREATIVE & GROW CLASS W/ KIM 1:00 BETTER BALANCE 1:30 CATHOLIC COMMUNION 2:45 BINGO	23 9:00 SIT & BE FIT 10:00 SAFEWAY 3:30 MOCHA THERAPY DOG 4:00 HAPPY HOUR WITH NEIL FISCHER	24 9:00 SIT & BE FIT 9:30 PRAY THE ROSARY 10:00 DOCUMENTARIES 1:00 TECHNOLOGY TIME 2:00 COOKIES 2:45 BINGO
25 8:45 CATHOLIC & LUTHERAN CHURCH TRANSPORT 10:45 EPISCOPAL CHURCH TRANSPORT 2:00 HOT FUDGE SUNDAE	26 8:45 REC CENTER TRANSPORT 9:00 SIT & BE FIT 11:00 LUNCH OUTING: RIB CITY 1:30 BETTER BALANCE 2:45 BINGO Australia Day (Observed)	27 9:00 SIT & BE FIT 9:30 BIBLE STUDY W/ CHRIS 10:00 SCRAPBOOKING 1:00 DRUMMING EXERCISE 2:45 BINGO	28 7:30 SNOOZE BREAKFAST 9:00 SIT & BE FIT 10:00 DENVER WEST 1:00 CHAIR ZUMBA 2:45 BINGO	29 8:45 REC CENTER TRANSPORT 9:00 SIT & BE FIT 10:00 IL RESIDENT MEETING 1:00 BETTER BALANCE 1:30 CATHOLIC COMMUNION 2:45 BINGO	30 9:00 SIT & BE FIT 10:00 KING SOOPERS 3:30 MOCHA THERAPY DOG 4:00 HAPPY HOUR WITH ALAN VAIL	31 9:00 SIT & BE FIT 9:30 PRAY THE ROSARY 10:00 DOCUMENTARIES 1:00 TECHNOLOGY TIME 2:00 COOKIES 2:45 BINGO

CALENDAR IS SUBJECT TO CHANGE

ALL OUTINGS ARE WEATHER PERMITTING

RESIDENTS MUST SIGN UP FOR ALL OUTINGS

MOVIE SHOWTIMES: 1:30PM & 6:00PM DAILY