

# VAN LENNEP KLINIEK



By Cosmetique Totale

## Aftercare skinbooster treatment

### Directly after the treatment

- Bruises and smaller or larger swellings may be visible, depending on the extent of the treatment.
- The neck region in particular, is susceptible to bruising. The skin in the neck is much thinner than in the face.
- Bruising usually clears up within approximately 7 days.
- Due to gravity, the bruises may sag somewhat and change shape in the days following the treatment.
- Sometimes a bruise is visible immediately. Other times, bruising occurs after a day or several days. In other cases, it only feels sensitive.
- The skin may become red, this usually disappears after 30 minutes.
- After the treatment a protecting or hydrating crème may be applied.
- It is allowed to apply mineral make up to camouflage the injections points.

Specifically for the PDRN treatment for hair loss:

- After injections into the scalp, it is normal to temporarily experience: mild redness, small bumps or swelling, and sometimes bruising. These usually disappear within a few days.
- You can usually resume your daily activities the day after.

### 24h to 3 days after the treatment

- In the first three days after your treatment, skincare products containing acids such as glycolic acid and salicylic acid should not be applied.
- It is important to keep the skin well moisturized with a neutral cream during the first few days after your treatment.
- We advise to refrain from visiting the sauna or a beauty salon at least for the first two days after your treatment.



Specifically for the PDRN treatment for hair loss:

- Do not wash your hair for 24 hours and do not exercise or sweat (gym, sauna, or hot bath).
- Do not consume alcohol, do not use a tanning bed, and be careful with sun exposure.
- Try not to scratch or massage the scalp. The injection points need to close, and the substance needs to spread quietly.
- Intensive exercise may be resumed after 48–72 hours. Preferably wait a week before using the sauna, hammam, or tanning bed.
- After 2–3 days, you may resume the above activities, but remain cautious with:
  - Washing your hair; use a mild shampoo and avoid harsh products (such as scrubs, peels, or ketoconazole – if it stings).
  - Avoid a hot hairdryer and straighteners.
  - Do not scratch or massage hard.
- UV radiation can damage the skin. Preferably wear a hat or cap to protect the scalp from the sun.

## The result of a skinbooster treatment

The result will be noticeable after two weeks.

- The skin feels better hydrated, looks firmer and gets an beautiful glow.
- Up to three months after the treatment the process of skin improvement will continue.
- Fine lines caused by sagging skin and superficial fine lines will be reduced.
- Depending on which skinbooster is used, the effect will last for 6–12 months.
- Depending on the type of skinbooster used, it is recommended to repeat the treatment 2–3 times to achieve the best result.
- There should be at least 2 to 4 weeks between treatments.
- The skinbooster can give increasingly long-lasting results when repeated.
- Combine the treatment with skin therapy treatments, such as microneedling and peelings. The treatments will strengthen each other, making the skin improving effects visible more quickly and the results last longer.

## Most common side effects

The following symptoms may occur after a skinbooster treatment:

- Bruising, swelling, redness, itching and/or discoloration of the skin.
- In case of bruising or discoloration, try to avoid the sun as much as possible, as it can cause hyperpigmentation. In addition, always protect your skin with an SPF 50.
- Asymmetry in the face due to swelling under the skin and/or in the skin.
- A lump caused by over-correction. This can easily be dissolved with hyalase (an enzyme that dissolves hyaluronic acid).

## Rare side effects with skinboosters

It is important to contact us immediately in the event of the following symptoms, which usually only occur within the first 24 hours.



- The skinbooster can unexpectedly occur in a blood vessel or press against a blood vessel. This can be resolved with hyalase (an enzyme that dissolves hyaluronic acid).
- Intense pain in the treated area or behind the eye. If this is the case, contact the emergency number immediately. In very rare cases, tissue damage and/or blindness may occur.
- An allergic reaction or infection are very rare complications after a skinbooster treatment. Should that be the case, please contact the clinic. These reactions can easily be treated.
- The appearance of a purple stripe under the skin.
- The appearance of pimples or blisters after a few days.

## In case of an emergency

If you have any questions about the treatment or about a certain reaction after your treatment, please contact us.

You can easily contact us by phone or e-mail, Monday through Saturday during openings hours. Our exact opening hours can be found on our website. In case of an emergency you can use the emergency number below.



[www.vanlennepkliniek.nl](http://www.vanlennepkliniek.nl)

070-7370088

[info@vanlennepkliniek.nl](mailto:info@vanlennepkliniek.nl)

Emergency number: 06-51690024