

WAKEUP TO WELLNESS

We proudly bake fresh in Trova Kitchen all of our breads and pastries, incorporating whole wheat, seeds, and local fruits.

CONTINENTAL BREAKFAST 15

To the table includes baked fresh assorted pastry basket, Greek yogurt, seasonal fruits, seasonal jam, pressed Puerto Rican coffee, Luxury teas and juices.

Continental breakfast is complimentary for our guest with the inclusive package.

SUNRISE BREAKFAST 27

To the table includes a choice of one main plate, baked fresh assorted pastry basket, Greek yogurt, seasonal fruits, seasonal jam, pressed Puerto Rican coffee, Luxury teas and juices.

Hot Mains

AVOCADO TOAST (V, GFP) 16

Whole wheat enriched ciabatta, fresh sliced avocado, olive, cilantro, pomegranate seed, breakfast radish, sunny side up egg

EGG & CHEESE WHOLE WHEAT CROISSANT 17

Freshly baked whole wheat croissant, turkey bacon, crumbled local queso fresco, butter lettuce, tomato

BANANA PANCAKES (V) 14

Caramelized island rum banana compote, whipped butter, maple syrup & pecans

GUAVA BELGIUM WAFFLES (V) 18

Belgium waffles, guava sauce, queso fresco cream cheese, kiwi, orange and berries salad

PALMAS SCRAMBLE (GF) 10

Scrambled eggs, turkey bacon, breakfast potatoes

PALMAS EGG OMELETTE ANY WAY YOU LIKE 16

Choice of: fresh spinach, mushroom, red bell pepper, tomatoes, onion, fresh basil, mozzarella cheese, cheddar, feta cheese, ricotta cheese, turkey ham

VEGAN COCONUT OATMEAL (VG) 8

Honey granola, berries, mint

SIDES 6

Turkey Bacon
Turkey Sausage
Bacon
Breakfast Potatoes
Whole Wheat Toast with Jam
Grapefruit



Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

V = Vegetarian | VG = Vegan | GF = Gluten Free | GFP = Gluten Free Possible

Beverages

PREMIUM COLD PRESSED BLEND JUICES 14

GREEN VITALITY

Alkalizing & Refreshing

Kale, Cucumber Juice, Green Apple Juice, Celery Juice, Lemon Juice, and Mint Infusion.

SUNRISE CARROT

Immune Booster

Carrot Juice, Orange Juice, Red Apple Juice, Turmeric Juice, and Lime Juice.

BEET GLOW

Detoxifying & Energizing

Beet Juice, Green Apple Juice, Carrot Juice, Ginger Juice, Lemon Juice, and Water.

LOCAL JUICES 5

Assorted Fruit

TEAS 6

All teas are serviced from Metz Luxury Tea Company

Organic Earl Grey
English Breakfast
Blue Nile Chamomile

Cucumber Melon
Japan Sencha Mikado
Cascade Peppermint

COFFEE

Encanto Coffee – 100% Puerto Rican Coffee, locally grown and roasted on island

Espresso Single 4
Espresso Double 6
Latte 6

Cappuccino 6
Americano 6

TROVA