

Do you have obesity or overweight and obstructive sleep apnea?

ENLIGHTEN-3 is a new clinical research study by Eli Lilly and Company. It aims to test whether an experimental medicine (a study medicine) can help treat people with obesity or overweight and obstructive sleep apnea.

You may be able to participate in the study if you meet the following criteria:

- be 18 years of age or older;
- have moderate to severe obstructive sleep apnea;
- have a BMI of 27 or higher;
- have not lost or gained 5% or more of your body weight in the past 3 months;
- have tried at some point to lose weight by changing your eating habits, without success;
- not have diabetes.

Other criteria must be met for you to participate in this study. The study team will discuss these with you.

To learn more about the study



The people shown in this advertisement are models and the images are used for illustrative purposes only.

BMI stands for body mass index. This number reflects the relationship between a person's height and weight. It can be used to check if a person is at risk of developing certain health problems. If you do not know your BMI, you can ask your doctor.

Moderate to severe obstructive sleep apnea can be diagnosed by participating in a sleep study. These studies involve tests that check your breathing during sleep.

ENLIGHTEN-3