

Couples Satisfaction Index (CSI-32)

Example Report

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The Couples Satisfaction Index (CSI-32) is a widely used modern measure of relationship satisfaction. It was developed by Janette Funk and Ronald Rogge and colleagues to be more sensitive and efficient than earlier measures. It is suitable for both clinical and research settings.

Ref: Funk, J.L., & Rogge, R.D. (2007). Testing the Ruler with Item Response Theory: Increasing Precision of Measurement for Relationship Satisfaction with the Couples Satisfaction Index. *Journal of Family Psychology*, 21, 572-583.

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About this report

The Couples Satisfaction Index (CSI-32; Funk & Rogge, 2007), is a widely used questionnaire that assesses overall satisfaction in a romantic relationship. It asks about areas such as happiness, closeness, and how well the relationship is meeting each person's needs. The CSI-32 is used by researchers and therapists to understand relationship quality and to track changes over time.

The measure is considered highly reliable, meaning it provides consistent and accurate results across different people and situations. Scores are combined into a single total, with higher scores indicating greater relationship satisfaction. Research suggests that scores around 104.5 or below may indicate relationship distress, while higher scores reflect increasing levels of satisfaction.

CSI-32 scores can range from 0 to 161. Higher scores indicate higher levels of relationship satisfaction. CSI-32 scores falling below 104.5 suggest notable relationship dissatisfaction.

Your results are best understood as a snapshot of how your relationship is feeling right now, and can be used to guide reflection or conversations, rather than as a diagnosis or fixed label.

The CSI-32 is one of the few relationship measures with a well-validated distress cutoff.

Your Results Summary

OVERALL COUPLE SATISFACTION

You scored **143** out of a possible 161 on the CSI-32, which is **above** the level generally considered to indicate relationship distress.

Overall, you said your feelings towards your relationship are “**Extremely Happy**”, all things considered.

Your score is **higher than 75.41%** of the 6,389 individuals (predominantly female; 80%) moderately happy in their relationships, who completed this questionnaire as part of a validation study (Funk & Rogge, 2007).

Item responses are on the following page.

CSI-32 Item Responses (1-12)

#	QUESTION	ANSWER	SCORE
1	How happy, all things considered, is your relationship?	Extremely Happy	5
2	How often do you agree on: Amount of time spent together	Almost Always Agree	4
3	How often do you agree on: Making major decisions	Always Agree	5
4	How often do you agree on: Demonstrations of affection	Always Agree	5
5	In general, how often do you think that things between you and your partner are going well?	Most of the time	4
6	How often do you wish you hadn't gotten into this relationship?	Never	5
7	I still feel a strong connection with my partner	Completely TRUE	5
8	If I had my life to live over, I would marry (or live with / date) the same person	Almost Completely TRUE	4
9	Our relationship is strong	Completely TRUE	5
10	I sometimes wonder if there is someone else out there for me	A little TRUE	4
11	My relationship with my partner makes me happy	Completely TRUE	5
12	I have a warm and comfortable relationship with my partner	Completely TRUE	5

CSI-32 Item Responses (13-22)

#	QUESTION	ANSWER	SCORE
13	I can't imagine ending my relationship with my partner	Almost Completely TRUE	4
14	I feel that I can confide in my partner about virtually anything	Completely TRUE	5
15	I have had second thoughts about this relationship recently	Not at all TRUE	5
16	For me, my partner is the perfect romantic partner	Almost Completely TRUE	4
17	I really feel like part of a team with my partner	Completely TRUE	5
18	I cannot imagine another person making me as happy as my partner does	Mostly TRUE	3
19	How rewarding is your relationship with your partner?	Almost Completely	4
20	How well does your partner meet your needs?	Mostly	3
21	To what extent has your relationship met your original expectations?	Almost Completely	4
22	In general, how satisfied are you with your relationship?	Completely	5

CSI-32 Item Responses (23-32)

#	QUESTION	ANSWER	SCORE
23	How good is your relationship compared to most?	Extremely good	5
24	Do you enjoy your partner's company?	More often	5
25	How often do you and your partner have fun together?	Once or twice a week	3
26	My relationship is... Boring (0) vs Interesting (5)	Somewhat Interesting	3
27	My relationship is... Bad (0) vs Good (5)	Good	5
28	My relationship is... Empty (0) vs Full (5)	Mostly Full	4
29	My relationship is... Lonely (0) vs Friendly (5)	Friendly	5
30	My relationship is... Fragile (0) vs Sturdy (5)	Sturdy	5
31	My relationship is... Discouraging (0) vs Hopeful (5)	Hopeful	5
32	My relationship is... Miserable (0) vs Enjoyable (5)	Enjoyable	5