

A black and white photograph of draped fabric, possibly a towel or sheet, with a fine, woven texture. The fabric is folded and draped in a way that creates deep shadows and bright highlights, emphasizing its softness and texture. In the lower right corner, there is a circular logo. The logo consists of a light gray outer ring and a darker gray inner circle. Inside the inner circle, the word "SPA" is written in a large, white, serif font, and the words "AT CHACO" are written in a smaller, white, sans-serif font directly below it.

SPA
AT CHACO

ELEVATE YOUR HIGH DESERT EXPERIENCE

Centuries ago, Chaco Canyon was a special place where many peoples gathered to share their traditions and knowledge while surrounded by sacred mountains and mesas; the region still has deep spiritual meaning for their descendants. The Spa at Chaco honors our Indigenous roots by sharing that knowledge and offering thoughtfully curated treatments infused with functional botanicals and minerals inspired by the native herbs and plants of the high desert region. We meld these time-honored traditions with cutting-edge modalities and attentive, gracious service to bring a sophisticated, upscale, results-oriented wellness experience to our guests.

Select from an array of customized facials for both men and women as well as advanced skincare options to deliver unmatched results. Our body treatments have been created to reflect local culture while providing extensive benefits ranging from the relief of aches and pains to cleansing and hydrating the body. Discover the healing energy of a holistic wellness journey that incorporates mindfulness, body work, hydrotherapy to address specific concerns.

**THE SPA AT CHACO IS
LIKE NO OTHER**



MASSAGE

DESERT SERENITY MESSAGE

120 MINUTES, \$360

Begin this full-body massage with an energizing scalp, neck, and shoulder treatment using revitalizing wild lime scalp and hair oil to stimulate circulation and ease muscle tension. Designed to reduce inflammation, relieve pain, and soothe stress, this two-hour aromatic retreat will leave you feeling refreshed and relaxed.

LYMPHATIC MESSAGE

60 MINUTES, \$175

Lymphatic massage gently manipulates the non-muscular surface layers of the body to stimulate circulation and encourage the movement of fluids. This technique can aid in digestion, improve the appearance of skin, and assist with the natural detoxification process which contributes to regulating the inflammatory response and immune functions. Decreases fatigue and promotes a sense of vitality and well-being.

CRESCENT MOON MATERNITY MESSAGE

60 MINUTES, \$175

Lose yourself in a soothing massage using techniques adapted to the needs of pregnancy. Helps relieve discomfort, increase circulation, reduce stress, and encourage connection of mind/body. Special pillows allow you to lie safely and comfortably during your massage.

**Not available during the first trimester.*



RIO GRANDE HOT STONE MESSAGE

60 MINUTES, \$195

For centuries, Indigenous Americans have honored the healing energies and curative powers of heated stones through many of their rituals and practices. Experience the wisdom of those traditions in this massage which uses naturally smoothed stones gathered directly from the Rio Grande River which are heated and placed on key points of your body to encourage deeper relaxation. Therapeutic and customized massage techniques are seamlessly integrated with the heat of the stones to address muscle tension, pain, and stiffness, leaving you in absolute bliss.

CHACO CUSTOM MESSAGE

60 MINUTES, \$175

90 MINUTES, \$265

This customizable massage is tailored to meet your unique needs. With pressure ranging from light to firm and your choice of essential oil, it is the perfect way to relax your body and mind.

COUPLES MESSAGE

60 MINUTES, \$350

90 MINUTES, \$530

Share your spa experience and schedule your custom massages for two, performed side-by-side in the same room.

BODY TREATMENTS

TURQUOISE SAGE MUD WRAP

90 MINUTES, \$195

Immerse yourself in the scents of the high desert air with a purifying and restoring treatment designed to promote healing and relaxation with the curative properties of organic wild sages and lavenders. A dry body brush stimulates circulation and prepares the skin to absorb the anti-inflammatory Turquoise Sage Detoxifying Desert Mud Mask, enriched with extract of arnica to soothe muscle and joint pain and reduce stiffness. Enjoy a rich, conditioning hair and scalp treatment while relaxing in the warm cocoon, then finish with a rinse off and hydrating Turquoise Sage Body Butter to restore the skin's vitality, leaving you re-energized and refreshed.

NATIVE HERBAL WRAP

60 MINUTES, \$175

Native Americans have used herbs of the earth for centuries to promote relaxation, relieve muscle stiffness, and soothe aches and pains. Linens are warmed and soaked in an indigenous herbal infusion then wrapped around the body creating a cocoon of comfort. Feel stress and tension slip away as you enjoy a relaxing neck and scalp massage with warmed, nourishing Luminous Oil, inducing a deep sense of peace. Excellent prior to massage.

CACAO SIGNATURE RENEWAL

120 MINUTES, \$395

Inspired by the discovery of cacao at Chaco Canyon and paired with local honey, this luxurious body treatment, is the definition of “superfood” for your skin. A deep-cleansing cacao body scrub exfoliates dead cells to prepare the skin for a nutrient-dense, anti-inflammatory cacao moisture mask which helps protect and repair skin from premature aging and environmental damage. Following the luxurious body wrap, an organic honey body cream, providing intense hydration and powerful antioxidant protection quenches the skin during a full body massage. Finally, the body is spritzed with a restorative propolis toner, harvested from Taos beehives. Rich in flavonoids, amino acids, vitamins, and minerals, propolis has been used for centuries for its medicinal properties and will leave your skin soft, supple, and glowing.



MASSAGE & BODY TREATMENT ENHANCEMENTS

All enhancements are scheduled with a massage or body treatment and do not add additional time to the service. These are not offered as stand-alone treatments.

SCALP ENHANCEMENT \$30

Warmed Wild Lime Revitalizing Scalp and Hair Oil stimulates circulation, promotes relaxation, and energizes the mind. Vibrant notes of lime, tangerine, and pink grapefruit are blended with nourishing avocado oil to relieve tension, ease muscle aches, and soothe stress. Do not schedule if you have recently glued-in hair extensions.

HAND ENHANCEMENT \$30

An invigorating seasonal scented sugar scrub gently exfoliates the hands. Followed by an intensely rich and hydrating aloe and shea butter cream is applied to nourish and condition the skin. Warmed mitts encourage deep penetration of the aromatics and essential oils leaving your hands soft, supple, and refreshed.

FOOT ENHANCEMENT \$30

A stimulating blended sugar scrub is applied for a gentle exfoliation targeting any trouble spots. A luxurious butter balm is applied to the feet to increase circulation and soothe aching joints. Warmed linens cocoon the feet and encourage deep penetration of the natural botanical emollients and pure essential oils, leaving you feeling uplifted and refreshed.

CBD ENHANCEMENT \$30

Find deep muscular relaxation and exceptional stress relief with this therapeutic massage enhanced with the benefits of CBD-infused oil. Known to alleviate pain and inflammation as well as reduce anxiety, CBD's natural properties aid in decreasing muscle fatigue and soreness, improve circulation, and ease tension. Slow, focused techniques are used to address specific areas of concern.

RESTORE HIMALAYAN SALT STONE ENHANCEMENT \$30

Boost your vitality, energy, and overall well-being with this restorative massage using salt stones and performed in our Himalayan Salt Wall treatment room. Himalayan salt naturally contains over 84 trace minerals and elements which can replenish and improve the natural energy flow within the body. The salt stones are heated to allow the minerals to absorb, maximizing their benefits, while the gently warmed wall emits negative ions which can have a positive effect on health, mood, and energy levels. Emerge feeling deeply relaxed and rejuvenated. Salt Wall treatment room subject to availability.

PRIVATE SOAKS \$50

Enjoy 30 minutes of soaking time as an addition to any massage or body treatment.





HOLISTIC WELLNESS JOURNEY

YOUR JOURNEY TO RELAXATION

Decrease anxiety, lower stress levels, and escape from the stresses of modern-day life. Organic healing botanicals in a soothing seasonal scent bring about a profound state of relaxation and stillness.

- Soothing Salt Soak
- Body Wrap & Essential Oil Massage
- Rain Stick and Smudging
- Tea Service

Your Wellness Journey begins with a contrast therapy ritual to enhance and extend its benefits.

- **5-MINUTE SAUNA** – increases circulation, lowers stress levels, and alleviates joint stiffness and muscle soreness
- **1-MINUTE COLD SHOWER** – reduces inflammation while continuing to improve circulation, lower stress levels, and diminish muscle soreness and fatigue
- **15-MINUTE WARM BATH** – includes therapeutic aromatherapy and mineral elements aligned with your journey
- **1-MINUTE COOL SHOWER** – balances your body temperature
- **30-MINUTE TEA SERVICE** – a mindful ritual designed to complete your spa journey

AVAILABLE IN COUPLES SUITES

3 HOURS | \$495



SKIN CARE

ARCTIC BERRY ILLUMINATING FACIAL

60 MINUTES, \$185

Utilizing potent and rare berries from the Arctic, this results-oriented facial layers three uniquely formulated products that work harmoniously as an advanced resurfacing treatment. This facial targets fine lines and uneven skin to reveal a new level of luminosity to your skin. The Arctic Berries deeply exfoliate and combine with botanical peptides to instantly deliver glowing and youthful skin. This facial is suitable for all skin types.

STRAWBERRY RHUBARB HYDRATING FACIAL

60 MINUTES, \$175

Refresh dry and sensitive skin with natural and organic ingredients. Enhance your natural glow with ultra-hydrating Botanical Hyaluronic Acid Complex and gentle exfoliation that leaves the skin hydrated and refreshed.

CUSTOM FACIAL

60 MINUTES, \$175

Relax and uncover a glowing complexion with this luxurious facial. Deeply cleanses and exfoliates with skin-brightening stone crop while also gently removing toxins and impurities. A relaxing facial massage and natural ingredients will leave you with a revitalized and dewy complexion.

ADVANCED ACNE FACIAL

60 MINUTES, \$175

Target problem skin naturally with this botanical-rich facial that is ideal for congested pores, excess oil, and uneven skin. Packed full of organic ingredients, this time-released encapsulated salicylic acid deeply penetrates pores to dissolve buildup, minimizing future breakouts.



FACIAL ENHANCEMENTS

All facial enhancements are scheduled with a facial and do not add additional time to the service. These are not offered as stand-alone treatments.

DERMAFLASH \$30

DERMAFLASH removes the oldest layer of dead skin cells, built-up debris, and peach fuzz, instantly revealing smooth, radiant, camera-ready skin. It not only removes hair, it can also boost the effectiveness of skincare products. Excellent remedy for dull, lackluster appearance. Not recommended with: sunburn, some medication and/or product use, Retinol/A users, recent waxing, skin tags, raised skin conditions, or open acne sores.

LED LIGHT THERAPY \$30

LED Light Therapy can aid in restoring skin's healthy appearance. Celluma LED Light Therapy stimulates the creation of cell energy, encouraging tissue repair and regeneration, reducing inflammation, and enhancing cell performance, all of which contribute to increased production of collagen and elastin, softening of fine lines and wrinkles, improved skin tone, texture, and clarity, and reduction of acne bacteria. Excellent for all skin types.



KNESKO FULL FACE MASK \$45

Knesko Masks are crafted to act as a one-way delivery system to maximize the infusion of doctor-formulated ingredients and enhance treatment results. This innovative skincare line harnesses ancient and modern products and technologies to provide transformational results. The serum's active ingredients revitalize, brighten, and hydrate your skin while the precious gemstones and minerals nourish your mind and spirit leaving you relaxed, rejuvenated, and rebalanced.

SUGGESTIONS TO ENHANCE YOUR SPA EXPERIENCE

We recommend scheduling your spa appointments prior to visiting the hotel for the greatest availability of services and appointment times. Our spa services are guaranteed with a credit card or hotel confirmation number.

The Spa at Chaco schedules both male and female providers for all services. Alternatively, please confirm with us when booking your reservation if you have a request.

Guests aged 18 and older are welcome at the Spa at Chaco. Please enter the lobby at Hotel Chaco and check in with the Hotel Front Desk to be escorted to the spa.

We invite you to check in to the spa at least 30 minutes prior to your first scheduled service in order to relax and enjoy the amenities before your treatment(s) start. Arriving late will deprive you of precious treatment time; your appointment will end as originally scheduled in order not to delay the next guest. Please shower prior to any spa service.

A robe and spa shoes are provided for use during your visit. For your comfort, undergarments may be worn during treatments. However, our therapists are highly skilled in correct draping techniques to ensure complete comfort at all times.

Because your spa services are reserved for you, we ask that you notify us 24 hours in advance should you need to cancel or change a scheduled appointment. 50% of the value of your

service will be charged for cancellations and changes with less than 24 hour notice. Group reservations may require a contractual agreement.

Please inform us of any special needs that require extra attention. Health experts recommend one heat treatment per day. If you are pregnant or have any medical conditions, certain services are not recommended. Alcohol is not recommended before, during, or immediately following spa services.

Please turn off cellular phones while at the spa. Smoking is not permitted.

Please remove jewelry prior to visiting the spa. The spa is not responsible for any lost items.

For your convenience, a suggested 20% gratuity will be added to all spa services. Gratuity amount may be modified at your discretion.

Prices and services are subject to change without notice.

The spa treatments, services and/or facilities received or utilized at Spa at Chaco are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Spa at Chaco, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.



LIKE
NO
OTHER



SPA

AT CHACO

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