

Daybreak Health Named Statewide Partner in California - Expands No-Cost to the District Model for K-12 Mental Health Care & Joins CYBHI Fee Schedule

San Francisco, CA – September 02, 2025 – Daybreak Health, now confirmed as the **largest** statewide affiliated partner in California's Children and Youth Behavioral Health Initiative (CYBHI) Fee Schedule, today announced its designation—further cementing its role as the pioneering leader in school-based mental health solutions. CYBHI is a \$4.7B state initiative launched in 2021 to expand behavioral health access for children and youth. **This groundbreaking partnership pairs Daybreak's innovative No-Cost to the district model with the CYBHI framework, ensuring comprehensive teletherapy services for K-12 students at no cost to districts and zero out-of-pocket expenses for families—truly revolutionizing access to mental health care across the Golden State.**

In a bold move to address the youth mental health crisis, Daybreak Health is eliminating financial hurdles that have long hindered equitable care. Through the CYBHI Fee Schedule, which reimburses school-linked behavioral health services via Medi-Cal and other payers with no copays, coinsurance, or deductibles for students 25 and under, Daybreak delivers personalized direct care to students, evidence-based teletherapy through schools. **The No-Cost to the district model enables districts to access powerful tools and supports:**

- Family and Individual Teletherapy, ages 5-19
- Staff dashboard with real-time insights
- Universal screening tools
- Professional learning webinars
- MTSS-aligned interventions supported
- Daybreak manages all insurance billing

"Daybreak Health is proud to lead the charge in California, where we're not just providing mental health support; we're dismantling the financial barriers that prevent students from getting the care they deserve," said Alex Alvarado, CEO of Daybreak Health. "By integrating our no-cost to the district approach with the CYBHI Fee Schedule, we're empowering every district to offer high-quality, teletherapy to families,



*fostering healthier communities and brighter futures. **This is innovation in action**—making mental health accessible, immediate, and stigma-free."*

"Daybreak has helped my son more than we could have imagined, and we're truly grateful. For the first time, he actually looks forward to his therapy sessions—something we've never experienced with any other therapist." — Parent of a Daybreak patient

With proven outcomes in over 160 districts nationwide—including partnerships with more than 100 districts in California and beyond—Daybreak Health stands out as the unrivaled leader in school-based mental health. 80% of school staff report noticeable improvements in student attendance, grades, and behavior, while 92% of families share that they've seen positive changes at home. The company's clinician network provides individual and family sessions Monday through Saturday, from 8:00 a.m. to 8:00 p.m., ensuring students receive timely support without disrupting education. Districts can sign a straightforward MOU to launch services, gaining instant referrals, direct clinician communication, and data-driven insights—all at no budget impact.

This affiliation aligns seamlessly with California's Master Plan for Kids' Mental Health, supplementing existing funds and expanding access for underserved students. School districts interested in partnering with Daybreak Health can visit

www.daybreakhealth.com or contact partnerships@daybreakhealth.com to get started.

About Daybreak Health

Daybreak Health is the leading provider of school-based mental health services, partnering with districts to deliver personalized teletherapy covered by insurance. With a mission to ensure every student has access to the care they need, Daybreak supports over 1 million students across multiple states through innovative, no-cost to the district models that prioritize equity, outcomes, and ease of implementation. For more information, visit www.daybreakhealth.com.

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