



# Life-Changing HEALTH & WELLNESS EVENT

WATERFRONT | ELEVATED | UNFORGETTABLE

PRESENTED BY  
Missy Anzivino & Expert F45 Trainers

SATURDAY  
04 | 18 | 26  
9AM - 12PM

Spring @ **The Perry Hotel**  
Fitness Naples 

We're thrilled to invite you to an **exclusive F45 Life-Changing Health & Wellness Event** led by **Instructor Missy Anzivino**, in partnership with **F45 Fitness**, set against the breathtaking **waterfront backdrop of The Perry Hotel Naples**—Naples' newest luxury boutique hotel.

This high-energy morning is designed exclusively for the Naples and F45 community, bringing together elite training, elevated wellness, and the powerful connection that defines F45—reimagined in a luxury waterfront setting in sunny Florida.

## TICKETS & DETAILS

\$45 PER TICKET | THE PERRY HOTEL NAPLES WATERFRONT

THE CLASSES ALONE ARE A \$45 VALUE PER PERSON, PER CLASS.

- Live fitness sessions with elite F45 trainers
- Three curated wellness segments with a variety of F45 trainers and your local Naples instructor Missy Anzivino
  - **45 Full-Body HIIT Class (45 minutes)**
  - **Mat Pilates (45 minutes)**
  - **Stretch & Recover Session (30 minutes)**

## BONUS FEATURES

- Community connection & high-energy movement
- A stunning waterfront setting designed to reset mind and body
- 25+ wellness vendors featuring artisan treats, cold plunges, fresh juices, and interactive experiences
- Swag bags & raffle prizes

MAKE IT MORE THAN A *Workout*,  
MAKE IT A *Weekend* AT THE PERRY.

EXCLUSIVE F45 PREFERRED ROOM RATES

\$199 / NIGHT + TAXES

Valid for stays **APRIL 17-19, 2026**  
and resort fees are waived.

SCAN THE QR CODE FOR BOOKING OPTIONS >



OVER  
**25 VENDORS ONSITE!**

Availability is limited—early reservations are strongly encouraged.  
**RESERVE ONLINE OR BY CALLING AT (239) 423-9000.**