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# GENIEMD SUICIDE PREVENTION PROTOCOL

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GENIEMD



## GENIEMD SUICIDE PREVENTION PROTOCOL:

If a patient expresses suicidal thoughts on the phone, follow these steps:

### 1. Assess Immediate Safety

- Ask directly: “Are you thinking about suicide?”
- Assess risk: Ask if they have a plan, means, or intent.
- Determine urgency: Is there immediate danger?

### 2. Stay Connected

- Listen calmly and without judgment.
- Do not hang up if the patient is at high risk.

### 3. Keep the Patient Safe

- Ask about access to lethal means (firearms, medications, etc.).
- Encourage removal or securing of dangerous items.
- Involve a trusted person if possible.

### 4. Activate Emergency Support (if necessary)

- **If immediate risk:**
- **Call 911** (or local emergency services) while staying on the line.
- Provide the patient’s location and details.
- If not immediate risk:
- Encourage contact with a trusted support person.
- **Provide the 988 Suicide & Crisis Lifeline (call or text 988, 24/7).**

### 5. Develop a Safety Plan

- Identify warning signs and coping strategies.
- List people and resources the patient can contact.
- Share crisis line numbers and local resources.

### 6. Connect to Ongoing Support

- Arrange urgent follow-up with mental health professionals.
- Involve family/support persons (with consent).
- Provide resource information (988 Lifeline, local crisis lines).