



TRADITIONS

• RESTAURANT & BAKERY •



Sarah's Mac & Cheese Sandwich



Grilled Rachel

Pennsylvania Dutch

COOKING & BAKING

at its
FINEST!



Roast Turkey

Sandwiches & Wraps

Served 11 a.m. to Close



Grilled Reuben

Wraps

Served with your choice of Pa Dutch side.

Philly Cheesesteak Wrap

Our Philly sirloin with mayonnaise, onions, green peppers, and your choice of cheese in a soft wrap toasted and garnished with lettuce and tomato. 16.99

Caesar Wrap

A flour tortilla with grilled chicken, french fries, romaine lettuce, and Provolone cheese with a creamy Caesar dressing 14.99

Club Sandwiches

Served on 3 slices of our fresh baked bread with your choice of Pa Dutch side.

BLT Club

Served with bacon, lettuce, tomato, and mayonnaise on 3 slices of our fresh baked bread. 11.99

Ham or Turkey Club

Served with ham or turkey, bacon, lettuce, tomato, and mayonnaise on 3 slices of our fresh baked bread. 14.99

Hot Sandwiches

Served on our fresh baked bread with your choice of side

Grilled Rachel

Grilled rye bread with turkey, coleslaw, melted Swiss cheese and Thousand Island dressing. 14.99

Grilled Reuben

Grilled rye bread with corned beef, sauerkraut, melted Swiss cheese, and Thousand Island dressing. 14.99

Philly Cheese Steak

1/2 lb. of steak served with fried onions and your choice of Cheddar, Cheese Wiz, Pepper Jack, American, Swiss, or Provolone cheese. 16.99

Grilled Chicken Breast Sandwich

Topped with melted American cheese, lettuce, tomato and onions. 12.99

Haddock Filet

Hand battered and fried or broiled fresh caught wild haddock served with lettuce, tomato and tartar sauce Market Price

Chicken Philly

12 oz juicy grilled chicken breast with onions, green peppers and Provolone cheese. 16.99

Hot Open-Face Sandwiches

Served on our fresh baked bread and your choice of Pa Dutch side.

Open Face Roast Turkey Sandwich

Real roasted turkey topped with gravy. 13.99

Mom's Open Face Meatloaf Sandwich

Our meatloaf made right here topped with gravy. 14.99

Open Face Roast Beef Sandwich

Sliced roast beef topped with gravy 14.99



Open Face Turkey

Lunch Features

& Burgers

Served 11 a.m. to Close



Friday - Battered Haddock Filet

Lunch Features

Available Monday through Friday
from 11 a.m. to close



Monday - Roast Turkey

Real Roast Turkey open-face sandwich served with
your choice of two sides 14.99



Tuesday - Mom's Meatloaf

Mom's meatloaf open face sandwich served
your choice of two sides 15.99



Wednesday - Chicken & Waffle

Chicken & Waffle served with a fresh homemade
waffle, topped with boneless chicken, gravy, and
your choice of side 16.99



Thursday - Sloppy Joe

Our special blend of seasoned beef served
with your choice of two sides. 14.99



Friday - Haddock Sandwich

Hand battered and fried or broiled fresh
caught wild haddock served with lettuce, tomato, and
tartar sauce and your choice of two sides. Market Price

Burgers

Garnished with lettuce, tomato, and pickle.
Served in our fresh baked rolls with
your choice of side



Traditions Burger*

Open wide. Served with your choice of American, Swiss,
Cheddar, Provolone, or Pepper Jack cheese. 13.99

Mushroom Swiss Burger*

Swiss cheese is the perfect compliment to sauteed
mushrooms atop this hearty burger. 14.99

Bacon Cheeseburger*

Our smoked bacon and your choice
of American, Swiss, Cheddar,
Provolone, or Pepper Jack cheese. 16.99

Pot Roast Burger

Tender beef pot roast with onion, Swiss
cheese and horseradish sauce. 15.99

Pot Roast Burger

Rodeo Burger*

Juicy burger topped with onion rings,
cheddar cheese drizzled with BBQ sauce 14.99

* Items may be cooked to order.
Consuming raw or under cooked meats,
poultry, seafood, shellfish, or eggs may
increase your risk of food borne illness.



An Inhouse Specialty

Lunch Features & Burgers



Soups & Salads

Made Fresh to Order Served 11 a.m. to Close

Served with our Fresh Baked Bread

Chicken Garden Salad

Grilled chicken strips on a bed of greens, hard-boiled egg, cheddar jack cheese, tomatoes, cucumbers, sunflower seeds, and your choice of dressing. 17.99^{GF} Smaller portion 13.99

Steak Salad*

Tender juicy beef tips prepared to your liking, with French fries on a bed of greens, cheese, hard boiled eggs, tomatoes, cucumbers, and your choice of dressing. 21.99 Smaller portion 17.99

Caesar Salad

A bed of fresh romaine lettuce topped with shredded Parmesan cheese, croutons and Caesar dressing. 9.99

With chicken 14.99

BBQ Chicken Salad

Grilled chicken breast, French fries, cucumbers, tomatoes, hard boiled egg, onions, and green peppers on a bed of garden greens, sprinkled with cheddar jack cheese and drizzled with a tangy BBQ sauce. 18.99 Smaller portion 14.99

Cranberry-Apple Salad

Cranberries, celery, diced apples and walnuts are served over a bed of garden greens with Raspberry Vinaigrette dressing. 14.99^{GF} Smaller portion 11.99

Soup Combos

Sandwiches served on our toasted fresh baked bread.

Cup & Half Sandwich

Cup of soup and half a sandwich with Dutch ham or sliced turkey on your choice of bread and with your choice of fixings 9.99

Soup & Salad

Bowl of soup and a side salad, with cucumbers, tomatoes, croutons, cheese, and your choice of dressing 9.99^{GF}



Steak Salad

Soups & Salads

Soup of the day Features

Cup 3.99 Bowl 5.49

Available Everyday

- Ham & Bean^{GF}
- Chicken Corn Rivel

Wednesday - Creamy Potato

Thursday - Beef Vegetable^{GF}

Friday - Clam Chowder & Traditions' Crab Bisque

Cup 4.49 Bowl 7.49

Saturday - Italian Wedding

**Ask Your Server About
New Daily Soups!**
Take home a pint or quart of soup

Pint 8.99 Quart 15.99




Chicken Corn Rivel

Ham and Bean Soup

Salad Dressings

Traditions House Dressing (Homemade Ranch), Italian, Oil & Vinegar, Caesar, Honey Mustard, Raspberry Vinaigrette, French, Thousand Island, Bleu Cheese, Lite Italian.

Items may be cooked to order. Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

 An In-house Specialty
^{GF} Can be Prepared Gluten Free

Dinner

Served 11 a.m. to Close

Honey Glazed Ham Balls

Pennsylvania Dutch Favorites!

Entrées served with two PA Dutch sides and a bottomless basket of fresh baked bread
Add a side salad to your entrée for 4.99



Mom's Meatloaf

Generations later we're still serving this traditional favorite. 16.99



Honey-glazed Ham Balls

Two large glazed ham balls made with special ingredients and baked in our sweet sauce. 16.99

PA Dutch Cordon Bleu

Two chicken breasts with Dutch ham, Swiss cheese, and gravy 24.99 Smaller portion, single breast 19.99^{GF}



Ham Pot Pie*

Thick homemade pot pie noodles, potatoes, and ham served in our savory broth 16.99 Smaller portion 12.99

* Doesn't include PA Dutch sides.



Try our Juicy... USDA Choice Steaks

Aged a minimum of 30 days!

The Martinsburg Sirloin*

A Traditions Exclusive

10 oz. sirloin perfectly prepared with special seasonings and served on a bed of grilled onions and mushrooms. 29.99^{GF}

Sirloin Steak*

6 oz sirloin steak prepared to your liking with our special seasoning 21.99^{GF}

Ham Pot Pie

Mom's Meatloaf

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An Inhouse Specialty

^{GF} Can be Prepared Gluten Free

Dinner

Served 11 a.m. to Close



Roast Turkey

Entrées served with two PA Dutch sides and a bottomless basket of fresh baked bread
Add a side salad to your entrée for 4.99



Roast Turkey

Farm-fresh turkey roasted in our kitchen and served with filling and gravy. 17.99

Crispy Chicken Tenders

Chicken tenderloins hand breaded in house fried golden and served with your choice of sauce. 17.99

Grilled Chicken Breasts

Two large boneless chicken breasts grilled to perfection. 19.99^{GR} Smaller portion, single breast 14.99^{GR}

Steak Tips

Tender juicy beef tips prepared to your liking served on a bed of mushrooms and onions 21.99^{GR}



Sliced Roast Beef

Tender beef slices served with our homemade filling and gravy. 19.99

Tender Beef Liver

Beef liver smothered in sautéed onions and topped with gravy. 16.99^{GR}

Grilled Ham Steak

Real fresh bone-in ham steak served with our filling and gravy. 17.99



Dinner

Sides

Apple Sauce
Bread Filling with Gravy
Bread Pudding
Broccoli
Buttered Dutch Noodles

Vegetable of the Day
Carrots
Cole Slaw
Cup of Soup
French Fries

Macaroni & Cheese
Mashed Potatoes & Gravy
Onion Rings
Seasoned Curly Fries
Sweet Potato Fries .50
Side Salad 4.99

Stewed Tomatoes
*Baked Potato with butter or sour cream
**Baked Sweet Potato* with brown sugar & butter
Add an additional side 3.99

(*Available from 4 PM until closing.)

(**Available Thursday-Friday-Saturday only)

Appetizers

Served 11 a.m. to Close



Fried Fresh Zucchini

Pierogies

Pan fried in butter and onions, garnished with sour cream. 8.99
Load them up with cheese and bacon! 10.99

Crispy Chicken Tenders

Lightly-breaded tenders served with a side of fries
and your choice of sauce. 11.99

Mozzarella Cheese Bites

Mozzarella cheese bites fried to a golden brown
served with marinara sauce 9.99

Traditions Appetizer Platter

Something for everybody! Potato wedges, crispy chicken tenders,
cheese bites, and onion rings served with your choice of sauce. 16.99

Bacon & Cheese Potato Wedges

With your choice of sauce. 9.99^{GF}



Fried Fresh Mushrooms

Lightly hand battered, fried golden
and served with Ranch dip. 9.99

Sweet Potato Fries

Sweet potato fries seasoned
with cinnamon chipotle seasoning 6.99



Fried Fresh Zucchini

Fresh zucchini lightly breaded and
sprinkled with Parmesan cheese. 9.99

Boneless Chicken Bites

Gluten free breaded boneless chicken pieces
fried golden with your choice
of BBQ, garlic, or buffalo sauce. 9.99^{GF}

Fresh Fried Mushrooms



Pennsylvania Dutch DESSERTS

Made Fresh In-House!



Whoopie Pies



Whoopie Pies

Chocolate, Peanut Butter, Banana Oatmeal, Pumpkin, and Whoopie pie of the Month. 2.99



Coconut Cream Pie

Baked fresh in-house. Slice 4.99

See back cover for more pie selections.



Coconut Cream



Cakes

German Chocolate, Carrot, and Chocolate w/ peanut butter icing.
5.99 per slice. Add ice cream for 1.99
Seasonal flavors, ask your server what's new!



Choc/Peanut Butter Mousse Cheesecake 6.99

TRADITIONS
Pennsylvania Dutch
RESTAURANT & BAKERY

Seafood & Pasta

Served 11 a.m. to Close

Entrées served with two PA Dutch sides and a bottomless basket of fresh baked bread
Add a side salad to your entrée for 4.99

Steak and Shrimp*

6 oz. sirloin steak perfectly prepared with special seasoning and 7 large Gulf shrimp sautéed with garlic butter or breaded fantail shrimp 32.99^{GF}

Salmon Fillet

Salmon fillet sautéed to perfection with our garlic butter and lemon pepper seasoning 25.99^{GF}

Shrimp Entree

Your choice...14 large Gulf shrimp sautéed in our garlic butter or breaded fantail shrimp 26.99^{GF} Smaller portion 7 shrimp 17.99^{GF}



Broiled Haddock Fillet

Seafood Feature

Served with two PA Dutch sides and a bottomless basket of fresh baked bread

Fresh Haddock

Fresh wild caught, hand-battered or broiled haddock fillet Market Price^{GF}

Pasta entrées served with our fresh baked warm garlic bread and a side salad

Stuffed Shells

Large pasta shells filled with a blend of cheese and herbs topped with tomato sauce and Parmesan cheese. 18.99



Steak & Shrimp




Chicken Parmesan

Pasta Feature

Chicken Parmesan

Lightly hand breaded chicken breast fried golden and topped with tomato sauce, and Provolone cheese 23.99 Smaller portion, single breast 16.99

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 An In-house Specialty
^{GF} Can be Prepared Gluten Free

Seafood & Pasta

Pennsylvania Dutch DESSERTS

Made Fresh In-House!



Shoofly Pie




Courtin' Buggy

 **Pies or Cakes by the slice or take home a whole one.**

Apple, Blueberry, Cherry, Coconut Cream, Lemon Meringue, Pecan, and Shoofly 4.99
German Chocolate, Carrot, and Chocolate w/ peanut butter icing. 5.99
Chocolate Peanut Butter Mousse Cheesecake 6.99

Ask your server about our **Gluten Free** desserts,
or our **Pie, Cheesecake or Cake of the Month!**

Desserts

 **Courtin' Buggy**

Apple dumpling served warm with two scoops of vanilla ice cream covered with caramel sauce 9.99

Hot Fudge Sundae

Vanilla ice cream topped with hot fudge, whipped cream, and a cherry. 5.99

Ice Cream

We serve Ritchey's products!
Vanilla, Chocolate Butter Fudge.

Dish

Single 1.99 Double 2.99



German Chocolate Cake

Traditions Beverages

Tradition's Exclusive Blend!

 **~Roasted Locally~**
Fresh Ground Coffee 3.49

Tradition's Specialty Coffees!

Latte [12]oz 4.00 [16]oz 5.50

Cappuccino 4.00

Mocha [12]oz 4.00 [16]oz 5.50

Americano 2.50

Redeye 3.00

Espresso 2.00

Flavors

Vanilla

Caramel

Ask about other flavors
and the flavor
of the month

Juices

Apple, Cranberry, Grape, Orange,
or Tomato 3.49 Large Juice 4.49

Milk Whole or Chocolate 3.49

Hot Chocolate 3.49

Iced Tea & Sweet Tea 3.49

Hot Tea 3.49

Assorted Herbal Tea 3.49

Soda

Pepsi, Diet Pepsi, Dr Pepper,
Pepsi Zero, Starry, Mountain Dew,
Lemonade, Raspberry Iced Tea 3.49
Free refills on iced tea and soda



Torani
THE ORIGINAL ITALIAN SYRUP

We serve Torani flavored drinks!
Ask your server about flavors 4.19

We gladly accept cash, American Express, Discover, MasterCard and Visa. We do not accept checks.

Desserts