



Week 4  
John 13:4-17, 34-35

General:

- When you think of “love,” what are your expectations? How do those expectations change when you’re the one called to love sacrificially?
- Why is it so easy to reduce love to just a feeling? What’s the danger in doing that?
- If Jesus acted out of love rather than feeling, how does that challenge the way we love others; especially when it’s inconvenient?
- Re-read John 13:34-35. What makes Jesus’ command to “love one another as I have loved you” new or different from what the disciples were used to?
- According to Jesus, people will know we’re His disciples by how we love each other (verse 35). What do you think you are known for? What would someone learn about Jesus by watching how you love others?
- Read John 13:1-5. What does it say about Jesus that, knowing the Father had put all things under His power, He still chose to wash feet? What does “washing feet” look like in your context (family, workplace, school, church, etc.)?
- Jesus washed Judas’s feet even knowing he would betray Him. What does that teach you about the kind of love Jesus calls us to?
- Peter resisted letting Jesus wash his feet. Why do you think we struggle to let Jesus serve us? In what ways do you still struggle to receive His love before offering it to others?
- Who’s waiting for you to pick up a towel this week?

Take Home 1: The genuine "Good Life" begins the moment self takes a back seat

- Whose feet do you refuse to wash? What's one small step you can take this week to reflect Jesus' love to them?
- Where in your life is God calling you to love quietly—where no one sees or applauds?
- What does it look like to choose humility when everything in you wants to be right, be noticed, or be served?
- Who's one person God might be nudging you to serve this week—even if it's inconvenient or messy?

Take Home 2: The genuine "Good Life" becomes a blessed life when His love overflows through us (1 John 4:19)

- What's one area of your life where you tend to withhold love until someone earns it?
- How does the love of Christ compel or control the way you treat people—especially those who are hard to love?
- Where is God inviting you to let His love overflow this week, even if you don't "feel" it in the moment?

Take Home 3: The genuine "Good Life" is only possible when we depend fully on His power (Phil. 2:13)

- Do you ever try to love others in your own strength? How does that usually go?
- What would it look like to ask God for strength before you step into a difficult or draining conversation this week?
- Is there an area in your life where you're striving instead of depending? How might surrendering to God's power change that?