

# Dr. Charles Lowery

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## General:

- In Gen. 2:18, God says: "It is not good for man to be alone." In what ways do you see the importance of healthy relationships in your own life?
- Where do you tend to isolate instead of connect?
- Dr. Lowery stated, "If you're not happy in relationships, you're not happy." Do you agree or disagree with this statement? Why?
- How much do your relationships influence your overall emotional or spiritual health?
- Why do you think so many relationships today struggle to last or stay healthy?
- Dr. Lowery said, "Opposites attract from a distance; opposites attack from up close." How can differences become strengths instead of conflicts?
- How have personality styles or family backgrounds shaped the way you communicate or handle conflict?
- What does respectful or honoring behavior look like in everyday relationships? (Not just marriage, but friendships, coworkers, or family?)
- What makes you feel most valued or understood in a relationship? (Encouragement? Listening? Quality time? Something else?)
- How well do you recognize and respond to the emotional needs of the people closest to you?
- Re-read 1 Pe. 3:7-9. What would it look like to treat every close relationship with more patience, empathy, and humility this week?
- How does this statement impact you: "Everything I do is a witness for Jesus Christ"? In what area of your relationships could your actions more clearly reflect Christ?
- What is one insight from this message that you can apply to a current relationship this week?