

GYM CLASS

SCHEDULE

MON

12:30 pm | Home School Kids Class- GI
5:00 pm | Kids Class - GI
6:15 pm | Adult Class - GI
7:30 pm | Adult Class - No GI

TUE

7:00 am | Adult Class - GI
5:00 pm | Advanced Kids Class - No GI
6:15 pm | Adult Class - GI
7:30 pm | Adult Class - No GI

WED

12:30 pm | Home School (Kids) - GI
5:00 pm | Kids Class - GI

THU

7:00 am | Adult Class - GI
5:00 pm | Advanced Kids Class - No GI
6:15 pm | Adult Class - GI
7:30 pm | Adult Class - No GI

FRI

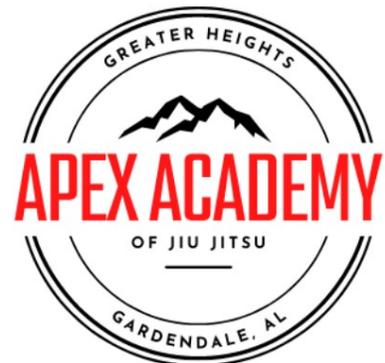
6:15 pm | Adult Class - GI
+ Disco Roll

SAT

CLOSED

SUN

2:00 pm | Wrestling
3:00 pm | Open Mat



**Call or Text
205.706.5853**