

# EGG PRESERVATION

## — STEP BY STEP



### What is it?

Egg freezing (oocyte cryopreservation) is a fertility preservation process in which eggs are retrieved from the ovaries and frozen unfertilized for future use.

### Who is it for?

Egg freezing may be appropriate for:

- Individuals wishing to preserve fertility for future family-building
- Patients facing medical treatments that may affect fertility
- Patients not ready to conceive now but wanting future reproductive options
- Individuals with diminished ovarian reserve concerns
- Transgender patients pursuing fertility preservation

### Typical Timeline

- Initial consultation and fertility evaluation
- Ovarian stimulation with injectable medications for 8–14 days
- Frequent monitoring visits
- Egg retrieval procedure under sedation
- Egg freezing and storage

A typical cycle lasts approximately 2–4 weeks though scheduling may affect the overall timeline.

### Monitoring Expectations

Monitoring usually includes:

- Baseline ultrasound and bloodwork
- Frequent ultrasounds during stimulation
- Hormone blood tests
- Medication adjustments
- Egg retrieval scheduling

Patients typically attend several monitoring appointments during the stimulation phase.

### Recovery

- Most patients recover within several days following egg retrieval

### Cost Structure Basics

Costs may include:


- Consultation and fertility testing

- Injectable medications
- Ultrasound and laboratory monitoring
- Egg retrieval procedure
- Anesthesia services
- Egg freezing laboratory fees
- Storage fees

**Costs vary based on medication requirements, monitoring needs, storage duration, and insurance coverage.**

**Please note:** Treatment plans, timelines, monitoring, medications, and costs vary by patient. Your provider will recommend the approach most appropriate for your individual situation.

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