

## What is it?

Intrauterine insemination (IUI) is a fertility treatment in which prepared sperm is placed directly into the uterus around the time of ovulation to increase the chance of fertilization.

## Who is it for?

IUI may be recommended for:

- Mild male factor infertility
- Unexplained infertility
- Ovulatory disorders
- Same-sex female couples
- Single parents by choice using donor sperm
- Patients using donor sperm
- Patients who need assistance timing conception

## Typical Timeline

- Baseline ultrasound and/or bloodwork at the start of the cycle
- Oral or injectable fertility medications may be used
- Monitoring visits throughout the cycle
- Trigger injection may be used to time ovulation
- IUI procedure scheduled around ovulation
- Pregnancy test approximately 2 weeks later

A typical IUI treatment cycle occurs over the course of one menstrual cycle (approximately 2-4 weeks for most patients)

## Monitoring Expectations

- Ultrasounds to monitor follicle growth
- Bloodwork to measure hormone levels
- Medication instructions
- Ovulation timing guidance

Most patients have 1-4 monitoring visits per cycle.

## Recovery

The IUI procedure is brief and typically well tolerated. Most patients return to normal activities immediately afterward. Mild cramping or spotting may occur.

## Cost Structure Basics

**Costs may include:**

- Ultrasound and laboratory monitoring
- Fertility medications (if prescribed)
- Trigger injection (if prescribed)
- Sperm preparation (sperm wash)
- Donor sperm (if applicable)
- Intrauterine insemination procedure

**Costs vary depending on medication requirements, monitoring frequency, donor sperm utilization, and insurance coverage.**

***Please note:*** Treatment plans, timelines, monitoring, medications, and costs vary by patient. Your provider will recommend the approach most appropriate for your individual situation.

Contact Wellnest Fertility: 801.406.3819

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