

What is it?

Intrauterine insemination (IUI) is a fertility treatment in which prepared sperm is placed directly into the uterus around the time of ovulation to increase the chance of fertilization.

Who is it for?

IUI may be recommended for:

- Mild male factor infertility
- Unexplained infertility
- Ovulatory disorders
- Same-sex female couples
- Single parents by choice using donor sperm
- Patients using donor sperm
- Patients who need assistance timing conception

Typical Timeline

- Baseline ultrasound and/or bloodwork at the start of the cycle
- Oral or injectable fertility medications may be used
- Monitoring visits throughout the cycle
- Trigger injection may be used to time ovulation
- IUI procedure scheduled around ovulation
- Pregnancy test approximately 2 weeks later

A typical IUI treatment cycle occurs over the course of one menstrual cycle (approximately 2-4 weeks for most patients)

Monitoring Expectations

- Ultrasounds to monitor follicle growth
- Bloodwork to measure hormone levels
- Medication instructions
- Ovulation timing guidance

Most patients have 1—4 monitoring visits per cycle.

Recovery

The IUI procedure is brief and typically well tolerated. Most patients return to normal activities immediately afterward. Mild cramping or spotting may occur.

Cost Structure Basics

Costs may include:

- Ultrasound and laboratory monitoring
- Fertility medications (if prescribed)
- Trigger injection (if prescribed)
- Sperm preparation (sperm wash)
- Donor sperm (if applicable)
- Intrauterine insemination procedure

Costs vary depending on medication requirements, monitoring frequency, donor sperm utilization, and insurance coverage.

Please note: Treatment plans, timelines, monitoring, medications, and costs vary by patient. Your provider will recommend the approach most appropriate for your individual situation.

Contact Wellnest Fertility: 801.406.3819

🌐 Fertility Clinic in Ogden, Utah | Wellnest Fertility