

Integrative Neuromovement Program

A Holistic Approach to Child Development Through Body-Mind Connection
Unlocking the Brain Through Movement

Our Neuromovement Program complements ABA,

by focusing on the body-brain connection, helping children overcome developmental challenges by addressing underlying neurological patterns, including retained reflexes and motor integration delays. This program is designed for families seeking a gentle, whole-body approach to support their child's brain and nervous system — enhancing emotional regulation, learning, and motor skills from the inside out. **Available to all children, no diagnosis needed!!**

Movement-only

Pricing: Sessions 45m-1 hour

- \$90 (Full support)
- \$60 (Partial support)
- \$55 (Independent-follows verbal instructions)

Full support: Student is unable to coordinate movements

Partial support: Student is able to do some movements independently, but incorrectly

- Phone/Zoom consult: \$75

Intensive-Program: 2-4 hr/day: 5 days/week for 2 weeks Pricing of an *Intensive (2026):

- 1 Session: \$400
- 2-hours/day \$800 x 5 days a week=\$4,450
 - Includes breaks for fatigue
- Initial exam: \$450

Why Combine Neuromovement with ABA?

When paired with ABA services, Neuromovement supports:

- Faster skill acquisition through improved body awareness and regulation
- Reduced behavioral challenges rooted in physical discomfort or sensory disorganization
- Better emotional resilience
- Improved engagement and learning capacity
- This integrated approach helps children function more freely and confidently — building a solid foundation for lifelong development.

NEXT STEPS

- Schedule a consult
 - Intake
- Schedule an evaluation



Body-Mind Connection

Movement is more than physical — it influences attention, communication, self-awareness, and emotional well-being. By stimulating neuroplasticity, we help the brain form new, functional connections.

Retained Reflex Identification

Retained reflexes may interfere with a child's ability to learn, self-regulate, or engage socially. We assess and address reflexes such as:

Moro
(Startle)

ATNR /
STNR

(TLR)
Tonic
Labyrinthine
Reflex

Spinal
Galant

Palmar/
Plantar
Reflexes



Using gentle, guided movement and sensory input, we work to:

- Repattern and mature the nervous system
- Address retained primitive reflexes
- Improve coordination, posture, balance, and sensory processing
- Enhance focus, behavior, and overall regulation

*Neurorehabilitation Intensives...COMING 2026



*Neurorehabilitation Intensives

Designed for children needing concentrated support for:

- Motor & Language delays
- Sensory processing challenges
- Post-injury or neurodevelopmental rehabilitation

Functional Medicine Evaluation

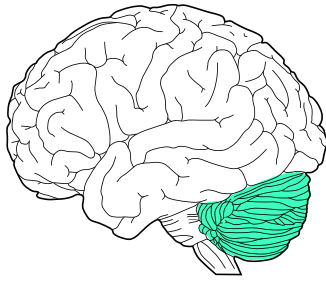
We'll introduce personalized wellness evaluations to support:

- Gut-brain health
- Inflammation reduction
- Nutrition and supplementation
- Detoxification pathways
- Underlying biochemical imbalances

Unlock their potential

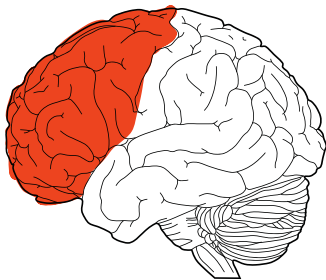
Discover What's Possible for Your Child

When connections are built



The first and most common area of the brain involved with developmental delays is the **cerebellum**. This is because it coordinates everything in the brain and body. Poor function includes:

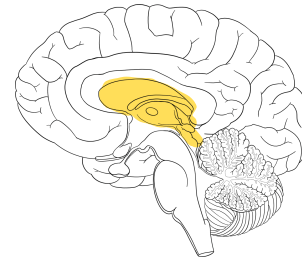
- **low tone**
- **low core stability**
- **poor posture**
- **poor eye-tracking skills**
- **wide stance gait**
- **balance**
- coordination issues with the midline cerebellum:
 - anxiety and limbic dysregulation.
- The lateral cerebellum
 - fine motor challenges, cognitive challenges, and speech delays.



The **frontal lobes** sit at the front of the brain and are the primary motor planning and activation centers. They house our cognitive centers and executive functioning skills.

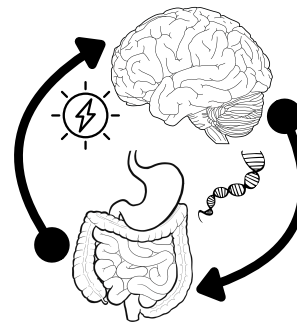
Common symptoms:

- **Attention challenges**
- **Communication difficulties**
- **Impulse control issues**
- **Bedwetting issues**
- **Intellectual ability**
- **Learning skills**
- **Nonverbal and verbal skills**



Basal Ganglia: Deep brain structure crucial for regulating motor timing, cognitive timing, and emotional regulation.

- **Motor Loops and Limbic System:** Essential for movement control and emotional responses.
- **Associative Cortex:** Involves attention, working memory, multitasking, sequential memory, and the ability to follow directions.
- **Tight, rigid muscles**
- **Spastic, uncoordinated movement**
- **Severe emotional dysregulation**
- **Obsessive-Compulsive Disorder (OCD)**
- **Tics**
- **Anxiety**



Total Brain or Energy issue:

We see that both cerebellum are struggling, and both frontal lobes are having issues. The findings result in positive results in all areas. Indicating something is affecting the entire brain.

- There are weak brain functions and low energy production. Good energy is needed for basic nutrients and mitochondrial function.

Individualized ABA Services for Children

Empowering Children through Acceptance, Choice, and Growth

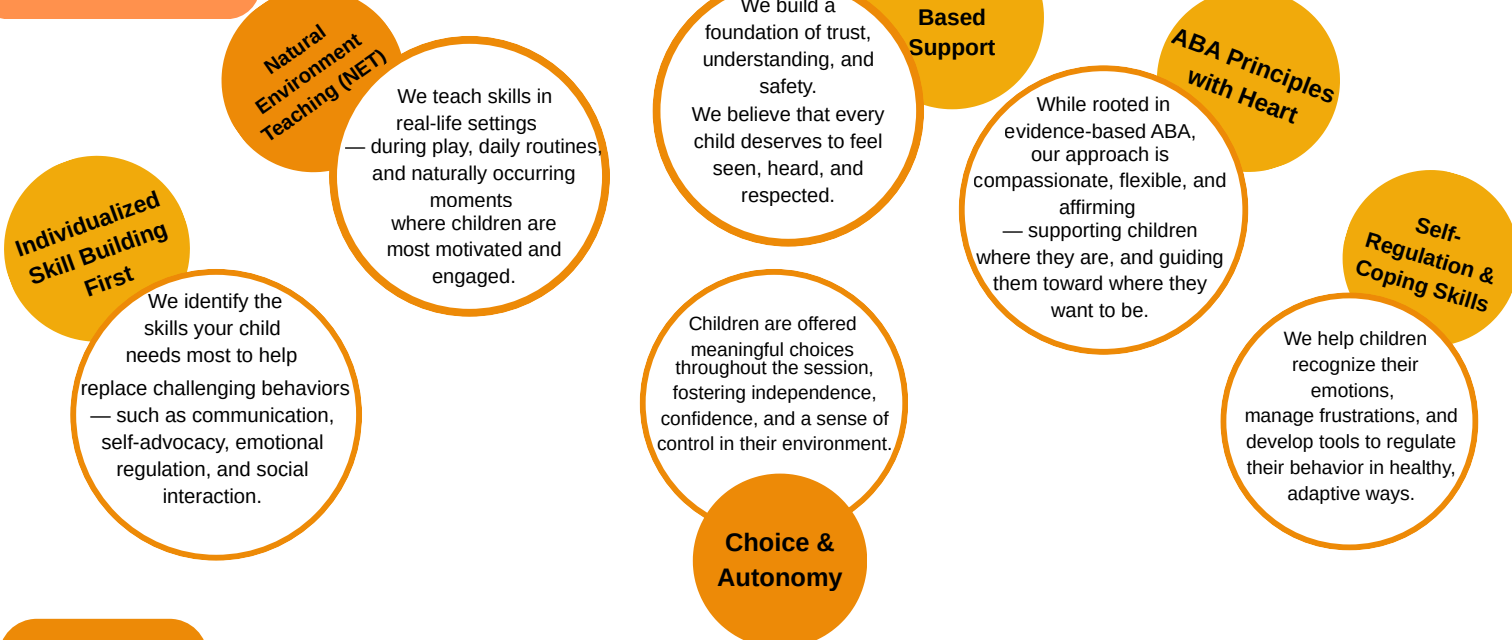


Karla Navas, BCBA, with over 10 years of experience in the field of Applied Behavior Analysis (ABA). Karla has dedicated her career to supporting children with autism through individualized, compassionate, research-driven, and evidence-based interventions. She specializes in applying the principles of ABA through Natural Environment Teaching (NET). She is passionate about creating learning opportunities that are meaningful, functional, and embedded in real-life contexts, helping children gain skills that generalize beyond the therapy setting.

WHAT WE DO

At our school, we will provide Applied Behavior Analysis (ABA) services that go beyond behavior reduction — we focus on the whole child. Every child is unique, and so are their needs, strengths, and goals. *We take insurance and private pay (schedule a consult for PP).*

OUR APPROACH:



We Work On:

- Emotional Understanding & Regulation
- Social & Play Skills
- Daily Living Skills
- Coping Strategies
- Transitions & Flexibility
- Replacing Challenging Behaviors with Meaningful Alternatives

For Parents & Caregivers:

- You're not alone on this journey.
- We collaborate closely with families & paraprofessionals to:
 - Share strategies that work at home and in the community
 - Celebrate progress and problem-solve together
 - Respect your child's individuality and your family's values

Next Steps

- Complete Intake forms
- Insurance information
 - Primary insurance provider
 - Member ID and group number
 - Insurance card (front and back)
- Diagnosis (ASD or FAS) Referral
 - Date, Provider information
- Referral

Once approved for services, we contact you to schedule an initial Assessment. Initial assessments are in person and last approximately 2 hours. Parent must be present.

PRIVATE PAY Parents: Schedule a Consult with BCBA