



## Starters & Shareables

### Daily Soup

9 | Made Fresh Daily

### French Onion Soup

10 | Swiss, Croutons, Onion

### Roasted Tomato Soup

9 | +5 Grilled Cheese | +2 Bacon

### Moza Bricks

17 | VT

House-Made Mozzarella Bricks Served With Marinara.

### Cauli Bites

19 | VT

Battered And Fried Florets Tossed In Our House-Made Sweet Sesame Ginger Sauce.

### Spare Ribs

24 | GF

Fried And Seasoned In Butter, Sea Salt And Cracked Pepper.

### Calamari

20 | DF

Dusted To Order And Fried Alongside Jalapeños Served With A Bang Bang Dip.

### Edamame

16 | GF | VT

Steamed Soy Bean Pods Tossed in Olive Oil and Kosher Salt. Side Sesame Ginger Soy Sauce.

### Wagyu Potstickers

16

Pan-Seared and Topped with Pickled Cabbage, Sesame Seeds and House-Made Sesame Ginger Soy Sauce.

### Spinach & Artichoke Dip

19 | VT | +3 Sub Naan

House-made Dip Served With Corn Chips.

## Famous Wings

Enjoy \$5 Off A Single Pound Of Wings Every Monday!

### 1 Choose Your Size

#### 1lb

19

#### 2lb

34

#### 5lb

76

### 2 Dusted or Not?

#### Dusted

Tossed In Our Seasoned Flour Breading

#### Not Dusted

Gluten Friendly | No Flour

### 3 Sauce It Up

\* Contains Gluten

#### Mild

#### Medium

#### Hot

#### Honey Garlic\*

#### Hot / Honey\*

#### Forty Creek BBQ\*

#### Buffalo Butter

#### Dry Cajun

#### Lemon Pepper

#### Salt & Pepper

#### Garlic Parm

#### 5-Alarm

### 4 Grill Finish?

A Pump Classic.

### 5 Celery & Carrots?

6 | Ranch or Blue Cheese To Dip

## Add-Ons

Perfect Accompaniments To Wings.

### Fries

9 | GF

### Garlic Parm Fries

12 | GF

### Truffle Parm Fries

12 | GF

### Sweet Potato Fries

12 | GF

### Onion Rings

12 | Forty Creek To Dip

### Authentic Poutine

13 | GF | VT | Fries, Authentic Québécois Cheese Curds, Gravy

## Salads & Bowls

+3 Avocado | +3 Falafel | +7 Chicken | +8 Shrimp | +9 Steak | +12 Salmon

### Caesar

11 Side | 16 Entree

### Greek

12 Side | 17 Entree

### Avocado Chicken

24 | GF

Grilled Chicken, Fresh Avocado, Feta, Tomato, Cucumber, Onion, Baby Spinach, Arugula, Honey Balsamic.

### Cobb

23 | GF

Grilled Chicken, Bacon, Hard-boiled Egg, Avocado, Feta, Cherry Tomato, Cucumber, Red Onion, Romaine, Ranch.

### Pear-adise Greens

22 | GF | VT

Sliced Pear and Apple, Candied Walnuts, Goat Cheese, Red Onion, Cucumber, Baby Spinach, Arugula, Poppyseed Yogurt Dressing.

### Bang Bang Bowl

26 | GF

Flaked Salmon, Chickpeas, Feta, Edamame, Cucumber, Pickled Onion Cabbage Slaw, Roasted Corn, Rice, Avo Crema, Bang Bang Sauce.

### Buddha Bowl

22 | GF | V

House-made Falafel, Sweet Potato, Chickpeas, Roasted Broccoli, Pickled Onion Cabbage Slaw, Baby Spinach, Buddha Dressing.

### Shawarma Bowl

24

Shawarma Chicken, Chickpeas, Iceberg, Tomato, Pickled Onion Cabbage Slaw, Rice, Garlic Sauce, Toasted Pita.

### Greek Chicken Bowl

24

Blackened Chicken, Feta, Tzatziki, Iceberg, Tomato, Onion, Cucumber, Rice, Toasted Pita.

### Fajita Bowl

20 | GF | VT

Sauteed Peppers and Onion, Avocado, Pico, Corn & Black Bean Salsa, Iceberg, Tex Mex Cheese, Mexican Rice, Avo Crema.

## Handhelds

Our Sandwiches Are Served On Fresh Cobs Bread And Come With Your Choice Of Fries, House Salad, Daily Soup, Coleslaw, or Roasted Potatoes. **Upgrades Below.**

### Pump Burger

20 | +1 Cheese | +2 Bacon

AAA Beef Patty, Iceberg, Onion, Pickle, Tomato, House-made Mac Sauce, Fresh Cobs Bun.

### Falafel Burger

22 | V & GF Available

House-made Falafel Patty, Pickled Onion Cabbage Slaw, Tomato, Iceberg, Buddha Dressing, Fresh Cobs Bun.

### Buffalo Wrap

22 | +3 Grilled Chicken

Fried Chicken, Buffalo Sauce, Tex Mex Cheese, Iceberg, Tomato, Red Onion, Ranch.

### Greek Chicken Pita

23

Blackened Chicken, Feta, Tzatziki, Iceberg, Tomato, Onion, Garlic Toasted Pita.

### AAA Striploin Sandwich

31

Sliced 5oz AAA Black Angus Striploin, Double Cream Brie, Pesto, Baby Arugula, Garlic Aioli, Ciabatta.

### Double Smashed Burger

23 | +2 Bacon

AAA Beef Patties, American Cheese, Iceberg, Onion, Pickle, House-made Mac Sauce, Fresh Cobs Bun.

### Club Sandwich

22

Grilled Chicken, Bacon, Smashed Avocado, Jalapeño Havarti, Tomato, Lettuce, Garlic Aioli, Ciabatta.

### Chicken Ciabatta

22

Grilled Chicken, Double Cream Brie, Bacon Onion Jam, Arugula, Ciabatta.

### Fried Chicken Sandwich

23

Crispy Chicken Breast, Sweet Sesame Ginger Sauce, Jalapeño Havarti, Pickled Onion Cabbage Slaw, Fresh Cobs Bun.

### Braised Beef Dip

29

Shredded Braised Beef, Sautéed Mushrooms and Onions, Jalapeño Havarti, Ciabatta, Au Jus.

### Garlic Parm Fries

+3 | GF

### Truffle Parm Fries

+3 | GF

### Sweet Potato Fries

+3 | GF

### Tomato Soup

+3 | GF

### Smashed Potatoes

+3 | GF

### Onion Rings

+3

### Caesar Salad

+3

### French Onion Soup

+5

### Greek Salad

+5 | GF

### Poutine

+5 | GF

## Tex Mex

Nacho Chips Made With Gluten Free Corn Tortillas.  
Join Us Every Tuesday For Taco Tuesday!

### Baja Fish Taco

23  
Fried Haddock, Pickled Onion Cabbage Slaw, Pico, Avo Crema, Corn Tortilla. 24

### Birria Taco

26 | GF  
Chipotle Braised Beef, Melted Mozzarella, Crispy Corn Tortilla, Consomme.

### Macho Nacho

38 | GF  
Hand-cut Corn Chips, Tex Mex Cheese, Iceberg, Tomato, Grilled Steak and Chicken, Chili Con Carne, Side Queso, Salsa, Sour Cream.

### Fajitas

24 | +3 Chicken | +5 Steak  
Sizzling Skillet with Bell Peppers and Onions, Flour Tortillas, Pico, Avo Crema, Salsa, Iceberg, Tex Mex Cheese.

### Blackened Shrimp Taco

25 | GF  
Blackened Shrimp, Roasted Corn, Feta, Pickled Onion Cabbage Slaw, Avo Crema, Corn Tortilla.

### Corn & Sweet Potato Taco

18 | V | GF  
Sweet Potato, Roasted Corn, Avocado, Pickled Cabbage, Bang Bang, Corn Tortilla.

### Veggie Nacho

29 | GF | VT  
Hand-cut Corn Chips, Tex Mex Cheese, Iceberg, Tomato, Corn & Black Bean Salsa, Bell Peppers, Olives, Onion, Jalapeños, Side Queso, Salsa, Sour Cream.

### Quesadilla

20 | +3 Chicken | +5 Steak  
Crispy Flour Tortilla, Tex Mex Cheese, Corn & Black Bean Salsa, Peppers, Onion, Tomato, Sour Cream & Salsa Dip.

## Pizzas

+5 Gluten-Free Crust | +4 Dairy-Free Cheese | +3 Creamy Garlic | +2 Vodka Rosé Base  
Our Dough Arrives Fresh Each Day From Cobs And Each Pizza Is Baked To Order In An Authentic Moretti Stone Deck Oven.

### Margherita

25 | VT  
Pomodoro, Fresh Mozzarella, Fresh Basil, EVOO.

### Canadian

26  
Pomodoro, Mozzarella, Cup & Char Pepperoni, Bacon, Mushrooms.

### Pear & Arugula Bianco

26 | VT  
Bianco, Mozzarella, Goat Cheese, Pear, Apple, Fresh Arugula, Candied Walnuts, Balsamic Glaze.

### Vodka Pesto

27 | VT  
Vodka Rosé, Fresh Mozzarella, Sundried Tomatoes, Pesto.

### Pepperoni

24  
Pomodoro, Mozzarella, Cup & Char Pepperoni.

### Spicy Pepperoni

25 | +2 Vodka Rosé Base  
Pomodoro, Mozzarella, Cup & Char Pepperoni, Fresh Jalapeños, Hot Honey.

### Mediterranean

26 | VT  
Pesto, Mozzarella, Feta, Sundried Tomato, Roasted Red Pepper, Artichoke, Olives, Spinach.

## Pastas

+2 Pancetta | +2 Bacon | +7 Chicken | +8 Shrimp | +9 Steak | +12 Salmon

### Fettuccine Alfredo

20 | VT  
Classic Parmesan Alfredo, Fresh Herbs.

### Fettuccine Fra Diavolo

28  
Jumbo Shrimp, Salmon, Roasted Red Peppers, Baby Spinach, Spicy Rosé Sauce.

### Spicy Vodka Rigatoni

25  
Seared Pancetta, Spicy Vodka Rosé Sauce.

### Butternut Squash Ravioli

22 | VT  
Butternut Squash Ravioli, Grape Tomato, Sauteed Onion, Brown Butter Herb Sauce. Topped With Arugula & Walnuts.

## Entrées

Our Major Proteins, Such As Steaks, Ground Beef, Ribs, and Braising Beef All Come Locally From Elmwood Meats In Port Credit.

### Haddock & Chips

23 One Fillet | 29 Two Fillet  
Prepared To Order In Our House-Made Tempura Fish Batter Served With Fries, Creamy Coleslaw, Tartar Sauce And Lemon.

### Buffalo Chicken Poutine

22  
Fries, Crispy Buffalo Chicken, Scallions, Ranch, Québécois Cheese Curds, Gravy.

### Buttermilk Chicken Tenders

24  
Hand-Breaded Buttermilk Fried Chicken Tenders With Your Choice Of Side.

### Pump Pad Thai

21 | +2 Sub Shrimp | GF  
Chicken, Sauteed Onions, Bell Peppers Tossed With Rice Noodles In Our House-Made Pad Thai Sauce. Finished With Cilantro, Fresh Lime And Bean Sprouts.

### Chicken Parmesan

30  
Hand-Breaded Chicken Cutlet, Fried And Topped With Tomato Sauce And Mozzarella, Served Over Fettuccine in a Rosé Sauce.

### Panko Salmon

26  
Panko Crusted Salmon With Lemon Thyme Butter & Roasted Cherry Tomatoes Served Over Rice And Seasonal Vegetables.

### Steak Frites

45 | GF | +8 Garlic Shrimp  
10oz AAA Black Angus Striploin Topped With Chipotle Butter & Chimichurri. Served Over Your Choice of Truffle Parmesan Fries or Seasonal Veg + Smashed Potatoes.

Choose Your Spice Level



Mild ..... Super Spicy



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