



Starters & Shareables

Daily Soup

9 | Made Fresh Daily

French Onion Soup

10 | Swiss, Croutons, Onion

Roasted Tomato Soup

9 | +5 Grilled Cheese | + 2 Bacon

Moza Bricks

17 | VT

House-Made Mozzarella Bricks Served With Marinara.

Cauli Bites

19 | VT

Battered And Fried Florets Tossed In Our House-Made Sweet & Spicy Ginger Sauce.

Calamari

20 | GF | DF

Dusted To Order And Fried Alongside Jalapeños Served With A Bang Bang Dip.

Spare Ribs

24 | GF

Fried And Seasoned In Butter, Sea Salt And Cracked Pepper.

Spinach & Artichoke Dip

19 | VT | + 3 Sub Naan

House-made Dip Served With Corn Chips or Naan or Both.

Brunch

All brunch meals come with a choice of house-made home fries or brunch salad. Excluding Waffles & Bowls

Pump Traditional

16 | +20 Add 5oz AAA Black Angus Striploin

Two Eggs, Bacon, Smashed Homefries and Toast.

Breakfast Tacos

16 | GF

Warm Corn Tortillas, Smashed Avocado, Scrambled Eggs, Chorizo Crumble, Tex Mex, Side Hot.

Breakfast Burrito

19

Scrambled Eggs, Chorizo, Homefries, Tex Mex Cheese, Tomato, Onion, Pepper, Avocado & Salsa.

Pump Benny

18

2 Poached Eggs, Bacon, Hollandaise, Chives.

Steak Benny

26

2 Poached Eggs, Butler Steak, Caramelized Onions, Mushrooms, Jalapeño Havarti, Hollandaise.

Tuscan Benny

20

2 Poached Eggs, Crispy Pancetta, Arugula, House-made Bruschetta, Balsamic Reduction, Hollandaise.

Medi Benny

18

2 Poached Eggs, Spinach, Feta, Hollandaise.

Avocado Toast

18 | +3 Add Two Eggs Any Style

Smashed Avocado, Grape Tomatoes, Cabbage Slaw, Feta, Hot Honey, Sourdough Ciabatta, Smashed Homefries.

Huevos Rancheros

22

Two Sunny Side Up Eggs, Chorizo, Homefries, Avocado, Bell Pepper, Pico de Gallo, Onion, Corn and Black beans, Tex Mex Cheese, Avocado Crema.

Chicken & Waffles

22

Crispy Buttermilk Fried Chicken, House-made Belgian Waffle, Hot Honey. Side Bacon Onion Jam.

Sunny Orchard Waffle

16

Two Waffles Topped With a Maple Apple Pear Compote, Whipped Cream, Icing Sugar.

Salads & Bowls

+ 3 Avocado | +3 Falafel | +7 Chicken | +8 Shrimp | +9 Steak | +12 Salmon

Caesar

11 Side | 16 Entree

Greek

12 Side | 17 Entree

Avocado Chicken

24 | GF

Grilled Chicken, Fresh Avocado, Feta, Tomato, Cucumber, Onion, Baby Spinach, Arugula, Honey Balsamic.

Cobb

23 | GF

Grilled Chicken, Bacon, Hard-boiled Egg, Avocado, Feta, Cherry Tomato, Cucumber, Red Onion, Romaine, Ranch.

Pear-adise Greens

22 | GF | VT

Sliced Pear and Apple, Candied Walnuts, Goat Cheese, Red Onion, Cucumber, Baby Spinach, Arugula, Poppyseed Yogurt Dressing.

Bang Bang Bowl

26 | GF

Flaked Salmon, Chickpeas, Feta, Edamame, Cucumber, Pickled Onion Cabbage Slaw, Roasted Corn, Rice, Avo Crema, Bang Bang Sauce.

Buddha Bowl

22 | GF | V

House-made Falafel, Sweet Potato, Chickpeas, Roasted Broccoli, Pickled Onion Cabbage Slaw, Baby Spinach, Buddha Dressing.

Shawarma Bowl

24

Shawarma Chicken, Chickpeas, Iceberg, Tomato, Pickled Onion Cabbage Slaw, Rice, Garlic Sauce, Toasted Pita.

Greek Chicken Bowl

24

Blackened Chicken, Feta, Tzatziki, Iceberg, Tomato, Onion, Cucumber, Rice, Toasted Pita.

Fajita Bowl

20 | GF | VT

Sauteed Peppers and Onion, Avocado, Pico, Corn & Black Bean Salsa, Iceberg, Tex Mex Cheese, Mexican Rice, Avo Crema.

Breakfast Sides

Brunch Salad

+5 | GF

Eggs (2)

+3 | GF

Breakfast Homefries

+3 | GF

Bacon (2)

+2 | GF

Waffle (1) + Syrup

+5

Chorizo Crumble

+5

Weekend Brunch



saturday
sunday
11 - 2

Tex Mex

Nacho Chips Made With Gluten Free Corn Tortillas.

Macho Nacho

38 | GF

Hand-cut Corn Chips, Tex Mex Cheese, Iceberg, Tomato, Grilled Steak and Chicken, Chili Con Carne, Side Queso, Salsa, Sour Cream.

Veggie Nacho

29 | GF | VT

Hand-cut Corn Chips, Tex Mex Cheese, Iceberg, Tomato, Corn & Black Bean Salsa, Bell Peppers, Olives, Onion, Jalapeños, Side Queso, Salsa, Sour Cream.

let's
make it
boozy

Mimosa

Prosecco, Choice of Juice.

Reload

9

+5

Bring The Bottle

44

Bottle of Prosecco on Ice, Choice of Juice.

Pump Caesar (1oz)

Made Right With Garnish.

Double

12

+3

Mini Caesar (1oz)

Small, But Mighty.

Double

7

+3

Rosé Sangria

Same As Our Classic Sangria, But Made With Rosé.

Shaft (2.25oz)

Kahlua, Cream Liqueur, Vodka, Fresh Espresso On Ice.

12

9

Handhelds

Our Sandwiches Are Served On Fresh Cobs Bread And Come With Your Choice Of Fries, House Salad, Daily Soup, Coleslaw, or Roasted Potatoes. **Upgrades Below.**

Pump Burger

20 | +1 Cheese | +2 Bacon

AAA Beef Patty, Iceberg, Onion, Pickle, Tomato, House-made Mac Sauce, Fresh Cobs Bun.

Falafel Burger

22 | V & GF Available

House-made Falafel Patty, Pickled Onion Cabbage Slaw, Tomato, Iceberg, Buddha Dressing, Fresh Cobs Bun.

Buffalo Wrap

22 | +3 Grilled Chicken

Fried Chicken, Buffalo Sauce, Tex Mex Cheese, Iceberg, Tomato, Red Onion, Ranch.

Greek Chicken Pita

23

Blackened Chicken, Feta, Tzatziki, Iceberg, Tomato, Onion, Garlic Toasted Pita.

Braised Beef Dip

29

Shredded Braised Beef, Sautéed Mushrooms and Onions, Jalapeño Havarti, Ciabatta, Au Jus.

Garlic Parm Fries

+3 | GF

Truffle Parm Fries

+3 | GF

Sweet Potato Fries

+3 | GF

Tomato Soup

+3 | GF

Smashed Potatoes

+3 | GF

Double Smashed Burger

23 | +2 Bacon

AAA Beef Patties, American Cheese, Iceberg, Onion, Pickle, House-made Mac Sauce, Fresh Cobs Bun.

Club Sandwich

22

Grilled Chicken, Bacon, Smashed Avocado, Jalapeño Havarti, Tomato, Lettuce, Garlic Aioli, Ciabatta.

Chicken Ciabatta

22

Grilled Chicken, Double Cream Brie, Bacon Onion Jam, Arugula, Ciabatta.

Fried Chicken Sandwich

23

Crispy Chicken Breast, Sweet & Spicy Mustard Sauce, Jalapeño Havarti, Pickled Onion Cabbage Slaw, Fresh Cobs Bun.

Buttermilk Chicken Tenders

24

Hand-Breaded Buttermilk Fried Chicken Tenders With Your Choice Of Side.

Onion Rings

+3

Caesar Salad

+3

French Onion Soup

+5

Greek Salad

+5 | GF

Poutine

+5 | GF

Poutine & Co.

Authentic Poutine

13 | GF | VT

Fries, Authentic Québécois Cheese Curds, Gravy.

Buffalo Chicken Poutine

22

Fries, Crispy Buffalo Chicken, Scallions, Ranch, Québécois Cheese Curds, Gravy.

Pizzas

+5 Gluten-Free Crust | +4 Dairy-Free Cheese | +3 Creamy Garlic | +2 Vodka Rosé Base
Our Dough Arrives Fresh Each Day From Cobs And Each Pizza Is Baked To Order In An Authentic Moretti Stone Deck Oven.

Margherita

25 | VT

Pomodoro, Fresh Mozzarella, Fresh Basil, EVOO.

Canadian

26

Pomodoro, Mozzarella, Cup & Char Pepperoni, Bacon, Mushrooms.

Pear & Arugula Bianco

26 | VT

Bianco, Mozzarella, Goat Cheese, Pear, Apple, Fresh Arugula, Candied Walnuts, Balsamic Glaze.

Vodka Pesto

27 | VT

Vodka Rosé, Fresh Mozzarella, Sundried Tomatoes, Pesto.

Pepperoni

24

Pomodoro, Mozzarella, Cup & Char Pepperoni.

Spicy Pepperoni

25 | +2 Vodka Rosé Base

Pomodoro, Mozzarella, Cup & Char Pepperoni, Fresh Jalapeños, Hot Honey.

Mediterranean

26 | VT

Pesto, Mozzarella, Feta, Sundried Tomato, Roasted Red Pepper, Artichoke, Olives, Spinach.

Famous Wings

Enjoy \$5 Off A Single Pound Of Wings Every Monday!

1 Choose Your Size

1lb

19

2lb

34

5lb

76

2 Dusted or Not?

Dusted

Tossed In Our Seasoned Flour Breading

Not Dusted

Gluten Friendly | No Flour

3 Sauce It Up

* Contains Gluten

Mild

Medium

Hot

Honey Garlic*

Hot / Honey*

Forty Creek BBQ*

Buffalo Butter

Dry Cajun

Lemon Pepper

Salt & Pepper

Garlic Parm

5-Alarm

4 Grill Finish?

A Pump Classic.

5 Celery & Carrots?

6 | Ranch or Blue Cheese To Dip

Add-Ons

Perfect Accompaniments To Wings.

Fries

9 | GF

Garlic Parm Fries

12 | GF

Truffle Parm Fries

12 | GF

Sweet Potato Fries

12 | GF

Onion Rings

12 | Forty Creek To Dip

Authentic Poutine

13 | GF | VT | Fries, Authentic Québécois Cheese Curds, Gravy



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