# STARTERS & SHAREABLES

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### **Daily Soup**

### French Onion Soup

### **Roasted Tomato Soup**

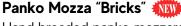
+5 Grilled Cheese | +2 Bacon

### Garlic Cheesy Bread

Toasted garlic bread topped with cheddar and mozzarella, side marinara sauce. 12 | vt +2 Bacon Strips | +2 Jalapeños

### Thai Bites

Battered cauliflower florets tossed in sweet Thai chili sauce, topped with sesame seeds and scallions. 19 | vt



Hand breaded panko mozzarella bricks made in-house and served with marinara sauce. 16 | vt

### Calamari 🛂

Hand-cut and dusted calamari tossed with jalapeños and soy glaze with a side of curry aioli. 19

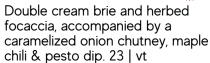
### Spicy Edamame 🚻

Steamed soy bean pods tossed in chili oil and sesame seeds. 16 gf | vt

### Spare Ribs 🙀

Seasoned in sea salt and cracked pepper. 24 | gf | df

### Focaccia & Brie Trio Dip



### Spinach & Artichoke Dip

House-made dip, corn chips. 19 | gf | vt | +3 Sub Naan

# SALADS & BOWLS

Additions: +3 Avocado | +3 Falafel | +6 Chicken | +7 Burrata +8 Steak | +8 Shrimp | +12 Salmon Filet

8 I 13 House Salad | gf | vt Caesar Salad 10 | 15 Greek Salad | qf | vt 11 | 16

### Avocado Chicken 🛂

Grilled chicken, baby spinach, arugula, fresh avocado, tomato, onion, cucumber, feta, honey balsamic vinaigrette. 24 | gf

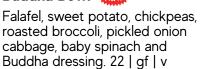
### Cobb 🙀

Mixed greens, grilled chicken, bacon, hard-boiled egg, avocado, cherry tomato, red onion, cucumber, feta cheese, ranch dressing. 23 | gf

### Salmon Citrus Salad NW

Blackened salmon, sweet potato, lettuce, pickled red onions, cherry tomatoes, pepitas, citrus vinaigrette. 25 | gf

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### Shawarma Bowl

Shawarma chicken, rice, chickpeas, tomato, lettuce, pickled turnip, red pepper hummus, pickled cabbage, toasted pita and garlic sauce. 24

### Greek Chicken Bowl 4

Blackened chicken breast, rice, lettuce, tomato, onion, cucumber, feta cheese, tzatziki, toasted pita.

### Caribbean Bowl

Rice, mango salsa, fresh avocado, corn and black bean salsa, bell peppers, coleslaw, scallions. 22 | gf +6 Jerk Chicken

# Premium Quality

Our signature burgers use a 7 oz patty made of 100% Canadian ground beef, hand pressed in-house and served on a fresh Cobs Challah Bun.

Sides: Fries | House Salad | Daily Soup | Roasted Tomato Soup Baked Potato | Coleslaw

+3 Upgrade: Sweet Potato Fries | Parm Fries | Truffle Parm Fries Caesar Salad

+5 Upgrade: Poutine | Greek Salad | Onion Rings | French Onion Soup

# SANDWICHES & HANDHELDS

Our sandwiches are served on fresh Cobs bread and come with your choice of side (look a little to the left).

### **Pump Club**

Grilled chicken, bacon, black forest ham, cheddar cheese, tomato, lettuce, mayo on white, multigrain, or marble rye. 20

### Greek Chicken Pita 🛂

Garlic toasted pita, blackened chicken, lettuce, tomato, onion, feta, tzatziki. 22

### Birriarito NEW

Chipotle beef, rice, corn and black beans, pickled cabbage, bell peppers, tomato, tex mex cheese, lettuce and avocado crema in a flour tortilla. 22

### Caprese Sandwich

Prosciutto, fresh mozzarella, tomatoes, baby arugula, pesto aioli, balsamic drizzle on herbed focaccia. 22 | +6 Grilled Chicken

### Buffalo Wrap 🛂

Fried chicken tossed in buffalo sauce, tex mex cheese, tomato, red onion, lettuce and ranch. 21 +3 Sub Grilled Chicken

### AAA Striploin Sandwich

7 oz AAA Black Angus Striploin, double cream brie, caramelized onions, mushrooms, arugula, and truffle aioli, served on a garlicbuttered toasted baguette. 30

### Crispy Chicken Sandy

Buttermilk battered chicken breast, Pump Sauce, dill pickle, lettuce and tomato. 23

Spice it Up! +1

### **Pump Burger**

House-made 7 oz beef patty, iceberg, tomato, onion, pickie and Pump Mac sauce. 19

+1 Cheese | +2 Bacon | +3 Avocado

### Whiskey Burger

Caramelized onions, button mushrooms, Swiss cheese, Forty Creek BBQ sauce, crispy onions. 21

### Double Smash Burger 4

Two smashed patties, two slices of cheddar cheese, bacon, iceberg onion, pickles, Pump Mac sauce. 22

### Falafel Burger

Homemade falafel patty, topped with Buddha dressing, pickled onion cabbage, tomato and lettuce. 21 | v

# **PASTA**

Protein: +2 Pancetta | +2 Bacon | +6 Chicken | +7 Burrata +8 Steak | +8 Shrimp | +12 Salmon Filet

Gluten-Free Penne + 4

### Fettuccine Alfredo 🙀

Classic parmesan alfredo seasoned with fresh herbs. 19 | vt

### Pesto Rigatoni

Mushrooms, sweet onions, sun dried tomatoes, baby spinach in basil pesto. 19 | v

### Spicy Vodka Rigatoni

Seared pancetta in a spicy vodka rosé sauce. 24 + 7 Burrata

### Salmon Scampi Fettuccine

Jumbo shrimp, salmon, chipotle butter, sundried tomato, spinach, parmesan, lemon and chili tossed in a white wine garlic sauce. 26

# **ENTRÉES**

### Haddock & Chips 4

Prepared to order in our housemade English-style fish batter, fries, creamy coleslaw, tartar sauce, lemon.

One Fillet 23 Two Fillet 29

### Pump Pad Thai

Chicken, sauteed onions, bell peppers tossed with rice noodles in our house-made pad thai sauce. Finished with cilantro, fresh lime and bean sprouts. 21 | qf

+2 Sub Shrimp

Choose Your Spice Level





### Chicken Tenders 🖼

Fresh chicken fillets handbreaded to order in a buttermilk batter served with your choice of side and sauce. 24

**ADD SOME SIDES?** 

Hand cut and served with blue

Tossed in our seasoning salt.

Side cajun mayo. 10 | qf | vt

White truffle and parmesan

Truffle Parmesan Fries

herbed fries served with a garlic

Served crispy with Forty Creek

Celery & Carrots

French Fries

cheese or ranch dip. 6

9 | gf | vt +3 Gar Parm

**Sweet Potato Fries** 

aioli. 12 | gf | vt

Onion Rings

BBQ sauce. 12 | vt

**Baby Back Ribs** 

1/2 rack of fall off the bone pork back ribs glazed with Forty Creek BBQ sauce, served with creamy coleslaw and fries. 28

### Steak Frites 🧏

10oz AAA Black Angus Striploin with chipotle butter, chimichurri sauce and white truffle herbed frites, garlic aioli. 38 | gf +8 Shrimp Skewer

### Maple Salmon NW



Pan-seared maple glazed salmon atop a sweet potato & broccoli hash. 26 | gf

[1 lb] 19 34 [2 lb]

**CHOOSE YOUR SIZE.** 

76 [5 lb]



# **SAUCE EM UP.**

Forty Creek\* Honey Garlic\* Hot / Honey\* Mild **Medium** Hot **Buffalo Butter** Dry Cajun **Lemon Pepper Sweet Thai Chili** Salt & Pepper **Jerk** 5-Alarm

## **FINISH ON THE GRILL?**

### Macho Nachos 🛱

Hand-cut corn chips, grilled steak and chicken, chili con carne, tex mex cheese, lettuce, tomato, side queso, sour cream. 37 | gf

### Veggie Nachos

Hand-cut corn chips, tex mex cheese, corn and black bean salsa, bell peppers, olives, onion, lettuce, tomato, jalapeños, side queso, sour cream. 29 | gf | vt

### Quesadilla

Crispy flour tortilla loaded with tex mex cheese, corn and black bean salsa, peppers, onions, tomato, side sour cream and house-made salsa. 20 | +3 Chicken | +5 Steak

### **Fajitas**

Bell peppers and onions served on a sizzling skillet, accompanied by warm flour tortillas, pico de gallo, avocado crema, house-made salsa, shredded lettuce and tex mex cheese. 24 | +3 Chicken +5 Steak

# **Baja Fish Tacos**

TEX & MEX

Warm flour tortillas, crispy fried haddock, pickled onion cabbage slaw, pineapple mango salsa, avocado crema. 23 | +5.5 Extra Taco

### **Jerk Tacos**

Warm flour tortillas, grilled jerk chicken, corn and black bean salsa, coleslaw, and green onions. 21 +5.5 Extra Taco

### Birria Tacos 🛂

Crispy flour tortillas filled with chipotle braised beef and melted mozzarella cheese, served with consomé. 22 | +5.5 Extra Taco

# FLATBREADS \*\*\*

### **Burrata Bruschetta**

Olive oil base, housemade bruschetta, burrata and a balsamic glaze. 24 | vt +4 Prosciutto

### Cheeseburger

Garlic butter base, ground beef, cheese, pickles, onion and shredded lettuce. Topped with Pump Mac Sauce. 17

### Truffle Mushroom

Olive oil base, roasted mushrooms, red onion and arugula. Topped with truffle aioli. 15 | vt

### **Pesto Chicken**

Pesto base, sliced chicken, cherry tomatoes and julienne red onions. Topped with fresh basil. 19

# POUTINE & CO.



### **Authentic Poutine**

Fries topped with authentic Québécois cheese curds and gravy. 13 | gf | vt

### **Birria Poutine**

Chipotle beef, cheese curds, gravy, avocado crema, fresh cilantro, green onions. 24 | gf

### Chilli Cheese Fries

Homemade beef chili, tex mex cheese, queso, green onions and corn tortilla strips. 19 | gf

### Buffalo Chicken Poutine 4

Crispy chicken strips tossed in a buffalo sauce, scallions, crispy onion, ranch drizzle, atop our authentic poutine. 22

# Ireat. FOOD. FRIENDS. TIMES.

gf = Gluten Friendly | vt = Vegetarian | v = Vegan