



*Lunch Menu, served until 4pm*

<b>SMALL PLATES</b>	Chilli & garlic king prawns, toasted sourdough 12
	Korean fried chicken, spring onion, sriracha 9
	Heritage beetroot & beluga lentils salad ,vegan feta, pomegranate, balsamic dressing (vg) 10
	Truffle cauliflower cheese croquettes, black aioli (v) 11
	Baked halloumi, hot honey, Aleppo chilli, thyme (v) 10
	Burrata di Puglia, heirloom tomatoes & wild rocket, lemon herb oil (v) 12
	Grilled lamb koftas, minted yoghurt, flatbread 12.5
	Mushroom hot wings, pomegranate, spring onions (vg) 8
	Salt & pepper squid, spring onion, chilli, aioli 10
	Padrón peppers, smoked sea salt (vg) 7.5

<b>LUNCH</b>	Smoked salmon & cream cheese bagel, pickled shallots, mixed leaf salad 15
	Chicken Caesar salad: baby gem lettuce, soft boiled egg, silver anchovies, croutons, Grana Padano 18
	Bacon chop, fried egg, triple cooked chips, watercress 15
	Fish finger sando, iceberg lettuce, tartare sauce, skin-on fries 15
	Coronation chicken open sandwich, skin-on fries 15
	Shakshuka: baked egg, tomatoes, sweet peppers, saffron, sourdough bread (v) 13.5 (+ add halloumi 2.5)
	Roast beef sandwich, horseradish mayo, wild rocket, skin-on fries 15.5

<b>MAIN COURSE</b>	Fish & chips: North Sea line-caught haddock, triple cooked chips, mushy peas, tartare sauce 19
	Plant-based burger, Applewood smoked Cheddar, tomato, iceberg lettuce, jalapeño mayo, skin-on fries (vg) 17.5
	Roasted salmon supreme, crushed new potatoes, samphire, French beans, tomato & olive dressing 24
	Chicken schnitzel, wild rocket, fennel & Parmesan salad, roasted garlic & herb butter, fried Burford egg 19.5
	28-day aged ribeye on the bone, triple cooked chips, watercress, green peppercorn sauce 33.5
	Crab linguine, chilli, garlic, cherry tomatoes, wild rocket 21
	Double smash burger, American cheese, burger sauce, onions, pickles, skin-on-fries 18
	Grilled goat's cheese, Mediterranean veg & artichoke salad, tapenade crostini, lemon dressing (v) 19.5

<b>SIDES</b>	Triple cooked chips (vg) 6.5   Skin-on fries (vg) 6 (add truffle & parmesan +2.5)   New potatoes (v) 6
	Caesar salad (v) 6   Green beans (vg) 6   Tenderstem broccoli, chilli & garlic (vg) 7.5



THE CYCLIST IS PROUDLY PART OF THE URBAN PUBS & BARS FAMILY.

We cannot guarantee the absence of traces of nuts or other allergens. Please advise a member of staff if you have any particular dietary requirements.  
An optional 12.5% service charge will be applied to your bill, all of which goes to the staff. (v) vegetarian / (vg) vegan / (ng) non gluten containing