



Lunch Menu, served until 4pm

SMALL PLATES	Chilli & garlic king prawns, toasted sourdough 12
	Korean fried chicken, spring onion, sriracha 9
	Heritage beetroot & beluga lentil salad, vegan feta, pomegranate, balsamic dressing (vg) 10
	Truffle cauliflower cheese croquettes, black aioli (v) 11
	Baked halloumi, hot honey, Aleppo chilli, thyme (v) 10
	Chilli & ginger crab cake, lime mayo, mixed salad 11.5
	Burrata di Puglia, heirloom tomatoes & wild rocket, lemon herb oil (v) 12
	Grilled lamb koftas, minted yoghurt, flatbread 12.5
	Salt & pepper squid, spring onions, chilli, aioli 10
	Padrón peppers, smoked sea salt (vg) 7.5
TO SHARE	Mezze board: Coriander hummus, padrón peppers, baba ganoush, tomato, olive & feta salad, flatbread 20

LUNCH	Smoked haddock & salmon fishcake, wilted spinach, poached egg, hollandaise sauce 18.5
	Chicken Caesar Salad: baby gem lettuce, soft-boiled egg, silver anchovies, croutons, Grana Padano 18
	Bacon chop, fried egg, triple cooked chips, watercress 15
	Fish finger sando, iceberg lettuce, tartare sauce, skin-on fries 15
	Coronation chicken open sandwich, skin-on fries 15
	Shakshuka: baked egg, tomatoes, sweet peppers, saffron, sourdough bread (v) 13.5 (+ add halloumi 2.5)
	Roast beef sandwich, horseradish mayo, wild rocket, skin-on fries 15.5

MAIN COURSE	Fish & Chips: North Sea line-caught haddock, triple cooked chips, mushy peas, tartare sauce 19
	Braised lamb shepherd's pie, Chantenay carrots & fine beans 22.5
	Plant-based burger, Applewood smoked Cheddar, tomato, iceberg lettuce, jalapeño mayo, skin-on fries (vg) 17.5
	Roasted salmon supreme, crushed new potatoes, samphire, French beans, tomato & olive dressing 24
	Chicken schnitzel, wild rocket, fennel & Parmesan salad, roasted garlic & herb butter, fried Burford egg 19.5
	28-day aged ribeye on the bone, triple cooked chips, watercress, green peppercorn sauce 33.5
	Lamb ragu pappardelle, cherry tomato, Kalamata olive, grated Parmesan 22
	Double smash burger, American cheese, burger sauce, onions, pickles, skin-on-fries 18

SIDES	Triple cooked chips (vg) 6.5 Skin-on fries (vg) 6 (add truffle & parmesan +2.5) New potatoes (v) 6
	Caesar salad (v) 6 Green beans (vg) 6 Tenderstem broccoli, chilli & garlic (vg) 7.5



THE CYCLIST IS PROUDLY PART OF THE URBAN PUBS & BARS FAMILY.

We cannot guarantee the absence of traces of nuts or other allergens. Please advise a member of staff if you have any particular dietary requirements.
An optional 12.5% service charge will be applied to your bill, all of which goes to the staff. (v) vegetarian / (vg) vegan / (ng) non gluten containing