



Lunch Menu, served until 4pm

- SMALL PLATES**
- Padrón peppers, smoked sea salt (vg) 7.5
 - Meatballs, tomato sauce, pecorino, toasted sourdough 9
 - Potato bravas, garlic aioli, bravas sauce (v) 7.5
 - Coriander hummus, flatbread, pomegranate (vg) 8
 - Chorizo in cider, hot honey, toasted sourdough 8.5
 - Chilli & garlic grilled octopus, ajo blanco, chilli oil 13
 - Salt & pepper squid, spring onion, chilli, aioli 10
 - Grilled tiger prawns, pico de gallo, toasted sourdough 12.5
 - Crispy chicken, Korean ketchup, sesame, chilli, spring onion 9
 - Baked halloumi, hot honey, Aleppo chilli, thyme (v) 10
 - Burrata di Puglia, grilled apricots, wild rocket, honey (v) 12

- TO SHARE**
- Mezze board: coriander hummus, Padrón peppers, baba ganoush, tomato, olive & feta salad, flatbread (v) 20
 - Tapas board: Meatballs & tomato sauce, Chorizo in cider, Coriander hummus, Padrón peppers & toasted sourdough 25

- LUNCH**
- Waldorf salad: baby gem lettuce, apple, pecans, celery, radishes, grapes, mustard dressing (vg) 12.5
 - Add halloumi 5 | Add salmon supreme 8 | Add chicken breast 8
 - Fish finger sando, iceberg lettuce, tartare sauce, skin-on fries 15
 - Coronation chicken open sandwich, skin-on fries 15
 - Shakshuka: baked egg, tomatoes, sweet peppers, saffron, sourdough bread (v) 13.5 (+ add halloumi 2.5)
 - Roast beef sandwich, horseradish mayo, wild rocket, skin-on fries 15.5
 - Steak & frites: grilled bavette steak 7oz, skin-on fries & garlic butter 15

- MAIN COURSE**
- Chicken schnitzel, wild rocket, fennel & Grana Padano salad, roasted garlic & herb butter, fried Burford egg 19
 - Dry-aged Hereford beef burger, mature Cheddar, burger sauce, lettuce, onion, tomato, skin-on fries 18.5
 - Plant based burger, vegan Applewood cheese, tomato, lettuce, jalapeño mayo, skin-on fries (vg) 17
 - Green goddess salad, with avocado, broccoli, courgette, fine beans, spelt, herbs, & toasted almonds (vg) 17.5
 - Fish & chips: North Sea line-caught haddock, triple cooked chips, mushy peas, tartare sauce 19
 - Seafood linguine with crab & prawns, cherry tomato, garlic butter, chilli & courgette 20.5
 - Chargrilled chicken breast, white bean hummus, chorizo, peas, & potato fricasee 21.5
 - 28-day aged ribeye on the bone, triple cooked chips, watercress, green peppercorn sauce 33.5

- SIDES**
- Triple cooked chips (vg) 6.5 | Skin-on fries (vg) 6 (add truffle & parmesan +2.5) | Rocket & parmesan salad (v) 5
 - Garden salad, tomato, cucumber (vg) 6 | Tenderstem broccoli, chilli & garlic (vg) 7.5



THE CYCLIST IS PROUDLY PART OF THE URBAN PUBS & BARS FAMILY.

We cannot guarantee the absence of traces of nuts or other allergens. If you have any dietary requirements or allergies, kindly inform a member of our team. An optional 12.5% service charge will be added to your bill - all of which goes to our staff. (V) vegetarian (VG) vegan