



BAR SNACKS

Olives (vg) £5.0 | Flatbread, garlic butter (v) £5.5 | Padron peppers, smoked sea salt (vg) £7.5

SMALL PLATES

Crispy chicken, Korean ketchup, sesame, chilli, spring onion	£9
Salt & pepper squid, spring onion, chilli, aioli	£10
Coriander hummus, flatbread, pomegranate (vg)	£8
Meatballs, tomato sauce, pecorino, toasted sourdough	£9
Grilled tiger prawns, pico de gallo, toasted sourdough	£12.5
Salt baked beetroot & squash salad, wilted spinach, feta, pecans & molasses (vg) (add halloumi 3.5 / chicken breast 8)	£9/15
Mushrooms on toast. cream cheese, parmesan (vg)	£10
Burrata di Puglia, heritage carrots, pesto, toasted sourdough (v)	£12.5
Chorizo & cheddar croquettes, paprika mayo	£8.5
Baked halloumi, hot honey, Aleppo chilli, thyme (v)	£10
Grilled bavette steak, chimichurri sauce	£15

MAINS

Fish & chips: North Sea line-caught haddock, triple cooked chips, mushy peas, tartare sauce	£19
28-day aged ribeye on the bone, triple cooked chips, watercress, green peppercorn sauce	£33.5
Dry-aged Hereford beef burger, American cheese, burger sauce, onions, pickles, skin-on fries	£18.5
Chicken schnitzel, wild rocket, fennel & Grana Padano salad, roasted garlic & herb butter, fried Burford egg	£19
Plant based burger, vegan Applewood cheese, tomato, lettuce, jalapeño mayo, skin-on fries (vg)	£17
Pulled lamb shepherd's pie, mashed potatoes, buttered cabbage	£22.5
Pan roasted salmon supreme, crushed new potatoes, wilted spinach, samphire, dill hollandaise	20.5
Malabar paneer curry, Tenderstem broccoli, crispy shallots, coriander leaves, coconut rice (v)	£17

SEASONAL SPECIALS

Baked North Sea cod supreme, savoy cabbage, mussels and chive burre blanc	£20.5
Grass-fed Cornish leg of lamb, autumn roots, artichoke puree, lamb sauce	£25

SIDES

Triple cooked chips (vg) 6.5 | Skin-on fries (vg) 6 (add truffle & parmesan +2.5) | Rocket & parmesan salad (v) 5
Garden salad, tomato, cucumber (vg) 6 | Tenderstem broccoli, chilli & garlic (vg) 7.5

PUDDINGS

Triple chocolate brownie, chocolate sauce, vanilla ice cream (v)	£7.5
Sticky toffee pudding, toffee sauce, salted caramel ice cream (v)	£7.5
Apple & summer berries crumble, vanilla ice cream (v)	£8
Selection of ice cream or sorbet from Ice Cream Union (vg/g) per scoop	£2
Affogato, – vanilla ice cream, espresso (v)	£5.5
Vanilla crème brûlée (v)	£6



THE CYCLIST IS PROUDLY PART OF THE URBAN PUBS & BARS FAMILY.

We cannot guarantee the absence of traces of nuts or other allergens. If you have any dietary requirements or allergies, kindly inform a member of our team. An optional 12.5% service charge will be added to your bill - all of which goes to our staff. (V) vegetarian (VG) vegan