



Who do you care about?  
 What things do you like to do with others?  
 What groups do you belong to?

## BELONGING

- \*Love \*Friendship \*Caring about others
- \*Involvement \*Being cared about
- \*Relationships \*Doing things with others

What do you laugh about?  
 How do you relax?  
 What do you enjoy learning about?

## FUN

- \*Discovery of learning \*Joy \*Laughter
- \*Playing \*Feeling good \*Joking around
- \*Pleasure \*Leisure \*Relaxation

**SURVIVAL**  
 Psychological and physical safety

**SURVIVAL**  
 Sex for procreation

**SURVIVAL**  
 Body function  
 \*Health  
 \*Warmth

**SURVIVAL**  
 \*Food \*Shelter \*Air  
 \*Clothing

What do you do well?  
 Name a recent achievement.  
 What have you done in your life that you are proud of?

**POWER**  
 \*Gaining a sense of competence  
 \*Receiving recognition \*Respect  
 \*Being heard \*Achieving \*Competing  
 \*Skills \*Success

\*Making choices \*Options \*Independence  
 \*Taking some risks  
 \*To be free from and free to...

## FREEDOM

Discuss a choice that changed your life.  
 What do you like to do when you don't have to do anything?  
 Describe a time you were free from rules

Sarah Rudling 2021 - adapted from the original work of Peta Lloyd

1. Write in the boxes or triangles, cut out the chatter box, fold the paper in half and in half again
2. Open out, turn over so top is blank and fold each corner to touch the middle
3. Turn it over and repeat the process
4. Make sure that there are four points facing up
5. Slide the thumb and the index finger under the chatter box
6. You should see all the numbers now as you move your index and thumbs.

**Play:** Tell your partner: Pick a number, then pick a word, answer the questions (teacher or student created questions)  
 Who holds the Chatter box has to: count to the number, spell the word and read the question to the others.