

Reframing feelings with Mr Men and Little Miss books

Reference: Hargreaves, R. and Hargreaves, A., 1971–present. *Mr. Men and Little Miss series*. London: Farshore/HarperCollins.

HEAVY FEELING	BOOK	LIGHT FEELING
sad lonely invisible unhappy melancholy forlorn gloomy glum miserable	Mr Nobody Miss Star Miss Birthday Miss Sunshine Mr Happy Miss Sparkle Mr Cheerful	happy loved thoughtful generous popular included visible joyful
lethargic reserved lazy sluggish shy timid	Miss Shy Mr Quiet Mr Slow Miss Fabulous Mr Impossible	splendid creative confident heroic
stubborn rude selfish argumentative ignorant blunt	Miss Stubborn Miss Naughty Mr Rude Mr Snooty Miss Hug	flexible generous considerate agreeable polite thoughtful
worried concerned anxious nervous puzzled confused unsure ditsy unsteady muddled nervous cautious discombobulated uncoordinated silly frivolous	Mr Worry Mr Jelly Miss Contrary Mr Scatterbrain Miss Scatterbrain Mr Muddle Mr Topsy-Turvy Mr Nonsense Mr Silly Miss Giggles Mr Calm Mr Brave Miss Brave	confident calm safe brave carefree assured fearless strong careful sensible serious organised
mad angry rowdy loud noisy	Mr Bounce Mr Noisy Mr Strong	excited energetic powerful

HEAVY FEELING	BOOK	LIGHT FEELING
<p>disorganised careless hurried chaotic</p>	<p>Mr Bump Mr Clumsy Miss Whoops Miss Quick Miss Late Mr Wrong Mr Fussy Mr Messy Miss Tidy Miss Neat Mr Rush Mr Busy Miss Busy</p>	<p>organised careful impeccable excellent proud</p>
<p>naughty mischievous sassy vindictive aggressive angry cunning fickle spiteful jealous nosey moody</p>	<p>Mr Nosey Miss Bossy Mr Mean Miss Fickle Miss Chatterbox Miss Trouble Mr Fib Mr Mischief Mr Silly Miss Scary Miss Princess Mr Good Mr Cool</p>	<p>helpful kind caring loyal generous mellow helpful organised inquisitive positive</p>
<p>grumbly grumpy cranky bored</p>	<p>Mr Grumble Mr Grumpy Mr Cheerful Mr Funny Miss Curious</p>	<p>content curious interested adventurous joyful engaged humorous cheerful playful</p>
<p>helpless hopeless exhausted tired slow dumb I don't know absent-minded forgetful lazy</p>	<p>Mr Forgetful Mr Daydream Mr Impossible Mr Lazy Miss Inventor Miss Wise Mr Adventure Mr Marvellous Mr Clever Miss Brainy</p>	<p>attentive brilliant confident capable invincible wise sensible practical energetic</p>

Mr Men and Little Miss Characters



MR. FIB



MR. ADVENTURE



MR. MARVELLOUS



MR. SNOOTY



MR. LAZY



MR. JELLY



MR. SMALL



MR. QUIET



MR. MUDDLE



MR. TOPSY-TURVY



MR. SKINNY



MR. GOOD



MR. CHRISTMAS



MR. GRUMPY



MR. CLEVER



MR. DAYDREAM



MR. SLOW



MR. MISCHIEF



MR. SNEEZE



MR. FORGETFUL



MR. NOBODY



MR. GREEDY



MR. FUSSY



MR. BIRTHDAY



MR. BOUNCE



MR. NOISY



MR. CHEERFUL



MR. HAPPY



MR. STRONG



MR. BUMP



MR. TICKLE



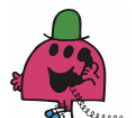
MR. CLUMSY



MR. RUDE



MR. SNOW



MR. CHATTERBOX



MR. COOL



MR. FUNNY



MR. DIZZY



MR. RUSH



MR. IMPOSSIBLE



MR. NONSENSE



MR. NOSEY



MR. WRONG



MR. MEAN



MR. WORRY



MR. PERFECT



MR. BRAVE



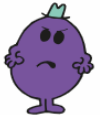
MR. TALL



MR. MESSY



MR. SILLY



MR. GRUMBLE



MR. BUSY



MR. CALM



LITTLE MISS SURPRISE



LITTLE MISS INVENTOR



LITTLE MISS LUCKY



LITTLE MISS FABULOUS



LITTLE MISS SPARKLE



LITTLE MISS CURIOUS



LITTLE MISS SHY



LITTLE MISS DOTTY



LITTLE MISS SUNSHINE



LITTLE MISS BOSSY



LITTLE MISS PRINCESS



LITTLE MISS FUN



**LITTLE MISS
MAGIC**



**LITTLE MISS
STUBBORN**



**LITTLE MISS
SOMERSAULT**



**LITTLE MISS
TROUBLE**



**LITTLE MISS
NEAT**



**LITTLE MISS
CHRISTMAS**



**LITTLE MISS
SPLENDID**



**LITTLE MISS
TIDY**



**LITTLE MISS
TWINNS**



**LITTLE MISS
GIGGLES**



**LITTLE MISS
HELPFUL**



**LITTLE MISS
BAD**



**LITTLE MISS
QUICK**



**LITTLE MISS
BRAINY**



**LITTLE MISS
NAUGHTY**



**LITTLE MISS
WHOOPS**



**LITTLE MISS
CHATTERBOX**



**LITTLE MISS
LATE**



**LITTLE MISS
FICKLE**



**LITTLE MISS
SCATTERBRAIN**



**LITTLE MISS
BIRTHDAY**



**LITTLE MISS
STAR**



**LITTLE MISS
WISE**



**LITTLE MISS
GREEDY**



**LITTLE MISS
BUSY**



**LITTLE MISS
SCARY**



**LITTLE MISS
CONTRARY**



**LITTLE MISS
TINY**



**LITTLE MISS
HUG**



**LITTLE MISS
BRAVE**