



ADAPTABILITY



AGENCY



COLLABORATION



COMMUNICATION



COMPASSION



COURAGE



CURIOSITY



REGULATION



RESILIENCE

NSW PDHPE SYLLABUS OUTCOMES

OUTCOME

Stage 2 PH2- SMI-01

Explains and applies self-management and interpersonal skills in a range of contexts.

CONTENT

Demonstrate respectfully winning, losing, and accepting decisions
Apply cooperation and communication in group activities

PERSONAL CHARACTER COMPETENCY

Communication

ADJUSTMENTS & CONSIDERATIONS

Provide additional priming to support students requiring additional preparation
Assign leader / supporter roles to high competency SEL students (HPGE)

CHALLENGE | PATTERN

Name of the activity:

**Backward Ball Challenge
Tunnel Ball**

What you need:

Soccer or basketball sized ball

How much time:

15-30min

Link / QR code:



REEL SHARED ON 7 JULY
BY RIDHAMSWORLD

PRIME

Review the PCC of Communication
What are key words / phrases that we refer to when learning about communication?
What kind of communication is helpful when participating in a collaborative challenge?
What factors can get in your way to communicate effectively?

IMPLEMENT

What to do:

- Assign team roles
Clarifier: responsible for ensuring the group clearly understands the challenge
Manager: collects and sets up the equipment
Time/score keeper: Ensures the challenge is completed in the set time and reports/records the scores/results
- The lead team views the video to gain understanding of the challenge.
Clarifier relays the challenge so the team members have a clear understanding
Facilitator sets challenge success criteria

Modification and safety:

→ Tunnel Ball – original plus dynamic roll

DEBRIEF

On a five-finger scale (5 - high): How well would you rate your communication within the group? What worked well?
If you were going to give another student advice about completing this challenge, what would you tell them?
How can we win and lose respectfully?