

Green Scene



CONTINUING THE MOMENTUM

Our residents are the stars of the show.



One of the greatest joys of leading Bayley Senior Care is seeing our mission come to life through the people and experiences that make our communities so vibrant. While Chelsea Helm our Independent

Living Director is away on maternity leave enjoying time with her new baby, I'm grateful for the opportunity to support and connect with the residents, families, and team members.

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It's been an exciting season filled with memorable events that showcase the spirit of this community. From the Glamorous Grandma Runway Show, where residents wonderfully took center stage, to wellness programs, social gatherings, and special celebrations, each event reflects the energy and enthusiasm that define life here.

As we move into the fall, that momentum continues. New opportunities to learn, connect, and celebrate are just around the corner. Thank you to our residents, families, and dedicated staff for making Bayley at Green Township such a welcoming place to call home.

Bill Coury
Bill Coury
President & CEO



STYLE, HEART AND GLAMOUR

Glamorous grandma!

Bayley at Green Township rolled out the red carpet for its annual Glamorous Grandma Runway Show, welcoming residents, families, staff, and friends for an evening of fashion, fun, and giving back. Resident models took center stage while guests supported GLAM (Give Like a Mother) through a silent auction, split the pot, and children's clothing drive.

Each participant stepped onto the runway with her own signature style, proving that confidence never goes out of fashion. From bold prints and elegant dresses to playful accessories and bright smiles, every walk reflected the personality and spirit of the women who call Bayley home. Terry Geiser took home this year's runway title, but every participant left a lasting impression.

Activities Coordinator Stephenie Niewoehner said the best part of the evening is watching residents' confidence grow. While many are nervous before taking the stage, the cheers from the audience quickly turn those nerves into smiles. She believes events like this give residents the opportunity to stay involved, express themselves, and work together while supporting others.

Adding humor and excitement to the evening was emcee Brian Cahill, whose background in musical theater kept the audience entertained. A third-generation member of the Bayley family, Brian said the event was never about him. His goal was to keep the spotlight on the Glamorous Grandmas and celebrate each woman's unique personality.

Thank you to our volunteers, sponsors, donors, and everyone who helped make the evening possible. Their generosity helped support GLAM, a Cincinnati nonprofit that provides clothing, shoes, and other essentials for local children and families, while making this favorite summer tradition another unforgettable success.



Our bundle of joy, Bauer Thomas Helm, made his grand entrance into the world on Thursday, July 9, at 5:15 PM. He weighed a healthy 9 pounds and 9 ounces and measured 22 inches long. Bauer is one healthy, happy baby! He absolutely adores being held, snuggled, and fed. The boy can eat! A few times a week, we take him for walks on the bike trail. He absolutely loves being outdoors and is incredibly curious about everything around him. He also adapts exceptionally well to his car seat and stroller, which we are incredibly grateful for. We can't wait for many more adventures to come our way! And, we can't wait for Bauer to meet his Bayley at Green Township family!

CHELSEA HELM | DIRECTOR OF INDEPENDENT LIVING



Mediterranean Pasta Salad



SALAD INGREDIENTS

- 12 oz. fusilli pasta
- 1 pint cherry tomatoes, halved
- 1 Persian cucumber, sliced
- 1 yellow bell pepper, diced
- 1 cup chickpeas, drained
- ½ cup crumbled feta
- ¼ cup sliced red onion
- 2 cups arugula
- ¼ cup chopped parsley
- ¼ cup chopped basil
- ¼ cup toasted pine nuts

DRESSING INGREDIENTS

- ¼ cup olive oil
- 3 Tbsp. lemon juice
- 3 Tbsp. red wine vinegar
- 1 garlic clove, minced
- 1 tsp. Dijon mustard
- 1 tsp. dried oregano
- Salt & pepper, to taste

INSTRUCTIONS

Cook the pasta: Boil pasta according to package directions until just past al dente. Drain, rinse with cold water, and cool completely.

Make the dressing: Whisk together olive oil, lemon juice, vinegar, garlic, Dijon, oregano, salt, and pepper.

Assemble: In a large bowl, combine pasta, tomatoes, cucumber, bell pepper, chickpeas, feta, and red onion. Toss with dressing until evenly coated.

Finish: Gently stir in arugula, parsley, basil, and pine nuts. Chill for 30 minutes before serving for the best flavor.

ENJOY!

NATIONAL WELLNESS MONTH

Prioritizing Healthy Living at Every Age

August is National Wellness Month, making it the perfect time to put your well-being in the spotlight. No matter your age, it's never too late to make choices that support a happier, healthier life. For older adults, wellness goes beyond physical health to include emotional, intellectual, social, spiritual, vocational, environmental, and financial well-being. When every dimension of wellness is nurtured, you can continue living life to the fullest.

Simple daily habits can have a lasting impact. Staying active through walking, strength training, or water fitness helps improve balance, mobility, and independence. Eating nutritious meals, getting quality sleep, managing stress, and scheduling routine health screenings all contribute to better health. Keeping your mind engaged by reading, solving puzzles, or learning something new also supports lifelong brain health.

At Bayley Senior Care, we believe everyone deserves a chance to shine. That's why we're excited to welcome back Bayley U this September! Our lifelong learning program offers engaging courses designed to educate, inspire, and encourage personal growth. Explore topics including health and wellness, creative arts, history, financial planning, environmental stewardship, and more. While two select courses will be offered



at Bayley at Green Township, the majority of classes will take place at Bayley's Wellness Center on our main campus in Delhi. All Bayley U courses are open to residents of Bayley at Green Township, giving everyone the opportunity to enjoy the full course lineup.

“Eating nutritious meals, getting quality sleep, managing stress, and scheduling routine health screenings all contribute to better health.”

This National Wellness Month, let your wellness take center stage. Try something new, discover a new passion, and continue growing through Bayley U. To learn more or register for classes, call the Wellness Center at 513-347-1400 today.



Upcoming Events

To RSVP to any event, call Alexis at 513.347.1470.

October

1

Thursday
4:00 - 6:00 pm

Oktoberfest!

Join us for an celebration filled with festive fun, delicious food, and great entertainment! Wear your favorite fall attire and raise a glass as we celebrate the season with friends, family, and neighbors.

October

2

Friday
10:00 am

Alzheimer's Campus Walk

Join us for the Bayley Campus Walk! Wear purple and walk alongside residents and staff in support while showing your Bayley spirit.



Discover the Bayley at Green Township lifestyle with a personal tour!

Explore our beautiful campus, learn about our services and amenities, and see why so many residents are proud to call Bayley home.

Call Alexis Meyer at 513.347.1470 to schedule.