

# YOUR ANTHEM RESOURCES



## Anthem Sydney Health<sup>SM</sup> Mobile App

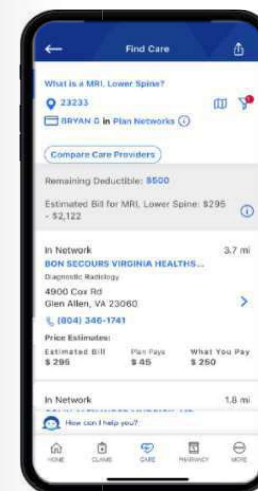
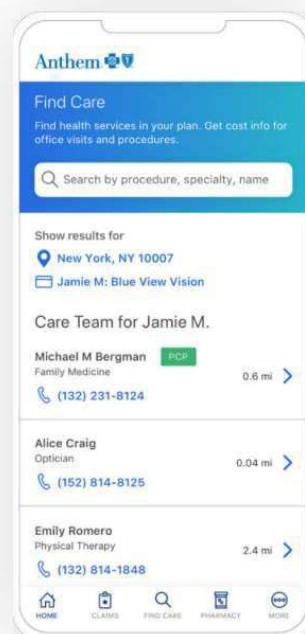
The Sydney Health mobile app is your one stop place for all your health information. The Sydney Health app includes My Health Dashboard, which has health and wellness tips, personalized action plans, well-being programs, and more! My Health Dashboard also syncs with your fitness tracker to enhance your wellness journey. Other features:

- Experience tailored to member claims, prescriptions, medical history, and hundreds of predictive models.
- Personalized Match guides members to high-performing providers based on their plan and claims history, with additional layers to compare costs and specialists.
- Reminders about wellness checks, essential clinical tests, prescription refills, and more.
- Virtual care options help members check symptoms and then choose what's best for them: text, video, or

Find complete care support, on your time, through the Sydney Health app



Click this button to watch a demo of the Sydney Health Mobile App



Download the Sydney Health<sup>SM</sup> app from the App Store<sup>®</sup> or Google Play<sup>™</sup>.



Use your smartphone camera to scan this QR code.



Click this button to watch a video introduction to the Sydney Health Mobile App