## REFLECT

- *What do you notice as Mary collapses into Jesus' arms?*
- *How does it feel to be called by your true name?*
- *Where has pain shaped how you see yourself?*
- *What stirs in you knowing you belong to Him?*
- *What would it mean to rest and be held by Jesus?*

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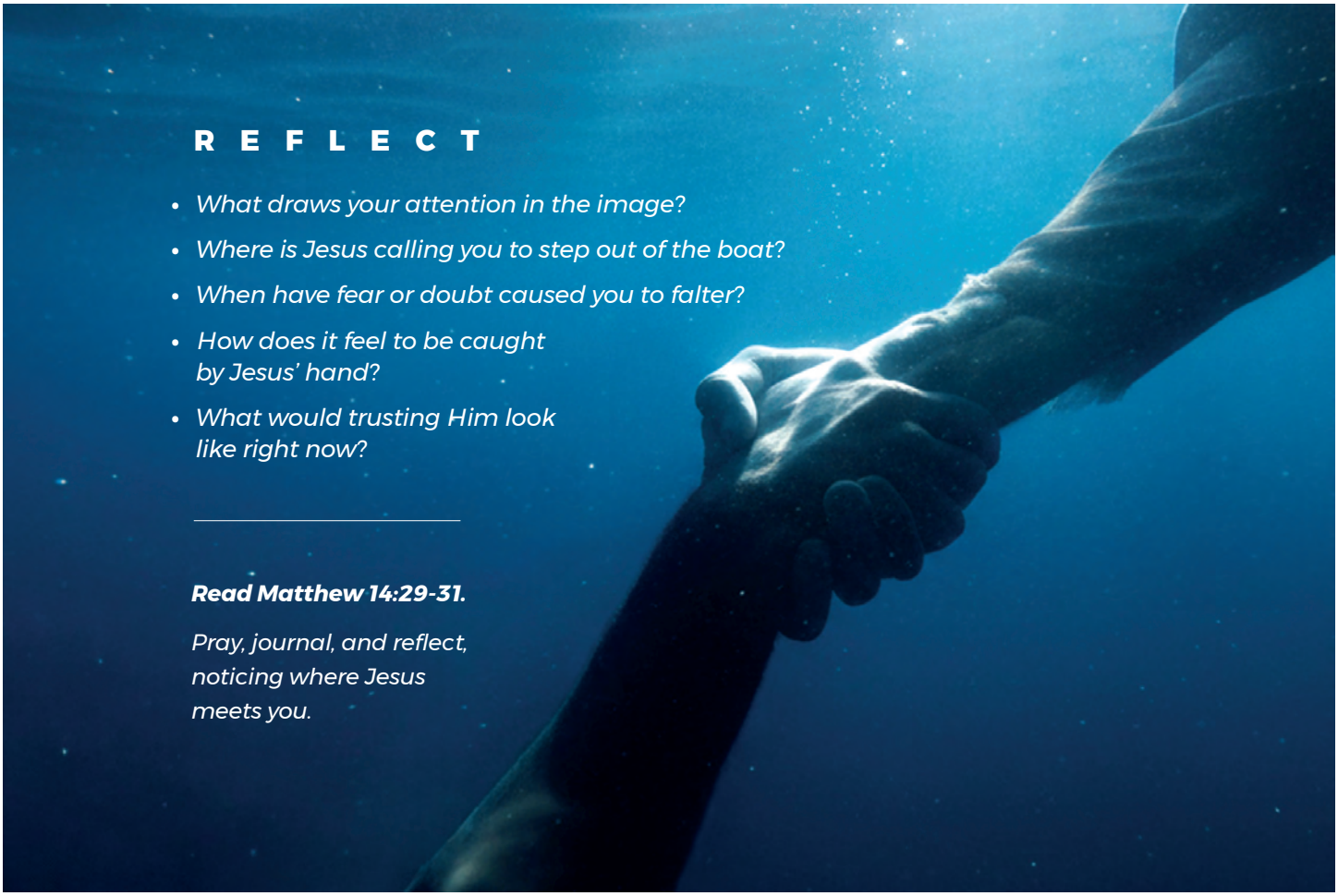
***Read Isaiah 43:1.***

*Pray, journal, and reflect, noticing where Jesus meets you.*



## REFLECT

- *What draws your attention in the image?*
- *Where is Jesus calling you to step out of the boat?*
- *When have fear or doubt caused you to falter?*
- *How does it feel to be caught by Jesus' hand?*
- *What would trusting Him look like right now?*

***Read Matthew 14:29-31.***

*Pray, journal, and reflect, noticing where Jesus meets you.*

## REFLECT

- *What do you notice as she approaches Jesus?*
- *What might she be feeling in this moment?*
- *What does her reaching out teach you about faith?*
- *Where do you long for Jesus' touch today?*
- *How might His healing flow through you to others?*

***Read Mark 5:25-34.***

*Pray, journal, and reflect, noticing where Jesus meets you.*