

YSS Information for South Australia

Fact sheet



The Young Stroke Service (YSS) is a **short-term** pilot service. We are funded by a research grant. The pilot will finish at the end of **December 2026**.

Referral deadlines

YSS in South Australia will take new referrals until **December 2026**.

All YSS services will run until December 2026. However, we still **stop** new referrals for some YSS **services** in **April** and **May 2026**.

Talk to our team about:

- YSS services we can offer you in 2026.
- Other options for support after 2026.

This fact sheet is for young stroke survivors in South Australia.

You will find information on:



Final dates you can be referred to a YSS Neuropsychology service



Other ways to get support after 2026



Contact the YSS South Australia team

Please talk to our team about your options. We are open from **9am – 5pm, Monday to Thursday**.

✉ Health.YoungStrokeService@SA.gov.au

☎ 0481 058 606

If you are **worried** about your **health** or need **urgent care**, please contact your **GP**, another **health professional** or **emergency services**.



YSS Neuropsychology service referral deadlines

Cognitive Behavioural Therapy - Adapted for Brain Injury



This service will take new referrals until **April 2026**. You must already be part of the YSS.

Memory Group



This service will take new referrals until **April 2026**. You must already be part of the YSS.

Neuropsychology Assessment



This service will take new referrals until **May 2026**. You must already be part of the YSS.



If you need more psychological support



Please talk to our team about your options. We are open from **9am – 5pm, Monday to Thursday**.



Download our '**Accessing psychological support after stroke in the community**' fact sheet from the YSS website.

This fact sheet has steps for other options outside of YSS.

- www.youngstrokeservice.org.au/our-services/end-of-service
- Contact our team and ask for a copy of the fact sheet.



Other ways to get support after 2026

If you need **more support** after 2026, our staff will **help** you find **other** options.

Other support may be:

- SALHN Virtual Rehabilitation Ward (in-patient referrals only)
- Local Health Network Rehabilitation in the Home/Home Rehabilitation service (in-patient referrals only)
- Local Health Network Day Rehabilitation Service
- Local Health Network Driving Clinic
- General Practitioner
- NDIS Service Providers
- University student clinics
- Other research activities
- Private allied health practitioner
- GP Chronic Condition Management Plan for allied health
- GP Mental Health Treatment Plan
- Mental Health Triage Service
- Mental Health Urgent Care Centre

Stroke & Crisis Support

StrokeLine

Monday to Friday, 9am to 5pm AEDT

✉ strokeline@strokefoundation.org.au

☎ 1800 787 656

Lifeline

Open 24 hours, 7 days a week

🌐 Lifeline.org.au

☎ 13 11 44