

Young Stroke Service Information for Victoria

Fact sheet for new referrals



The Young Stroke Service (YSS) is a **short-term** pilot service. We are funded by a research grant. The pilot will finish at the end of **December 2026**.

If you are not yet part of the YSS in Victoria

New referrals to join the YSS in **Victoria** will close after **June 2026**. There is a 2-3 month wait for intake.

After intake you may be referred to YSS services.

The YSS will **run** until the **end of 2026**. However, **new** referrals for **some** services will close **early**. This means you may **not** be able to access **some** services.

This fact sheet is for people not yet part of the Young Stroke Service in Victoria

You will find information on:



Final dates you can be referred to a YSS service after intake



Other ways to get support after 2026



Contact the YSS Victoria team

Please talk to our team about your options. We are open from **9am - 5pm, Monday to Friday**.

✉ youngstrokeadmin@florey.edu.au

☎ 04 27 25 91 91

If you are **worried** about your **health** or need **urgent care**, please contact your **GP**, another **health professional** or **emergency services**.

YSS Information for Victoria

Cognitive Behavioural Therapy-Adapted for Brain Injury



This service will take new referrals until **April 2026**. You must already be part of the YSS.



Other options for support

- Talk to your GP about accessing a Mental Health Care Plan.
- Contact your private health fund to see what is covered.
- Access Community Health Centres or Hospital Day Programs.
- Find more information on our '**Accessing neuropsychological support after stroke in the community**' fact sheet.
 - Go to our website: www.youngstrokeservice.org.au/our-services/end-of-service
 - Contact our team and ask for a copy.

Memory Group



This service will take new referrals until **April 2026**. You must already be part of the YSS.



Other ways to get support

- Talk to a GP or another health professional about cognitive rehabilitation options. This may be with a clinical neuropsychologist or occupational therapist.
- Funding may be available through the NDIS or Private Health Insurance. If not, you will need to pay for sessions yourself.
- Find more information on our '**Accessing neuropsychological support after stroke in the community**' fact sheet.
 - Go to our website: www.youngstrokeservice.org.au/our-services/end-of-service
 - Contact our team and ask for a copy.

YSS Information for Victoria

Neuropsychology Assessment

 This service will take new referrals until **May 2026**. You must already be part of the YSS.

Other ways to get support

- Talk to your GP or another health professional about a referral to a neuropsychologist. This might include:
 - A public neuropsychology assessment. This may be via Austin Health outpatient clinic or a local health service. These services may be able to see you based on how urgent your need is, why your GP referred you, and where you live.
 - A neuropsychology assessment at a university clinic. This may have a fee.
 - A private neuropsychology assessment. This may have a fee.

Return to driving assessment

 This service will take new referrals until **September 2026**. You must already be part of the YSS.

Other ways to get support

- Talk to a GP or another health professional about paid OT driving assessments.
- You can use local services, NDIS, or private funding.
- You can find an OT on the Occupational Therapy Australia website. Search for 'Driving' as an area of practice.
- Find Victorian Occupational Therapy Driver Assessors on the Transport Victoria website.

YSS Information for Victoria

Work Rehabilitation



This service will take new referrals until **September 2026**. You must already be part of the YSS.



Other ways to get support

- Talk to a GP or another health professional about other rehabilitation options. This may include Community Based Rehabilitation.
- Funding may be available through the NDIS, a Chronic Condition Management Plan, or Private Health Insurance. If not, you will need to cover personal costs.
- You can find an OT on the Occupational Therapy Australia website.
- Find a 'Inclusive Employment Australia' provider. They can help people with disability, injury or health condition with support to work.
 - <https://www.dss.gov.au/inclusive-employment-australia/find-inclusive-employment-australia-provider>

NDIS Advice



This service will take new referrals until **November 2026**. You must already be part of the YSS.



Other ways to get support

- Find your NDIS Local Area Coordinator via the NDIS website
 - <https://www.ndis.gov.au/contact/locations>

Neurology



This service will take new referrals until **December 2026**. You must already be part of the YSS.



Other ways to get support

- Talk to a GP about referral to a stroke service. This may be at your local public hospital.

YSS Information for Victoria

Physiotherapy Assessment



This service will take new referrals until **December 2026**. You must already be part of the YSS.



Other ways to get support

- Talk to a GP or another health professional about rehabilitation options. This might include Community Based Rehabilitation options.
- Funding may be available through the NDIS, a Chronic Condition Management Plan, or Private Health Insurance. If not, you will need to cover personal costs.
- Find a physio on the Australian Physiotherapy Association website. Search for 'Neurology' as a special interest area.

Stroke & Crisis Support

StrokeLine

Monday to Friday, 9am to 5pm AEDT

✉ strokeline@strokefoundation.org.au

☎ 1800 787 656

Lifeline

Open 24 hours, 7 days a week

🌐 Lifeline.org.au

☎ 13 11 44