

SERMON DISCUSSION QUESTIONS

EVERY THOUGHT CAPTIVE WEEK 1

*While anyone can take time to answer these questions individually, these questions are best discussed in a group! Not in a group yet? We want you in one! Head over to **southeastchristian.org** to join a group in person or online, wherever you are - today!*

Think back through your day. What were some of the things you thought about today? Where did those thoughts come from? What additional trains of thought did they create? As you think about today's thought patterns, how did they affect the emotions you had and the decisions you made today?

Read Colossians 3:1-11. Where does Paul encourage us to place our thoughts? What does it look like to "think about the things of heaven"? What are some of the specific "earthly" ways of thinking Paul talks about in these verses? How are our minds today filled with some of these same distractions?

Proverbs 4:23 (GNT) says, "Be careful how you think; your life is shaped by your thoughts." What are some ways your life has been shaped by your thoughts? When you look back over your life, are there any faulty ways of thinking that have shaped your life? What kind of damage did they do? How did you correct them?

How do you tend to "fill in the gaps" when it comes to the relationships in your life? Do you usually assume the best or presume the worst about other people? Why do you think you tend to think this way? Where are some areas where you need to transform the way you think in your relationships?

Read Romans 12:2. What are some of the ways the world tries to conform us to its mold? Can you think of any ways your thinking has been impacted more by what the world says than by what the Word says? What does Paul say happens when we allow God to renew our minds?

We are surrounded by the "technology of forgetfulness." What are some of the digital distractions you focus on the most? How do these things impact how you think/feel? Which of Kyle's digital challenges are you going to do? As a Group, close your time by praying that God would transform your mind through the challenges you have chosen.