

SERMON DISCUSSION QUESTIONS

EVERY THOUGHT CAPTIVE WEEK 2

While anyone can take time to answer these questions individually, these questions are best discussed in a group! Not in a group yet? We want you in one! Head over to southeastchristian.org to join a group in person or online, wherever you are - today!

What are some of the most common lies people tell today (think of “little white lies” and other “acceptable” lies)? Why do we utilize lies like these? What do we fear would happen if we were to tell the truth? Are all lies damaging, or do you believe there are some that are harmless?

Read 2 Corinthians 10:3-5. Many translations speak of “strongholds” (or “false arguments” in the NLT). What comes to mind when you hear the word ‘stronghold’? Is it a word we use that often? Does viewing them as false ways of thinking change the way you view this concept?

Have you ever known someone who was held captive by a lie? What was the lie they were believing? Where did they get that idea from? How did it affect their life and the lives of those around them? Were they ever able to break free from it? Why do strongholds like these have such power in our lives?

Kyle reminded us that strongholds are built around lies about God, lies about ourselves, and lies about life. Think about these three categories of lies. What are some of the common cultural lies in each of these areas? How do these strongholds affect society? How do they affect individuals?

Kyle talked about five sources of strongholds (Early Thinking, Cognitive Reinforcement, Emotional Association, Generational Patterns, Spiritual Warfare). What kinds of lies/strongholds can grow out of these sources? As you think about some of the strongholds you wrestle with, where did they come from?

As you close your Group, talk about strongholds in your life. What’s a damaging stronghold you struggle with? What lie is it based on? What are some truths from Scripture you can share with one another to begin to tear down that stronghold? Close in prayer by asking God to change your thinking around those specific lies.