

SERMON DISCUSSION QUESTIONS

EVERY THOUGHT CAPTIVE WEEK 3

*While anyone can take time to answer these questions individually, these questions are best discussed in a group! Not in a group yet? We want you in one! Head over to **southeastchristian.org** to join a group in person or online, wherever you are - today!*

At some point in our lives, we've all been "valley-dwellers," unwilling to seize an opportunity God put in front of us. Can you think of a time in your life when that happened to you? What were some of the ways of thinking that kept you from moving forward? How can our patterns of thought keep us stuck in the valley?

Read Ephesians 4:17-28. What are some of the futile ways of thinking Paul talks about in these verses? How do they contrast with the new way of thinking/living the Spirit calls us to? How do people get caught in these same patterns of futile thinking today?

How does the world tempt us to fill our brains with nothing? Carl used the imagery of "mental Mountain Dew," content that is full of "empty calories." What is your "Mountain Dew"? How does it fill your mind? How does filling our minds with these kinds of empty calories keep us from pursuing things that really matter?

Carl talked about the importance of having a biblical worldview. How does the Bible's perspective on life differ from the way our world views things? What are some of the core differences in worldview between the Word and the World? What are some habits/resources that help you maintain a biblical worldview?

In addition to a biblical worldview, we also need an emotional connection to Christ. Is it difficult for you to share all your emotions with Jesus? Why or why not? How do some of the passages in the Psalms challenge you to be honest with God about your feelings?

Without a biblical worldview, we risk slipping into heresy. Without emotional connection, we risk slipping into hypocrisy. Which of these is the bigger struggle for you? Why? As you close your time together, pray for each other and ask God to keep you from either of these pitfalls.