## SERMON DISCUSSION QUESTIONS EVERY THOUGHT CAPTIVE WEEK 4

While anyone can take time to answer these questions individually, these questions are best discussed in a group! Not in a group yet? We want you in one! Head over to **southeastchristian.org** to join a group in person or online, wherever you are - today!

"Sticks and stones can break my bones, but words can never hurt me." Do you agree with that statement? Why or why not? Why do we tend to downplay the power that words can have on our lives? How have you experienced the power of words in your own life?

Read Ezekiel 37:1-10. What happened when God took Ezekiel out to the valley of dry bones? If you had been Ezekiel, what thoughts/emotions would have been going through your mind? Would you have been amazed or afraid? How does this story remind us of the power of words – specifically God's words?

It's been said that "words create worlds." How do we see this throughout Scripture? What power do God's/Jesus' words have? What do they accomplish? Read Isaiah 55:10-11. What does this verse say about how effective and powerful God's words are?

Think through your past couple days. Would you say your "self talk" is normally more positive or negative? What are some of the recurring thoughts/words that you speak over yourself? Are these words you would allow another person to say about you? Why do we allow ourselves to say such harsh things about ourselves?

What are some practical habits you can cultivate that will help you remember to speak God's Word out loud to yourself? How can you incorporate the Word (and worship) into your daily rhythms? How do you think this might affect the way you speak to yourself?

As a Group, share some of your favorite Scripture passages/promises. Find those passages together and read them aloud together. Close your time in prayer by asking God to bring His Word into your hearts and minds – and to help you each to speak these same words of life to one another.