

WEEK 5

WORRY

We live in both a time of unmatched wealth and unmatched worry. Our phones give us nearly unlimited access to all the knowledge in the world. They also create comparison traps on social media. Our hospitals can provide us with the tools to fight off almost every sickness. Unfortunately, fighting off the medical bills isn't always as easy as stopping the disease. Our stores make it possible for us to buy food from all over the world, no matter the season. They also fuel a hunger for debt and dissatisfaction. The very things that make this the best of times have also made it the most anxious of times.

Luke 9 tells us the story of three would-be disciples who approached Jesus. Though they were wanting to follow Him, they were also worried about what it might cost them. The first was concerned with the accommodations. If he followed Jesus, where would he sleep? The second was concerned with his relationships. If he followed Jesus, could he stay in touch with his friends and family? The third was concerned about the commitment. What if he decided to follow Jesus and then wanted to turn back?

Their anxieties, in many ways, mirror our own. We don't want Jesus messing with our comfort. We don't want Him poking into our relationships. We'll give it all to Him—provided He leaves a little for us. But Jesus doesn't ask for conditional surrender; He asks for complete trust. He calls us to release even the things we're most anxious about. Because the things we hold onto can hold us back from where He wants to lead us. At Southeast, MOVE calls us to live with open hands—to worship without distraction, to step into groups and relationships without fear, to give and serve without reservation. Following Jesus isn't about the anxiety of what you'll lose, but the joy of what you'll find when you fully move with Him.

PERSONAL REFLECTION QUESTIONS

Read Luke 9:57-62. What were the excuses presented by each of these would-be disciples? How do we see these same excuses today?

Why do you think we struggle so much with worry and anxiety? How does having more give us more to be worried about?

What are some of the things you worry about on a daily basis? How do our worries reveal the things our hearts are really focused on?

Which of the three would-be disciples in Luke 9 do you most relate to? Have you ever been hesitant to follow Jesus because of what it might cost? What might it look like to overcome that worry?

What would it look like for you to move with Jesus today? Is there a step of joy in Christ you've been hesitating to take?

Read This Week's Text
LUKE 9:57-62

Check Out This
Week's Video



