**Head Start and Communion - A Foundation for Faithfulness**

*1 Corinthians 11*

**Summary**: This outline provides a structure for a sermon that emphasizes the importance of starting with a solid foundation in faith, the significance of communion in the life of believers, and the need to guard against false teachings and practices.

**Topic**: Sound Doctrine and Truth

## The Importance of a Healthy Head Start [1 Corinthians 11:2-3]

1. Honoring God's Design for Leadership

2. Embracing Sound Doctrine

3. Cultivating a Spirit of Submission

## Communion: A Symbol of Unity and Remembrance [1 Corinthians 11:23-26]

1. Communion as a Means of Remembering Christ's Sacrifice

2. Communion as a Symbol of Unity in the Body of Christ

3. Communion as a Reminder of Our Identity in Christ

## Guarding Against False Teachings and Practices [1 Corinthians 11:17-22]

1. Recognizing the Danger of Division and Selfishness

2. Discerning False Teachings and Correcting Error

3. Pursuing Truth and Sound Doctrine